



# Decatur County, IA

## Community Health Needs Assessment

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# 2016

# **Decatur County, Iowa**

## **Community Health Needs Assessment**

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# **I. Executive Summary**

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## **Executive Summary**

The following report is the Community Health Needs Assessment (CHNA) prepared for Decatur County, Iowa. Creating healthy communities requires a high level of mutual understanding and collaboration with community individuals and partner groups. The development of this assessment brings together community health leaders and providers, along with local residents, to research, prioritize county health needs, and to document community health delivery successes. This health assessment will service as the foundation for community health improvement efforts for the next three years.

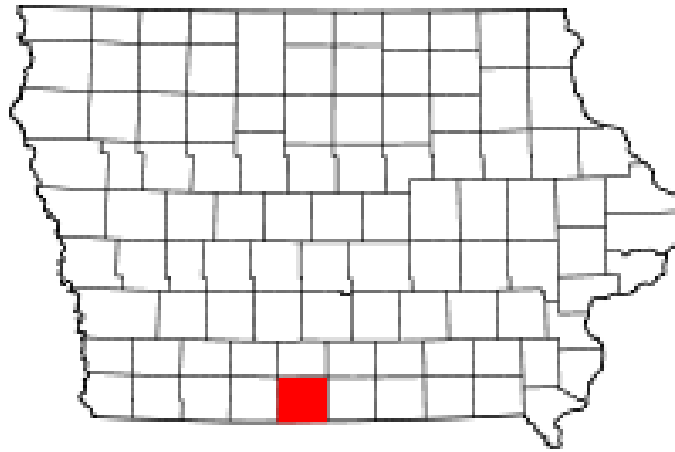
Important Community Health Needs Assessment benefits are as follows:

1. Increases knowledge of community health needs and resources
2. Creates a common understanding of the priorities of the community's health needs
3. Enhances relationships and mutual understanding between and among stakeholders
4. Provides a basis upon which community stakeholders can make decisions about how they can contribute to improving the health of the community.
5. Provides a rationale for current and potential funders to support efforts to improve the health of the community.
6. Creates opportunities for collaboration in delivery of services to the community
7. Provides guidance to local health agencies for how they can align their services and community benefit program to best meet health needs.

Based upon the comprehensive Community Health Needs Assessment Survey and the community forum, the following priorities were determined:

1. Pediatric Mental Health and Expansion of Mental Health Services
2. Drug and Tobacco Abuse Prevention
3. Nutrition Awareness and Obesity
4. Business & Industry/Infrastructure/Economic Development
5. Poverty Alleviation
6. Preventative Healthcare
7. Youth Health and Wellness Programs

## Decatur County Community Profile



The 2010 census recorded a population of 8,457 in the county, with a population density of 15.897/sq mi (6.138/km). There were 3,834 housing units, of which 3,223 were occupied.

The county covers 531.88 square miles and this area is home to Nine Eagles State Park, Little River Lake and Recreation Area, and the Leon Rodeo. The county has an overall population density of 15.9 persons per square mile, compared to the state average of 54.5 persons per square mile.

For more information about Decatur County, visit [www.decaturoountyiowa.org](http://www.decaturoountyiowa.org).

# II. Methodology

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## **Scope and Purpose**

Decatur County Hospital, Decatur County Public Health, Community Health Centers of Southern Iowa, and CROSS Mental Health Region are all required to conduct a Community Health Needs Assessment at least once every three years and adopt a strategy to meet community health needs.

The purpose of the Community Health Needs Assessment (CHNA) is to:

1. Evaluate current health needs of the community and prioritize them
2. Identify resources available to meet both the priorities as well as opportunities identified through the CHNA
3. Develop an implementation plan to address health priorities
4. Build capacity to address the opportunities within the context of the health system's existing programs, resources, priorities, and partnerships.

## **Collaborating Organizations**

### **Decatur County Hospital**

1405 NW Church Street

Leon, Iowa 50144

641-446-4871

[www.decaturcountyhospital.org](http://www.decaturcountyhospital.org)

DCH is a not-for-profit critical access hospital located in Leon, Iowa and is an affiliate of Mercy Health Network – Central Iowa, Des Moines. Decatur County Hospital offers a wide variety of services including:

- Surgery (General, Vascular, ENT, Podiatry, Orthopedic, etc.)
- Cardiac Rehabilitation
- Emergency Medical Services/Ambulance
- Inpatient Care
- Infusion Therapy (including chemotherapy and PICC line care)
- Internal Medicine
- Laboratory
- Pharmacy
- Radiology (diagnostic imaging, CT scanning, digital mammography, MRI, Nuclear Medicine)
- Rehabilitation Services (Speech Therapy, Occupational Therapy, Physical Therapy, and Lymphedema)
- Skilled Rehabilitation
- Specialty Clinic Services

A wide variety of specialty clinics are also available: Cardiology/Device Clinic, Orthopedics, Pulmonology, Oncology, Foot and Ankle, Urology, Dermatology, Ears, Nose, and Throat, and Audiology. Emergency Medical Services are available 24 hours a day, 7 days a week. DCH provides the only emergency transport service available within Decatur County.

**Decatur County Public Health and Home Care**

207 NE Idaho Street

Leon, Iowa 50144

641-446-6518

[www.decaturcountyiowa.org](http://www.decaturcountyiowa.org)

The Decatur County Public Health Nursing Agency provides a comprehensive home health care program to provide and coordinate home health care for residents of Decatur County. The agency also offers Childhood immunizations, Parents as Teachers early learning experiences, and tobacco prevention education. Decatur County's mental health services are coordinated through the agency along with environmental health programs.

**Services**

- Home Health Care
  - Skilled assessment and instruction (blood pressure, pulse rate, response to new medications, and health conditions.)
  - Wound care and dressings
  - Catheter or ostomy care and instructions
  - Blood draws and injections
  - IV therapy
  - Diabetic instruction
- Immunizations
- Tobacco Prevention
- Environmental Health
  - On-site wastewater treatment and disposal system permitting and inspection
  - Private well drilling permits and plugging assistance
  - Radon awareness/indoor air quality
  - Public health nuisance complaints
- Wellness Center

**Community Health Centers of Southern Iowa**

302 NE 14<sup>th</sup> Street

Leon, Iowa 50144

641-446-2383

[www.chcsi.org](http://www.chcsi.org)

Community Health Centers of Southern Iowa (CHCSI) was funded as a Federally Qualified Health Center (FQHC) in Decatur County, Iowa, in 2005. Today, CHCSI manages six locations, including two primary care sites and four sites providing behavioral health and substance abuse services. Oral health services were also added in January 2011.

**Services**

- Primary Health Care
- Preventive Health Care
- Tobacco Cessation
- Mental Health Counseling
- Behavioral Health Intervention Services
- Substance Abuse Counseling
- Emergency Dental Care
- Primary Dental Care
- Preventative Dental Care
- Secondary Dental Care
- Dental Rehabilitation Services

**CROSS Mental Health Region**

201 NE Idaho St.

Leon, IA 50144

Phone 641-446-7178

[www.crossmentalhealth.org](http://www.crossmentalhealth.org)

The intent of CROSS (County Rural Offices of Social Services) is to develop a system of care designed to make funding and services for individuals with disabilities more equitable across county lines in an effort to improve health, quality of life and successful outcomes for the adults in our region.

The County Rural Offices of Social Services local offices are the only places to complete enrollment into the disability program. To apply for services, an individual must complete an application for assistance and sign the necessary releases of information to obtain primary source verification of the existence of a chronic mental illness, mental retardation, or developmental disability.

A service coordinator will schedule an intake interview within 10 days of receiving contact for assistance to assess service and support needs and to complete the enrollment process.

Crisis mental health services are available at our designated mental health centers and hospital emergency rooms.

Targeted Case Management is a Medicaid program designed to provide individuals with an advocate to come alongside them and help them navigate the system to find and contract the supports they need.



## **Requirements of CHNA**

The requirements of the Community Health Needs Assessment Report include:

- A description of the community served and how the community was determined.
- A description of the process and methods used to conduct the CHNA.
- Identification of any and all organizations with which the organization collaborated and third parties that engaged to assist with the CHNA.
- A description of how the input was gathered from persons representing the community, who those people are, and their qualifications.
- A description of the existing health care facilities and other resources within the community available to meet the needs identified through the CHNA.

## **Overview of CHNA Survey**

Decatur County Hospital, Decatur County Public Health, Community Health Centers of Southern Iowa, and CROSS Mental Health Region partnered together to conduct a community health needs assessment survey as a way to gather input from people throughout our service area regarding their perceptions of the current state of our population's health and what they believe are the most important health needs that our communities should address.

The survey was created using Survey Monkey and was available online on the Facebook pages of Decatur County Hospital and Community Health Centers of Southern Iowa. A link was also posted on the DCH website, CHCSI website, and the Decatur County website.

The survey was also available in paper form in 13 locations throughout the county for people to take. The paper copy drop off boxes were emptied on a weekly basis and manually entered into the survey database. The survey was available from Monday, September 14, to Friday, October 30.

There were two press releases sent out to both county newspapers with information about the CHNA survey and how to complete it. There were presentations and information given to various groups and organizations throughout the community encouraging people to take the survey.

The survey ended with 309 total responses from people throughout the entire county including Leon, Lamoni, Davis City, Grand River, Decatur, Weldon, and Van Wert.

**Press Release  
For Immediate Release**

## **Decatur County Health Agencies Partner to Conduct Community Health Needs Assessment**

Decatur County Hospital, Decatur County Public Health, Community Health Centers of Southern Iowa, and Decatur County Community Services are partnering together to conduct a community health needs assessment. The goal is to gather input from people throughout our service area regarding their perceptions of the current state of our population's health and what they believe are the most important health needs that our communities should address.

We are encouraging all citizens of the community to complete the health needs assessment survey which can be completed online at [www.decaturchospital.org/chna](http://www.decaturchospital.org/chna). The survey will be available from Monday, September 14, to Friday, October 30, 2015.

You can also fill out a survey at the following locations in Decatur County:

- Decatur County Courthouse
- Decatur County Hospital
- From the Ground Coffee Shop
- Hy-Vee Pharmacy in Leon
- Community Health Centers of Southern Iowa
- Lamoni City Hall
- Livestock Auction in Lamoni
- Graceland University Administration Building
- Hy-Vee Pharmacy in Lamoni
- Family Medicine Clinic in Lamoni
- Garden Grove Post Office
- Grand River Post Office
- Decatur Post Office.

For more information, contact Kolton Hewlett at [khewlett@d-c-h.org](mailto:khewlett@d-c-h.org) or Shelley Bickel at [sbickel@decaturchp.com](mailto:sbickel@decaturchp.com).



## **Overview of Community Forum**

Our community has a wealth of expertise to be tapped for CHNA development. For this reason, we decided to host a community forum to gather community insight and provide an atmosphere to objectively prioritize county health needs.

The community forum was facilitated by Ethan Pitt, Executive Director of the Decatur County Development Corporation. Bethany Elsbernd with the University of Iowa School of Nursing gave a presentation for County Health Rankings and obesity rates in Decatur County. Each attendee was also given a County Health Rankings scorecard with statistics regarding health outcomes and health factors.

The Health Implementation Plan (HIP) from the 2013 Community Health Needs Assessment and a report on the items addressed was provided to all attendees and reviewed with the entire group. The purpose of this was to acknowledge the health priorities at the time and examine what had been accomplished.

The complete packet of survey results was provided to all attendees so they could review the responses and survey data from the other 309 community individuals that completed our survey.

The following community forum agenda was conducted:

1. Welcome/Introductions/Partnerships/Purpose
2. County Health Rankings Statistics (Review of County Health Indicators/Statistics)
3. Review of 2013 CHNA Implementation Plan
4. Survey Results/Health Priorities Discussions
5. Table Discussions (Engage attendees to discuss and rank health needs)
6. Vote on Health Priorities
7. Close meeting by reflecting on health needs and community voting results

The community forum was scheduled to be only an hour, however, because of the high interest and the engaged discussions the forum lasted over two hours. Marketing materials and information about county health services was provided to all attendees and dinner was provided.

The CHNA committee coordinated comprehensive marketing and PR of the event through press releases in county newspapers, letters to key community members, personal invites to service organizations, chambers of commerce, city and county officials, business owners, local healthcare leaders, school officials, and more.

**Press Release  
For Immediate Release**

**County Health Agencies to Hold Community Forum to Prioritize  
Community Health Needs**

Decatur County Hospital, Decatur County Public Health, Community Health Centers of Southern Iowa, and CROSS Mental Health Region are partnering together to conduct a community health needs assessment. The goal is to gather input from people throughout our service area regarding their perceptions of the current state of our population's health and what they believe are the most important health needs that our communities should address.

We collected data through a Community Health Needs Assessment Survey from September 14<sup>th</sup> through October 31<sup>st</sup>. The survey was available online as well as in many businesses throughout the county on paper.

We are inviting you to attend a very important Decatur County Community Forum to review basic community health needs assessment information and rank our community health priorities. The community forum will be held on Wednesday, November 18 at the Decatur County Golf and Country Club in Leon from 5:30 p.m. to 7:00 p.m. Your input is valuable and will be incorporated into our final health needs report. A meal will be provided.

**Contact:**

Kolton Hewlett  
Decatur County Hospital  
641-446-2319 | [khewlett@d-c-h.org](mailto:khewlett@d-c-h.org)



# Community Forum

## Community Health Needs Assessment

**Wednesday, November 18**  
**5:30 to 6:30 p.m.**  
**Decatur County Country Club**

**This event is being held to identify and prioritize the health needs of our community. A meal will be provided.**

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For more information, contact Kolton Hewlett at [khewlett@d-c-h.org](mailto:khewlett@d-c-h.org)  
or Shelley Bickel at [sbickel@decaturph.com](mailto:sbickel@decaturph.com)

Community Forum Attendees				
Category	Last Name	First Name	Title	Organization
Community Individual	Acheson	Terre		
Business	Akers	Shane	Branch Manager	Farmer's Bank
Healthcare	Audelhelm	Rita	Chair	Decatur County Board of Health
Healthcare	Bickel	Shelley	Administrator	Public Health
Community Individual	Campbell	Jean		
Healthcare	Cannon	Samantha	Chief Executive Officer	CHCSI
Community Individual	Chastain	Linda	Trustee	Decatur County Hospital
Community Individual	Clark	Guy	Board Chair	Decatur County Hospital
Education	Coffelt	Chris	Superintendent of Schools	Central Decatur/Lamoni CSD
Healthcare	Cooner	Suzanne	Chief Executive Officer	Decatur County Hospital
County Officials	Cornett	J.R.	County Supervisor	Decatur County
City Officials	Crocker	Greg	Administrator/Clerk	City of Leon
Community Individual	Eccleston	Velma		
Education	Evertsen	Rudy	Secondary Principle	Central Decatur CSD
Community Individual	Fleming	Bob		
Community Individual	Fleming	Jane		
County Officials	Fulton	Jim	County Supervisor	Decatur County
Community Individual	Geiger	Peg		
Community Individual	Geiger	Terry		
Community Individual	Green	Ashly		
Community Individual	Heinz	Tammy		
Healthcare	Hewlett	Kolton	Administrative Intern	Decatur County Hospital
Community Individual	Jennings	Jr.		
Community Individual	Jensen	Robert		
Community Individual	Jensen	Cheri		
City Officials	Kelly	Sue	City Council	City of Leon
Community Individual	Kessel	Shirley	Board President	CHCSI
Community Individual	Kilgore	Robert		
Community Individual	Kouba	Doug		
Law Enforcement	Lane	Chris	Chief of Police	City of Leon
Community Individual	Magle-Jones	Dr. Patricia	Board Member	CHCSI
Healthcare	Masters	Andi	Chief Nursing Officer	Decatur County Hospital
Community Individual	Morain	Sherry		
Community Individual	Morain	Bill	Board Member	CHCSI
Law Enforcement	Muir	Bert	County Sherrif	Decatur County
Community Individual	Norman	Nichole		
Economic Development	Pitt	Ethan	Executive Director	Decatur County Development Corp.
Community Individual	Rash	Holly		
Healthcare	Saxton	Sean	Information Technology	CHCSI
Healthcare	Smith	Jo Beth	Chief of Support Services	Decatur County Hospital
Community Individual	South	Sharon	Board Member	CHCSI
Community Individual	South	Dennis	Director	Home-In-Stead, Inc.
Healthcare	Spidle	Tara	Chief Financial Officer	Decatur County Hospital
City Officials	Stephens	Joe	City Council	City of Leon
Business	Stephens	Marcia	Business Owner	Leon SCIT Theatre

Community Forum Attendees				
Category	Last Name	First Name	Title	Organization
Community Individual	Takacs	Igor	Board President	Central Decatur CSD
Law Enforcement	Weir	Jason	Police Sergeant	City of Leon
Education	Welch	Kerry	Early Education Director	Central Decatur CSD
Healthcare	Wharff	Jodi	Clinical Director	CHCSI
Education	Whittington	Amy	Elementary Principle	Central Decatur CSD





## Decatur County Community Health Needs Assessment

### Community Forum Agenda

Wednesday, November 18 at 5:30 p.m.

Decatur County Golf & Country Club

Time	Topic	Facilitator
5:30 p.m.	Welcome/Introductions/Partnerships	Ethan Pitt, Director Dec. Co. Development Corp.
5:35 p.m.	County Health Rankings	Bethany Elsbernd University of Iowa
5:45 p.m.	Review of 2013 CHNA Implementation Plan	Ethan Pitt
5:55 p.m.	Survey Results/Health Priorities Discussion	Everyone
7:00 p.m.	Table Discussions	Everyone
7:10 p.m.	Vote on Health Priorities	Everyone
7:30 p.m.	Closing	

## Decatur (DE)

	Decatur County	Error Margin	Top U.S. Performers*	Iowa	Rank (of 99)
<b>Health Outcomes</b>					90
<b>Length of Life</b>					88
Premature death	7,939	6,423-9,705	5,200	5,911	
<b>Quality of Life</b>					82
Poor or fair health	19%	12-28%	10%	11%	
Poor physical health days	4.0	2.6-5.4	2.5	2.8	
Poor mental health days	2.3	1.1-3.6	2.3	2.6	
Low birthweight	6.5%	4.7-8.3%	5.9%	6.8%	
<b>Health Factors</b>					81
<b>Health Behaviors</b>					55
Adult smoking	19%	12-29%	14%	18%	
Adult obesity	30%	24-38%	25%	30%	
Food environment index	7.6		8.4	7.8	
Physical inactivity	26%	19-33%	20%	24%	
Access to exercise opportunities	71%		92%	79%	
Excessive drinking			10%	20%	
Alcohol-impaired driving deaths	22%		14%	23%	
Sexually transmitted infections	351		138	370	
Teen births	28	22-36	20	30	
<b>Clinical Care</b>					89
Uninsured	13%	12-15%	11%	10%	
Primary care physicians	2,063:1		1,045:1	1,375:1	
Dentists	1,627:1		1,377:1	1,670:1	
Mental health providers	428:1		386:1	904:1	
Preventable hospital stays	67	54-81	41	56	
Diabetic monitoring	90%	74-100%	90%	89%	
Mammography screening	53.5%	39.1-67.9%	70.7%	66.4%	
<b>Social &amp; Economic Factors</b>					90
High school graduation				89%	
Some college	60.0%	51.2-68.9%	71.0%	69.1%	
Unemployment	4.5%		4.0%	4.6%	
Children in poverty	30%	22-37%	13%	16%	
Income inequality	5.0	4.3-5.7	3.7	4.2	
Children in single-parent households	22%	14-29%	20%	29%	
Social associations	12.1		22.0	15.6	
Violent crime			59	263	
Injury deaths	67	44-97	50	59	
<b>Physical Environment</b>					5
Air pollution - particulate matter	9.2		9.5	10.9	
Drinking water violations	0%		0%	7%	
Severe housing problems	17%	12-21%	9%	12%	
Driving alone to work	68%	63-72%	71%	80%	
Long commute - driving alone	22%	18-26%	15%	19%	

\* 90th percentile, i.e., only 10% are better.  
Note: Blank values reflect unreliable or missing data

2015

Decatur County Hospital - Implementation Suggestions (Position Paper)			
2013 Health Needs - Decatur County IA		October 2015 Review	
#	CHNA Health Areas of Need	Specific Actions to Address Need	Discussions
1	Recruit Eye doctor to community	Begin researching equipment costs and reimbursement of services to see if CHCSI can add this service to their roster. CHCSI felt they had the space to accommodate. Sandy Jones had prior experience and had implemented physician eye clinic in Alaska.	CHCSI successfully recruited optometrist to begin one day per month-3rd Monday. He will be on the Sliding Fee scale by March 2016.
2	Establish local DHS office – better access	Place FTE in CHCSI who would help complete online enrollment forms for Medicaid & other insurance programs. Certified application counselor to be located at CHCSI and DCH to help public with purchasing insurance on the exchange.	CHCSI has 2 Certified Application Counselors to assist patients with Medicaid enrollment and assist with other social services if necessary. DCH has implemented processes to complete Presumptive Medicaid Eligibility enrollment onsite for non-insured patients. DCH has a counselor from the State of Iowa Senior Health Insurance Information Program (SHIIP) that patients can schedule appointments with to receive free confidential services to patients to help them make informed decisions about Medicare and other health coverages.
3	Recruit Mental health providers and increase MH placement & follow-up	Begin making contacts with local state representatives to build relationship and express need for more inpatient bed availability.	CHCSI has 4 mental health counselors and a Psychiatrist Nurse Practitioner who is 80%. Applied for grant to have 2 Full time Substance Abuse Counselors in March 2016. DCH Implemented tele-psychiatry for mental health assessments and help with placements.
4	Provide Adult Day Care Services	Westview Care Center is researching regulations to see if they may be able to offer adult day care services. If this is not possible, discussed forming a network of volunteers to sit at home with folks when caretakers need help.	At this time no agency is working on this project, and there is no adult day care in Decatur County.
5	Further Decatur County Economic development	Discussion held on need for more jobs in community. Felt out of hands for group. However, felt with high number of uninsured and underinsured, we should educate public on availability of sliding fee scale through CHCSI. Also, DCH has financial assistance plan for emergent services.	In May 2015, Ethan Pitt was hired as the new Decatur County Economic Development Executive Director. With the change in leadership, DCDC is getting economic development on the right track. DCDC is working on projects to expand current businesses, remove dilapidated housing, and more throughout the county.
6	Provide HC Transportation between Leon and Lamoni	Advertise trolley service more. Make pricing structure known to public. Also discussed network of volunteers that could be called upon within Lamoni or Leon to transport patients to appointments.	DCH has limited transportation available to qualifying individuals. CHCSI has added Southern Iowa Trolley (SIT) contact info to their brochures. DCH has posted a link to SIT website for community to access current SIT fees. Southern Iowa Trolley is Full time Monday thru Friday in Leon and provides service from Lamoni to Leon or vice versa for clients that request it.

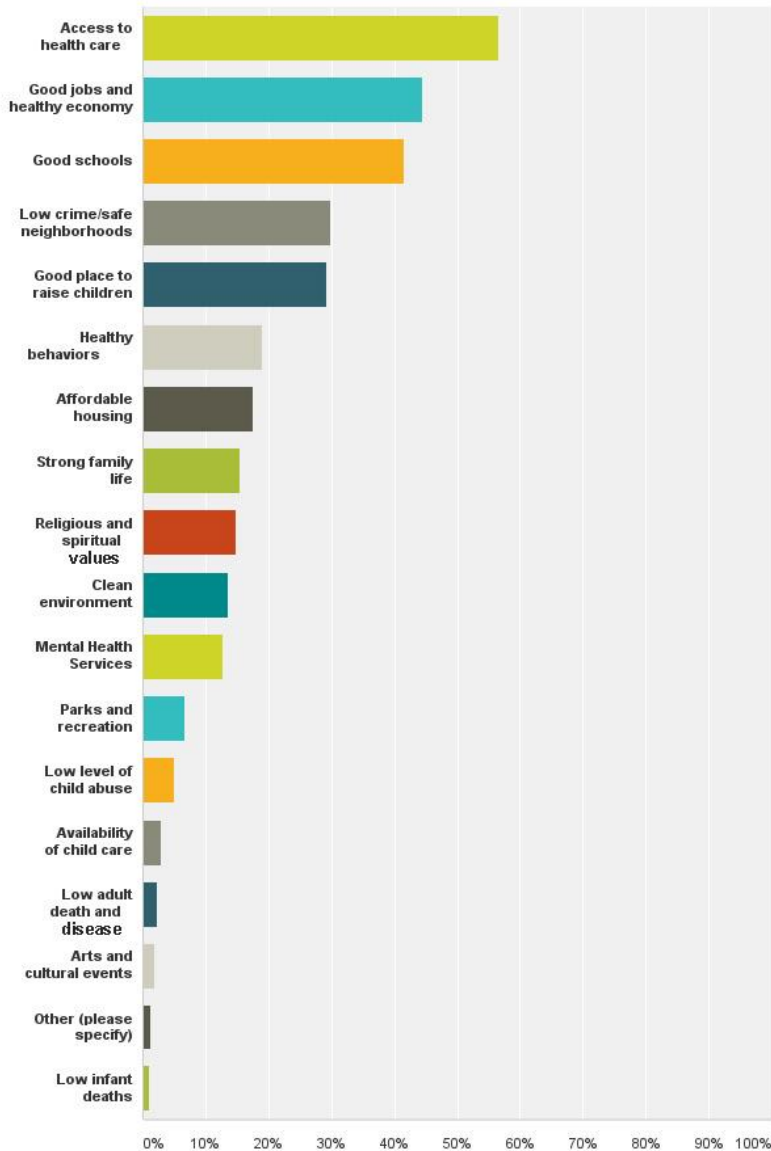
CHNA Update October 2015

7	Increase Primary Care Clinic access / availability	Eugene Yoder began 3/4/13, with designated ED coverage at DCH to keep docs in clinic. Dr. Allen has been hired and will start July 1.	CHCSI is open daily to 7 pm Monday thru Friday and Saturday am. CHCSI has 7 full time providers. CHCSI has 1 Dentist is PRN and 1 dentist is available 1 day per week. Currently actively recruiting a Full time Dentist.  Hospital has hired ARNPs to work in the ED to free up our physicians to remain in the clinic treating patients. 2 full-time and 1 part-time.  Hospital hired Internal Medicine Provider and Hospitalist who sees patients in the Specialty Clinic Monday through Friday and also takes care of inpatients.
8	Increase Amish HC services / education	Culture choice-we can continue to make sure they know what services are available, but their religion dictates many of their healthcare choices.	All agencies provide education as needed to the Amish. The Amish only will seek medical care if necessary and this is a private decision for each family.
9	Decrease Obesity with Nutrition Education	Pick a snack program in place at schools. Chef Charles chronic disease outreach. Discussed need for parent education.	Public Health provides nutrition education for Preschool thru 3rd grade at Central Decatur, Has a 24/7 Wellness Center. There is a 24/7 Wellness Center in Lamoni and Graceland University has a fitness center for staff and students. CHCSI- provides weekly diabetic education and monthly group diabetic education. They are providing weight management consultation and a weight loss programs with group meetings. Leon and Lamoni have walking trails as does Slips Bluff. Central Decatur School has their weight room open at nights for the community and students.

CHNA Update October 2015

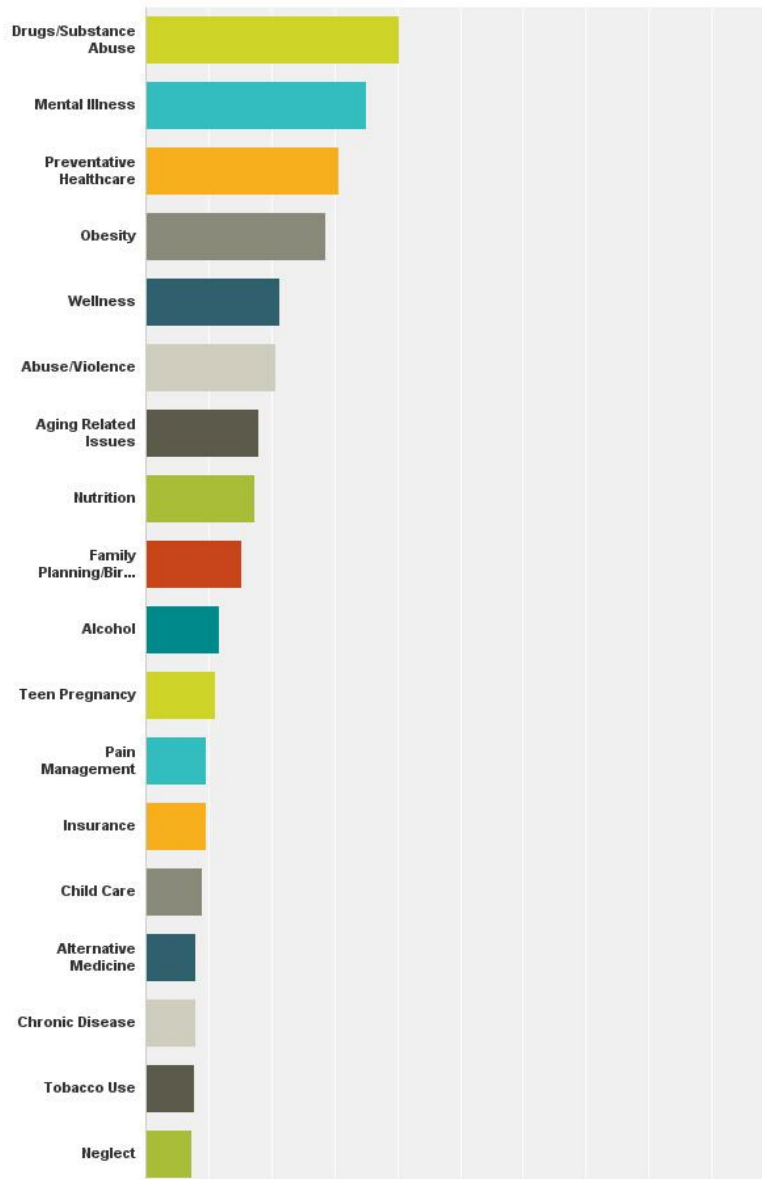
**Q1 What are the three most important factors for a "Healthy Community"? (Those factors which best improve the quality of life in a community). Please select three options below.**

Answered: 304 Skipped: 5

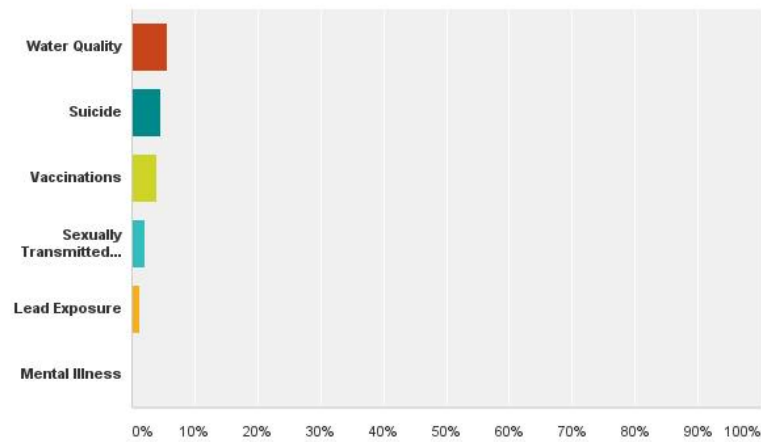


**Q2 In your opinion, what areas need additional education or attention in our community? Please select three options below.**

Answered: 300 Skipped: 9

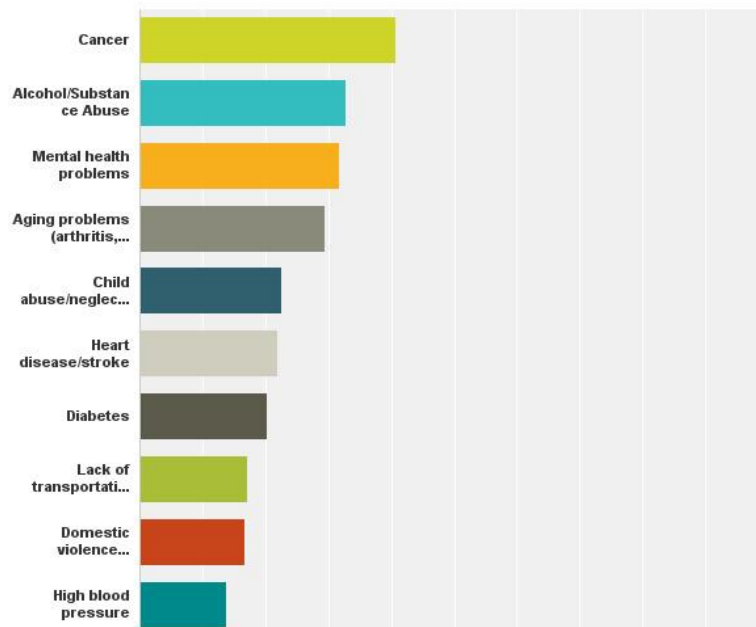


# Decatur County Community Health Needs Assessment Survey Results

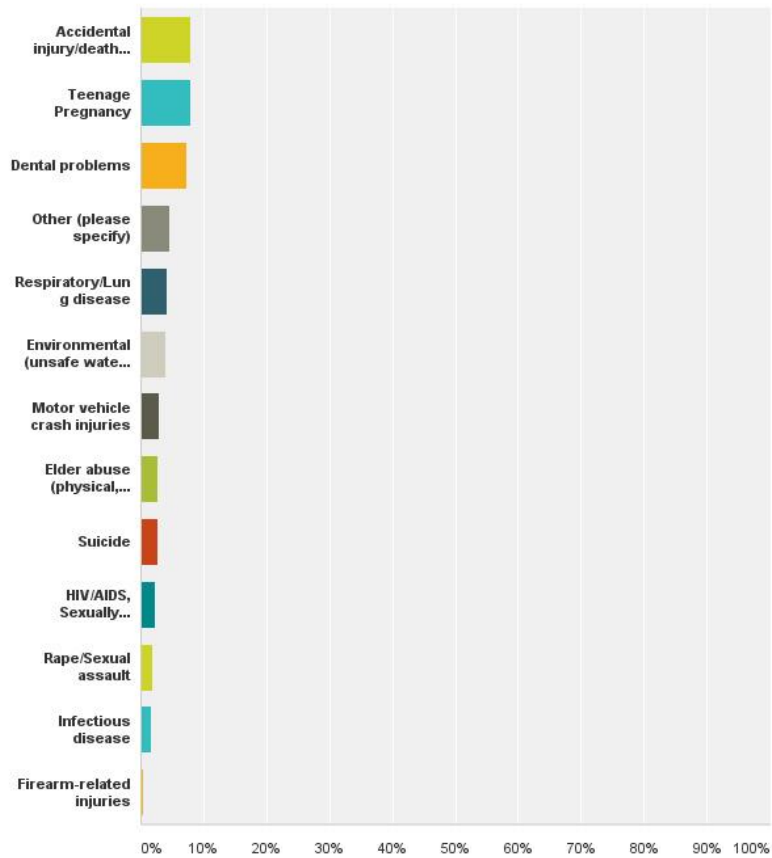


**Q3 What are the three most important "health issues" in our community? (The behaviors that have the greatest impact on overall community health.) Please select three options below.**

Answered: 305 Skipped: 4



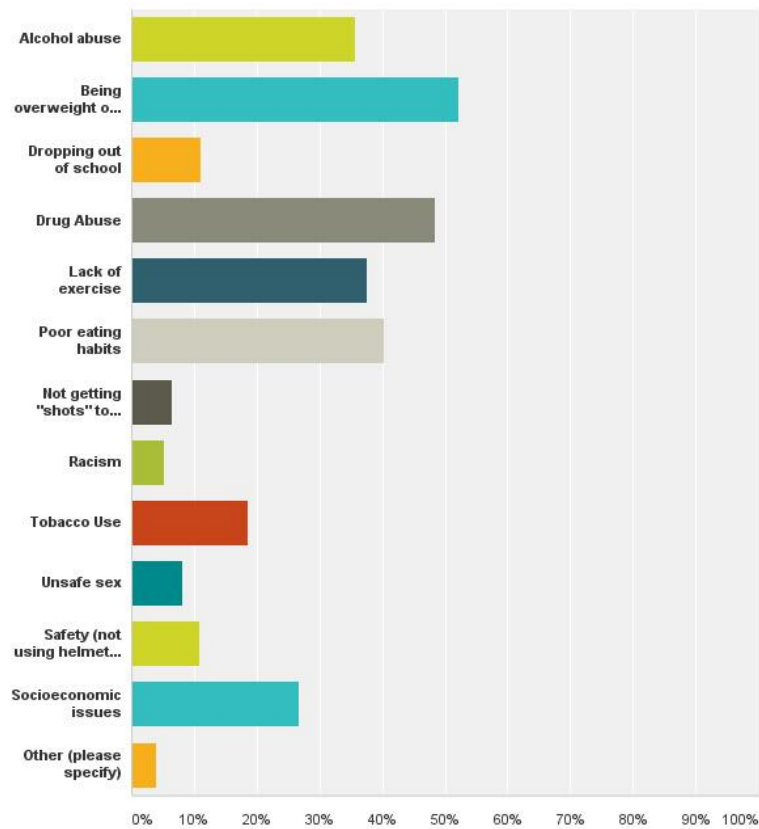
Decatur County Community Health Needs Assessment Survey Results





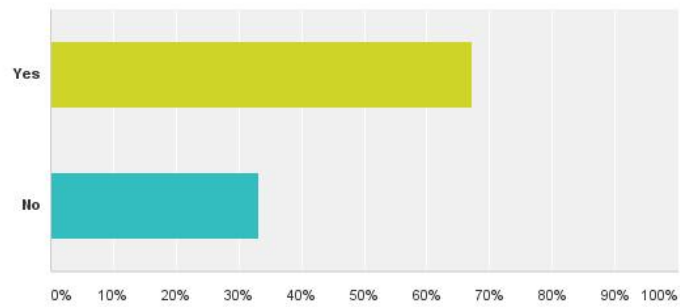
**Q4 What are the three most important behaviors that negatively impact the overall health in Decatur County? Please select three option below.**

Answered: 306 Skipped: 3



**Q5 Does Decatur County need any additional healthcare providers?**

Answered: 286 Skipped: 23



Decatur County Community Health Needs Assessment Survey Results

**Q6 Are there healthcare services in Decatur County that you feel need to be added, improved and/or changed? (Please be specific)**

Answered: 143 Skipped: 166

#	Responses
1	hospital losing to many valuable employers
2	better coast and more dental services
3	cataracts
4	Please see above. Most of your N.P.s are clueless. On another note, The addition of orthodontist in the area would be great.
5	mentioned above. Also if a Dr is practicing medicine in Decatur County one needs to be under the care from that Dr if admitted to the hospital. It is hard to have confidence in a Dr you have not been seeing when your medical issue is serious enough to require hospitalization. We also need more reliable dental care. It seems you start with a dentist, and the next thing you know that person is gone. I don't like the way the business office is managed at the Clinic at all.
6	Stop the handouts and welfare!
7	dental
8	Hospital prices are inflated, and they don't work very well with self pay patients. I.e. it is hard to get discounts for self pay, even though insurance pays much less for the same procedures. Also...not exactly health care services, but it is hard for a community to eat nutritiously when the only grocery store has limited selection of vegetables. I find I almost have to shop outside of Decatur County in order to buy healthy foods.
9	optmentrist/ ophthalmologist
10	more dentist and eye doctors
11	substance abuse - would also like to see more family planning and family services to strengthen families
12	I feel that the hospital and clinic providers need to be able to get along and provide services better to our patients. We have lost some very good surgeons and other staff.
13	Free indoor exercise space.
14	Visiting orthodontist
15	chiropractic care, massage, more fitness type classes, and a nice walking trail.
16	Definitely need better surgeons that actually take care of their patients and check on them everyday not just operate then not see them for several days. Take more interest in your patients needs such as needing preventative antibiotics and pain management not just send them home to suffer.
17	No
18	I think services are continually improving.
19	I think we might benefit from an indoor swimming pool for the purposes of both exercise and therapy. Even though we are lucky to have a number of healthcare providers, one gets the impression that they often do not have enough time to listen to the patient and allow them to express their healthcare concerns. Follow up of testing is terrible. Unless one repeatedly calls for results, he/she will not know anything until the next visit. Sometimes there are abnormalities and patients have no idea. This is a much discussed issue in the community.
20	Always a different mental health provider and dentist why can't they get someone to stay! Wish there was a pain Doctor also And a dermatologist that took Medicaid
21	Clinic is usually alright to deal with. Hospital is usually not that great. I will drive to Des Moines for my emergency or speciality needs instead of going to hospital.
22	labor and delivery
23	opticians
24	no decent GP here and need these specialist here

## Decatur County Community Health Needs Assessment Survey Results

25	help those that cant get medicare or medicad
26	more specialist and primary care providers
27	more doctors
28	more specialist clinics
29	more doctors
30	more specialist available and pain and management provider
31	nicaten help
32	being able to keep our doctors, specialist, and nurses in the hospital and clinics
33	being able to keep specialist nurses in the hospital and clinic
34	assistance for Alzheimer clients
35	mental health
36	More doctors and an alternative from clinic's mental health
37	more physicians in the county
38	A female doc dedicated to the needs of the female population.
39	Mental Health
40	Full time dentists and eye doctors.
41	Relationship between CHCSI and DCH needs to be strengthened. Community suffers from lack of teamwork between the two entities. People don't like feeling like they have been thrown into the middle of the conflict between Dr. Richard and DCH. I keep hearing of others reaching out to surrounding communities for their healthcare.
42	dietary education
43	Same day clinics, urgent care, pharmacies with better hours
44	No.
45	able to see primary doctor
46	good mental health
47	transportation
48	more mental health so people don't have to wait months for appointment
49	doctors need to stay current
50	help for vets
51	help for vets
52	CHCSI needs to be more efficient timely and like changes in personal. Have to wait a long time
53	education in schools
54	better APRN or PA's in mental health
55	add OB at hospital
56	wait time to see doctors need to be shorter
57	The hospital needs to make a great effort to work with all Doctors - promote services - it seems like there is a lot of negative feedback from the community lately. That needs to be improved.
58	none
59	mental health needs to be changed to help those who need help
60	orthopedic and opthamology
61	It would be nice to have a choice for dental care.
62	More services on living healthy with help in nutrition and exercise programs for all ages.
63	Add substance abuse Increase health education

## Decatur County Community Health Needs Assessment Survey Results

64	The community needs more primary care physicians (preferably a female physician). The local clinic needs to quit sending their patients to neighboring hospitals just because they're mad at the hospital. It only hurts the community and the behavior is unnecessary. I know this first hand.
65	Don't need a local critical access hospital since everyone gets transferred to other hospitals for treatment
66	see above
67	maybe more physicians, so patients don't have to wait an hour past their appointment to see a doctor
68	OB doctor in Decatur county
69	wellness, preventative healthcare & alternative medicine
70	dental improvement
71	mental health and substance abuse
72	Clinic in Lamoni has availability issues, staff not very polite or willing to work with people. They just suggest the ER if they do not have room
73	better mental health
74	clinic for pain management
75	optical eye care
76	See above
77	I feel that Decatur County Hospital needs to treat people of the community with more respect and that they need to work more closely with the Drs/Providers at the Clinic.
78	more special clinics so we don't have to go to Des Moines
79	EMERGENCY MENTAL HEALTH
80	-
81	Significant wait times seem to negatively impact the services offered in Decatur County.
82	mental illness
83	The mental health services need to be expanded.
84	No, they do a pretty good job I think.
85	need more doctors for mental health in Leon and Lamoni. Cant make it to Leon without transportation.
86	drug test medicaid patients
87	hospital at Leon needs better staff
88	Mental Health
89	Pediatrician OB/GYN I would just like the doctors to be hometown doctors, know your patients, care for them, have a personality that is likable and professional, make sure that we have services available for specialists. If we have those services, make it known when they are there. I have no idea when the "specialists" are at the hospital, so it's just easier to find one in DSM.
90	see #5
91	pediatric specific services, needs a good dermatologist, travel for medical care - high cost using trolley or there's no ride available
92	Access to primary care providers without long waits and internal medicine doctors. It would be nice to have eye doctor availability.
93	Mental health and healthcare geared towards the older population.
94	CHCSI has a horrible reputation for long wait times. I know several families who doctor in neighboring counties because of this. They schedule appointments too close together. Long wait times is the biggest complaint I hear about, not really poor care or docs, but long wait times.
95	I really do not know.
96	Yes, an Optometrist that can be here more then one time a month. More transportation opportunities for elderly or people that can't drive whether they live in town or in the country to get to the grocery store or Dr. appointments.
97	No
98	See above. What are qualifying options?
99	dental, orthodontics, and optometry
100	Dermatology, Orthopedic, Optometry

## Decatur County Community Health Needs Assessment Survey Results

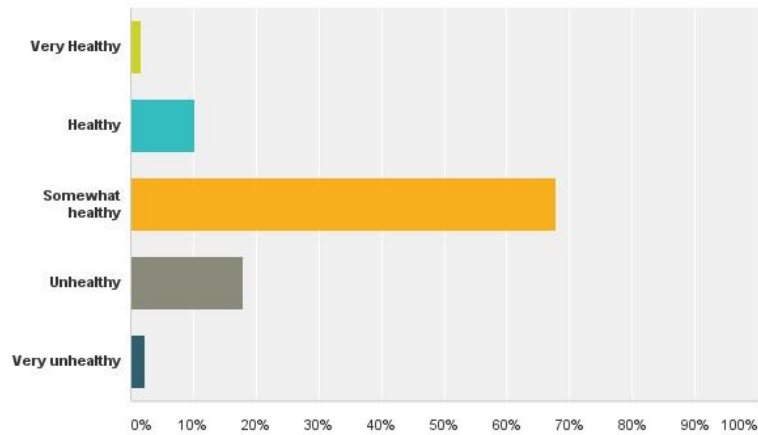
101	Hard to get in at clinic somedays- extra providers.
102	Mental Health/Substance abuse facility would be great. If we had a facility here my sister-in-law would be in it or treated by it and released instead of who knows where and what drug she's on now. I thought I was going to get her to go to the outpatient services that are provided but, she couldn't be seen for a month and it was in Chariton. So we dropped her off at House of Mercy and I don't think she even walked in the door.
103	Chcsi is the worst. They have poor service. U call and can't get appointments. Wait times r horrendous. They basicLy give overall horrible service and have for years. I went to Wayne clinic and had quick efficient pleasant service and will not be back to CHCSI
104	Wait times at the clinic and more physician coverage.
105	OBGYN and a birthing center.
106	We need to improve the wait times at the local clinics. I frequently hear people say that they had to wait for an hour or more past their appointment time to actually see the provider. When wait times are that long people will drive to other communities for service.
107	More physicians and less wait times at the clinic and adult daycare.
108	Drug & Alcohol provider
109	diabetes aid, child birthing
110	Pulmonary and sports medicine. Better access to diatician for consults.
111	see above
112	improve doctor awareness for all illness, doctors listening to those they serve
113	It would be nice if it were easier to access healthcare after hours/weekends. The expanded clinic hours/urgent care have been helpful but still often am hearing people state they "couldn't get into the clinic" - when advised about walk- in hours they were unaware that that was an option. More education regarding what should be an ER visit vs. what should be a clinic urgent care or PCP visit.
114	Clinics need to offer more services, i.e. FASTER LABS (waiting 1 week for a potassium level is ridiculous!) mammograms in the clinic would be nice. More urgent care services available. Tired of paying a premium to use the hospital for everything!
115	We need to start delivering babies again!
116	Mental health, substance abuse
117	Decatur County Hospital does not provided pediatric physical therapy. Why build a new hospital and then send children needing this out of county. I insisted that they take my child and they did a very poor job with him. You need people trained to help children.
118	It would be nice to have another choice of doctor for general surgery. My family will go somewhere else as long as there is only this one.
119	The Federal health clinic-with all of its providers, seems to be hard to get an appointment, when needed. The paperwork is overwhelming to the point of being excessive.
120	OBGYN and better dental
121	Someone with a pediatric background so people go to chcsi instead of a pediatrician in Des Moines
122	The more we have access to, the easier it is to sell to people why they should live/work here.
123	More Family Practice Physicians
124	Yes, I can drive to Des Moines and get back to work sooner than sitting in CHCSI waiting for hours to get in. Not trying to be negative, but I am not going to wait 3-4 hours to be seen or 2-3 weeks for a non emergent issue. I have taken surveys and said this same thing before and nothing ever improves, so I choose to drive an hour for most all of my healthcare needs, which is sad because a lot of older folks don't have a choice. CHCSI refuses to correct this problem. I refuse to wait.
125	mental health services need to be improved
126	Yes. C.H.C.S.I. every time I make an appointment I always have to give my self at least 2 hours after the appointment before planning anything. This is the longest wait out of any where I have been seen! I now Dr. over at Wayne Co. clinics unless it is more convenient to just stay here in town (I would rather pay someone that is going to get me right in and out than I would setting and waiting that long to be seen.) I not only choose Wayne for the wait time, but the friendliness also. When I have an appointment at Wayne I set down in the lobby for 5 to 10 min. NO longer than 10 min. then when they take me back the nurses get everything that they need, and I'm seen by the Dr.in at least 10 min. There was one time that I waited for 30 min. and that was only because the dr. that I was scheduled to see was delivering a baby, and they even told me that they had someone else that could see me, but I chose to wait, because I wanted to see the dr. that I was scheduled to see. In that 30 min. wait time they came to my room 3 times to let me know that it would be a little longer and to ask if I would like some water or coffee. I have NEVER been kept up dated, or asked if I needed anything to drink when I have been waiting at C.H.C.S.I., and there was one time I was there a total of 2 hours and 20min. Another thing that I like about Wayne that we do not do here is they give you a whole print out of what they had saw you for and what you are charged for.
127	less mid-level practitioners and more DR.
128	Affordable vision sevices
129	Need the hospital to step up and provide quality family medicine.

## Decatur County Community Health Needs Assessment Survey Results

130	As stated in #5, I believe, at the present we are adequately covered, however, support staff (front office staff at check in) at CHCSI could be friendlier
131	Mental Health/drug abuse treatment Eye care
132	In need of substance abuse treatment and suicide prevention services/crisis intervention.
133	See above
134	The clinic and the hospital need to coincide better and work better together to serve the needs of the community.
135	Dietician Nutrition Classes Classes on balanced eating A place to exercise (fitness club)
136	more affordable women's health care
137	Free life counseling line. For depression, family issues, financial advice...
138	Better coordination between hospital and local doctors.
139	Better mental health care workers.
140	I feel our clinic has too much wait time and the staff are not good at communicating with their patients.
141	Add more women's health with a female physician. We need an optometrist and more dentists.
142	Family Medicine
143	Allergy services, internal medicine, pediatrics, cataract care, orthopedics Would like to see the local clinic providers sending their patients to the local hospital versus sending them out of town when the services could be served in our community.

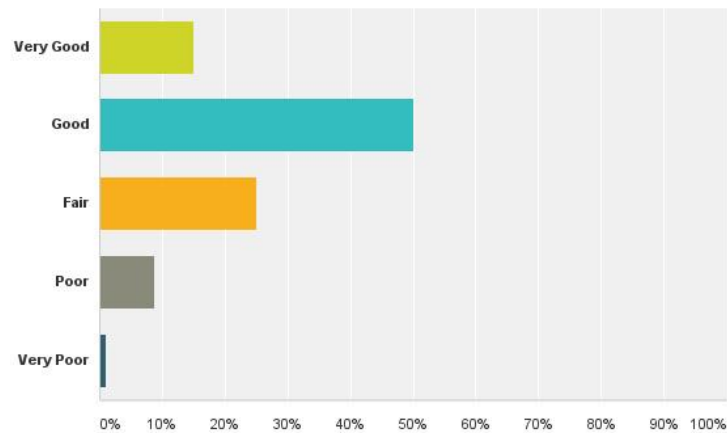
**Q7 How would you rate Decatur County as a healthy community?**

Answered: 305 Skipped: 4



**Q8 In general, how would you best describe your health? (Chose one)**

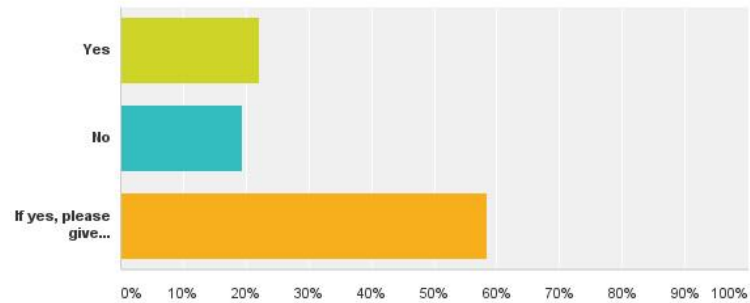
Answered: 299 Skipped: 10





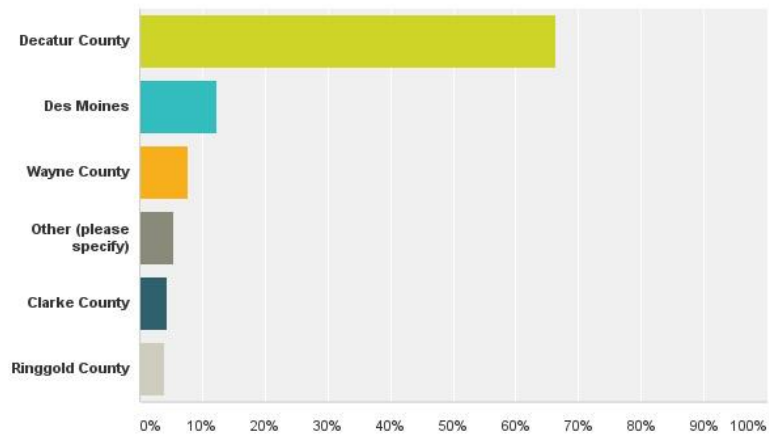
**Q9 Do you have a personal healthcare provider you use for healthcare?**

Answered: 299 Skipped: 10



**Q10 Where do you get your primary healthcare?**

Answered: 300 Skipped: 9



Decatur County Community Health Needs Assessment Survey Results

**Q11 If you seek healthcare outside of Decatur County, why?**

Answered: 200 Skipped: 109

#	Responses
1	referral from doctor
2	specialist
3	family lives in DM
4	closer to home
5	didn't like doctors
6	specialist
7	I like that when you go see him he listens & get to the bottom of what is wrong with you.
8	I would if I could as Decatur county is not up to par. They barely want to do anything, when they do they are just guessing, and then NEVER notify anyone of test results. Some of the staff are also quite rude.
9	Specialty
10	Feel specialized Dr are necessary. Why does most of DCH employees use Dr outside of Decatur Co?
11	Dec Co is AWFUL!!!! Wait times are out of control!! I have been missing diagnosed 2 times and now need major surgery!
12	Specialists
13	price, needs of children,
14	went to Des Moines before Crystal opened up
15	dental
16	refereed on
17	just moved to Decatur
18	high level of care
19	surgeries not performed here
20	specialists
21	It is such a hassle to get into CHCSI and all the hoops to go through.
22	We do for our Pediatricians because Decatur County does not have a Pediatrician.
23	Some specialists not in county, orthopedics, gynecology
24	Only specialists as needed.
25	Because healthcare personel in Decatur county are not educated and caring enough to provide care and do not keep up with all the modern technology that is available to assist patients.
26	cant get appointment
27	Availability and urgent care and specialties
28	More faith in medical abilities
29	Long term family doctor.
30	More confident in specialty Drs in Des Moines.
31	If I am referred for some reason. I must admit, I have considered outside healthcare for the reasons I mentioned earlier.

## Decatur County Community Health Needs Assessment Survey Results

32	Privacy. And I don't want to get set with a provider and then have them leave after a year. Also clinic always messes my bill
33	I have been doctoring there for years.
34	So I don't have to spend time or money at DCH. Wehling is too overpriced and has a large ego.
35	heart doctor and other doctors recommended by Larry Richards
36	live in ocala
37	to serious for doctors to handle
38	osceola vision clinic
39	better doctors at Wayne county hospital
40	specialty and OBGYN
41	no doctors here capable of dealing with my health issues
42	cancer
43	clark county doctors are better
44	refereed on to specialist
45	takes me to Des Moines doctor
46	doctor moved to Ringold county
47	because Decatur county does not have the facilities to take care of the problem
48	heart doctor once a year
49	if something cant be taken care of here
50	eyes and heart
51	eyes and heart doctor
52	preference of physician convenience
53	specialties
54	Mental Health Services and other specialties
55	specialty needs / higher level of care
56	Mainly for needs of a specialist on occasion.
57	Internal med specialist
58	Family doctor
59	Gynecology (woman)
60	Before I felt obligated to get my care in Decatur County, it was far more efficient to be seen at WPMC for an 8am apt and be out by 8:15am. Back to Leon before 9am and hardly miss any work. With CHCSI, you have to plan to miss out on 2 hrs of work on nearly every visit.
61	specialty care close to my work
62	Services not provided in the county
63	This is just where I have always went for years .
64	hormones and specialist
65	eyes
66	doctor for 30 years
67	have always gone there
68	main doctor in Clark county

## Decatur County Community Health Needs Assessment Survey Results

69	specialist
70	VA in Knoxville/ Des Moines
71	specialist care and treatment
72	VA coverage
73	in Florida during winter
74	OB maternity needs
75	asthma and other specialist
76	to see specialist
77	availability
78	eye doctor and dentist
79	Haven't found a Doctor that I feel comfortable with for female issues yet. May start going to Andy Sullivan
80	specialist
81	Des Moines for specialist
82	cause dr doesn't feel right when perscribing
83	dr. thorpedics
84	privacy
85	my insurance
86	VA benefits
87	Easily seen when sick. Seen by the doctors sooner. Almost always can be seen same day when not feeling well, don't have to schdule "being sick"!!!!!! If there is any kind of delay or long wait time I am promptly told and given a reason!
88	Been referred to specialist by doctor that I've seen here.
89	Its closer to my home.
90	Because Raydeen used to work in Decatur Co, and moved to Ringgold so I followed her.
91	My family doctor is in Decatur County. For additional services, the costs at DCH are too high for those with insurance (sleep studies for example).
92	Thinking about transferring my care when the new physician arrives so I can make sure I can get my care locally.
93	More friendly
94	my needs are better dealt with at a facility that is more advanced
95	I can't get in!
96	follow up for previous surgeries
97	doctor in oceola
98	Mayo Clinic specialized care
99	head injury
100	specialist
101	eyes
102	because of specialty needs
103	went to wayne county when pregnant, kids go to decatur
104	alternative therapy
105	lack of working together
106	for children and dental

## Decatur County Community Health Needs Assessment Survey Results

107	vision- Des Moines Dental- Des Moines
108	larger health issues
109	like the doctor and care he gives
110	There are no Gastroenterologist or Orthopedic specialist in Decatur County
111	my arthritis
112	n/a
113	Emergency or specialist
114	only if needed
115	-
116	Good environment and healthcare provider preference.
117	DO NOT DO PROCEDURES LOCALY
118	Because all my needs for health are met there.
119	The throat doctor doesn't come to Leon anymore.
120	A family practitioner knows a little about a lot of things. Sometimes I need a specialist that knows a lot about specific things.
121	The lack of personalized care and the changing of doctors. I also do not appreciate not having a way to ask questions. I was told by a nurse that they were not to answer questions on the phone anymore because it takes too much time.
122	Had numerous bad experiences with doctors in Decatur County. Heard horror stories from others as well. Also hard to be seen by doctors who you know in social settings.
123	More expertise.
124	Gyno in Des Moines
125	We have a pediatrician in Des Moines. We have always had really good luck with them, and they have been taking care of our kids since they were born, so we continue to go to them.
126	better mental health
127	asthma, allergy MO, Iowa digestive disease center
128	specialist
129	I don't trust the doctors in Decatur County, too long in waiting rooms. I sat in a waiting room for 2 hours to do a check- up for my newborn-she got exposed to every germ in there.
130	Hormone therapy
131	Unavailable services
132	I am generally healthy, so I normally only need to get my yearly Pap exam done. I just use my OB/GYN. He is very helpful and even in Des Moines, he actually shows that he cares about my health. Shares concerns, celebrations, and tries to relate to me. Doesn't just push me out the door to get me through and out. I feel as though the CHCSI and DCH doctors just want the paycheck that you are giving them. They don't look at anything beyond the first tier of symptoms and the other possibilities. They don't show much concern to you as an individual. This includes my children. The nurses have generally been great though.
133	extended clinic hours, so I can go after work
134	closer to home
135	less wait time at clinic, more privacy/compliance w/ HIPAA at Wayne County
136	Access to providers
137	She has immense respect for her patients and a very open line of communication.
138	Emergency
139	Specialist

## Decatur County Community Health Needs Assessment Survey Results

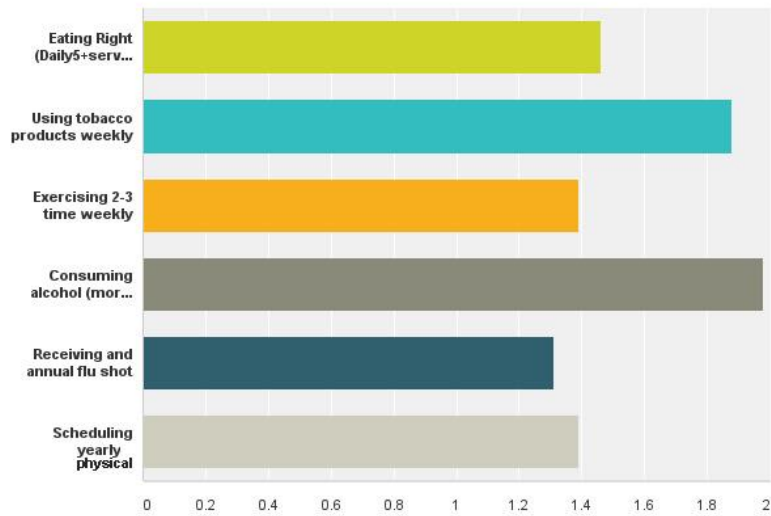
140	Closer to where I live
141	Specialist as recommended by family doctor.
142	Privacy
143	referral-specialty
144	I find the hospital culture to be rude and unresponsive to community issues... primarily the administration.
145	Because they seem more thorough, get you in quickly and out quickly, get back to you quickly, no nurse practioner, actually see a doctor who knows so much more
146	Explained in a Part I.
147	friendly people
148	That is where my PCP is that I trust and listens to what I tell them is wrong.
149	Feel get better care elsewhere
150	I will go to the Decatur Hosp but am healthy so don't need that level of care but CHCSI is horrible I do not need sliding scale as I have insurance and their care is substandard from the minute I call the girls at the front desk it is horrible. They need to get rid of every one in administration over there then take a few notes from Wayne county .. Their clinics do it right
151	reservations of hostile environment at CHCSI
152	Specialist Care
153	Specialist not available on needed date (ENT)
154	I love my Doctor and will not change.
155	Specialty-Endocrinology and Gastro
156	specialty care
157	I don't like or trust physicians in Decatur County
158	privacy
159	specialyt Dr
160	Decatur county hasn't supplied trustworthy care.
161	more modern technology
162	Better quality of care and access to tests and treatments. Insurance coverage is better at Des Moines area clinics and hospitals.
163	Family doctor from Wayne County
164	specialties not availabel
165	For further evaluation for serious issues if any arise
166	Because it is closer to my home.
167	Privacy reasons, working in the healthcare field I understand that HIPAA is not always honored and I don't want people having access to my medical charts. I started going to Des Moines to see an internist, really liked her and have chosen to continue to see her. I also only have to go there about twice a year. If I were being seen more regularly I would consider seeing a local provider.
168	Specialists, not available in Decatur County
169	We go to Wayne County because they deliver babies. They have excellent facilities and wonderful people.
170	Because I have been going there for many years. I have also received care in Decatur County but consider Wayne county as my primary.
171	Better serve children in other counties.
172	For specialists I go to Des Moines. I only have to pay an office co-pay. If I saw specialists here I would have to pay out of my pocket for the entire visit towards my deductible.
173	Liked provlder.

## Decatur County Community Health Needs Assessment Survey Results

174	I am located in that area.
175	Specialty physicians
176	Checkups for children. They were born in Des Moines so we continue to use the same doctors.
177	Specialty doctors all in DSM
178	More doctors, better care, more information and less wait time to see a dr and can always get an apt. the same day as I call in.
179	See above answer
180	Lack of MD's & DO's, no woman healthcare provider here, I don't feel comfortable going to a man not specialized in woman's healthcare.
181	been there for years
182	I live in that county.
183	Providers in Decatur County change every week. No one stays so can't build a relationship. I have used same person in Mount Ayr for over 10 years.
184	Mainly because of the wait time, but also the friendliness of the staff. They make you feel at home, unlike our clinic (C.H.C.S.I.). I have also been sent to a collection agency for an outstanding bill that was never sent to me!!!! When I got the call I immediately went to C.H.C.S.I. to ask them what was going on, and why wasn't I sent a bill before it was sent to a collector? I was told I WAS sent a bill and I didn't pay it, so they sent it to a collector! I'm so glad they know more about me than what I know about myself. I was NOT sent a bill or I would have paid it or would have set up a payment plan. They were very rude, and very unprofessional!!!! I guess it is easier to blame someone else than to admit that it was your mess up!!!!!!
185	Lack of reputable DR in Leon
186	Non-resident
187	The local clinic has a bad reputation. A number of my friends told me to stay away from those people.
188	I am a Viet Nam veteran with a medical condition and get long term care from the Iowa City VA medical system and U of I Hospitals and Clinics.
189	At Des Moines Eye surgeons because when we needed someone, there was no provider, same with a dentist
190	I'm not always confident in the medical options I have in Decatur County and therefore have my doctors in Des Moines.
191	Confidentiality issues.
192	Peds, specialists
193	No specific doctor to meet my children's needs.
194	Specialists or VA
195	Shorter wait
196	Ophthalmology
197	Where I was set up prior
198	Because the providers here are too difficult to get into and the clinic does not have a pleasant atmosphere.
199	Because I've been with my doctor for over 30 years.
200	Insurance requires to be in-network

**Q12 Please answer the following. Are you:**

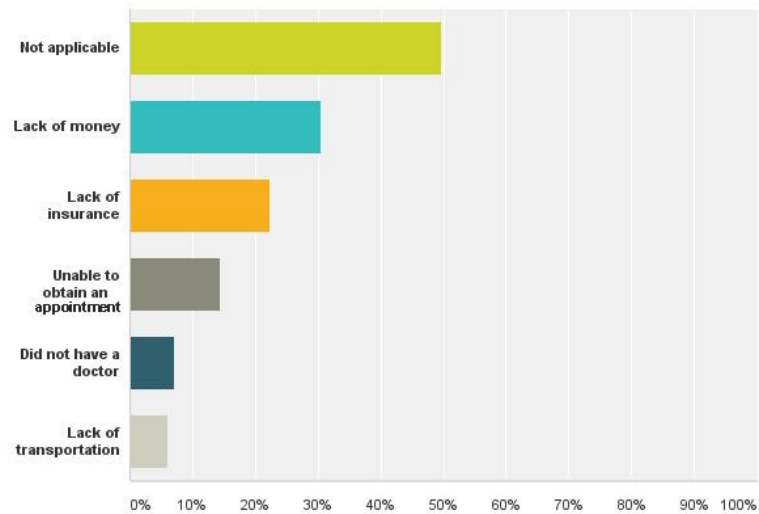
Answered: 300 Skipped: 9





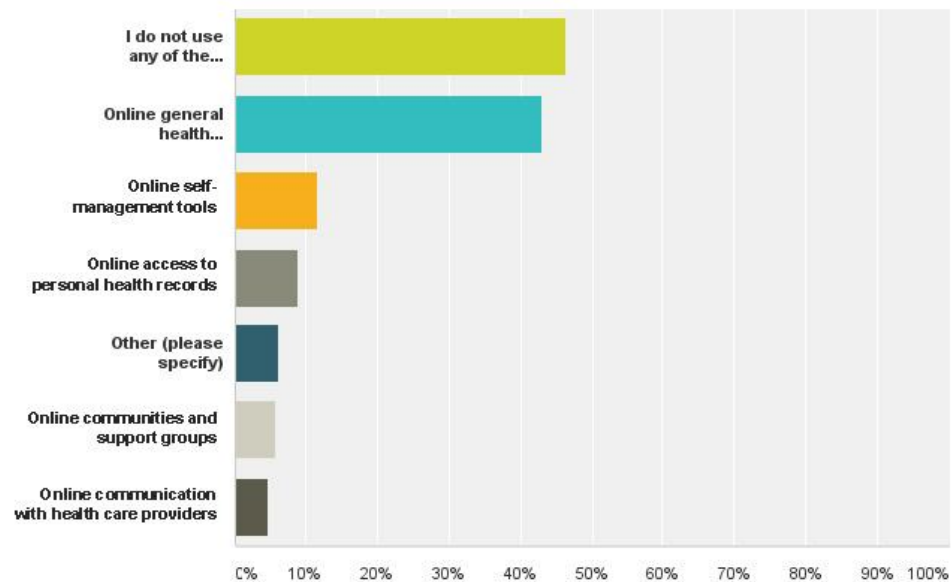
**Q13 Have you or someone in your household delayed healthcare due to any of the following reasons? (Check all that apply)**

Answered: 278 Skipped: 31



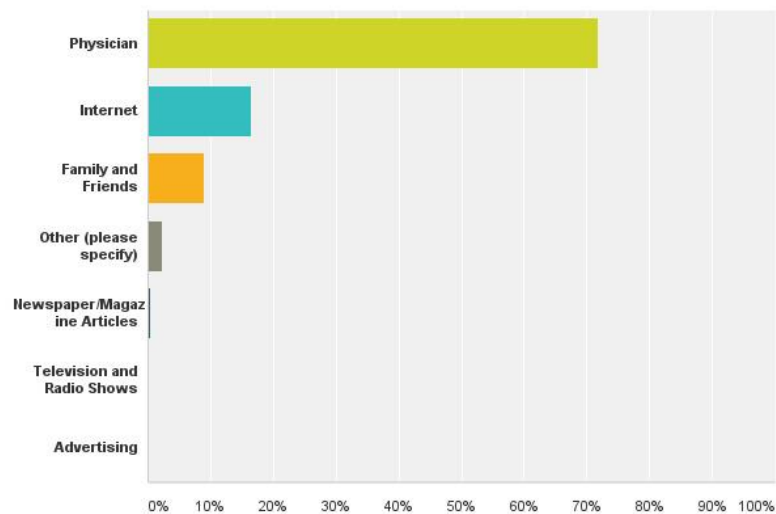
**Q14 What do you mainly use as a resource for healthcare information when using the internet? (Mark all that apply)**

Answered: 291 Skipped: 18



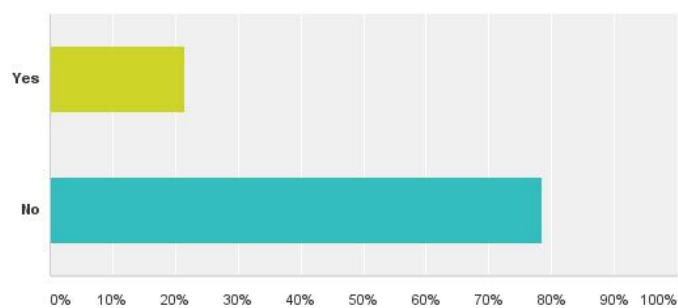
**Q15 What resource do you primarily use to answer healthcare questions and concerns?**

Answered: 298 Skipped: 11



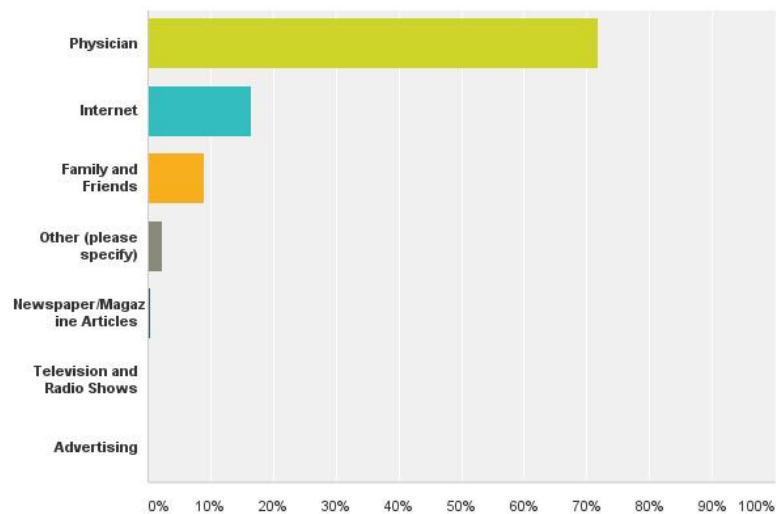
**Q16 Do you utilize the 340B program?**

Answered: 279 Skipped: 30



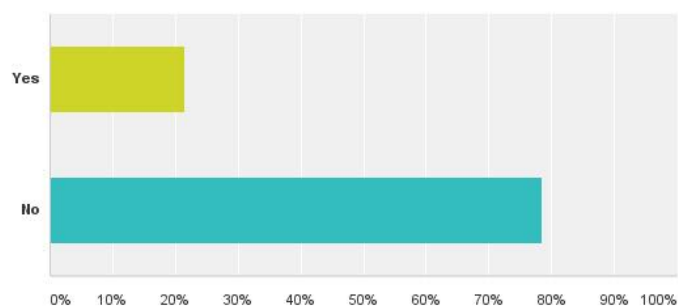
**Q15 What resource do you primarily use to answer healthcare questions and concerns?**

Answered: 298 Skipped: 11



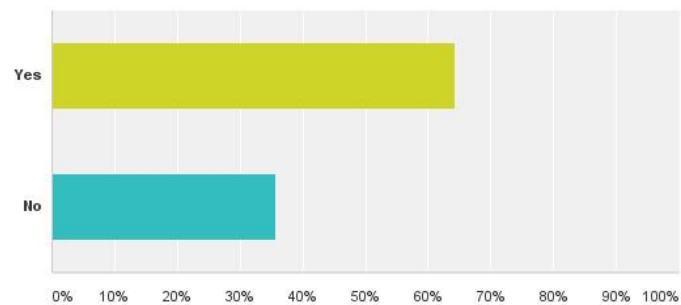
**Q16 Do you utilize the 340B program?**

Answered: 279 Skipped: 30



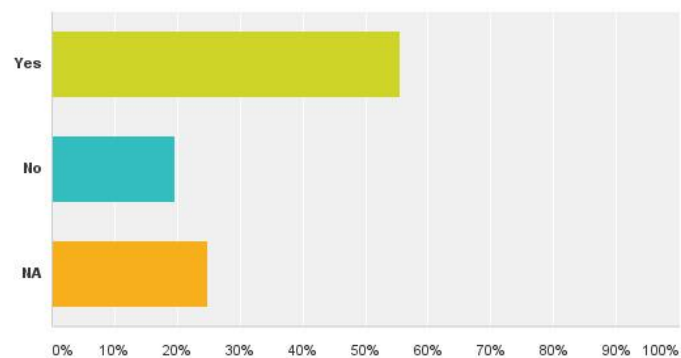
**Q17 Would you be able to afford your medications without the 340B Program?**

Answered: 227 Skipped: 82



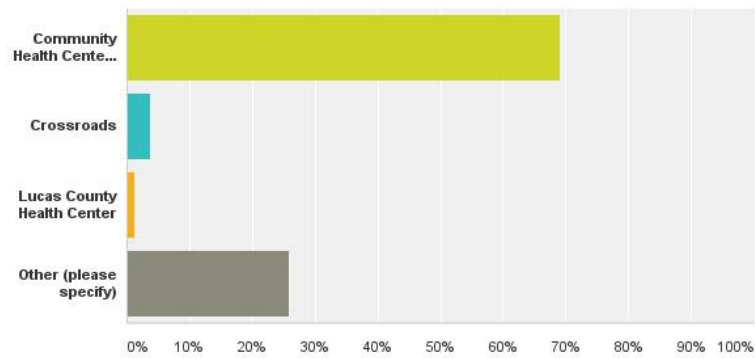
**Q18 Do you know where to get help for a mental health crisis?**

Answered: 117 Skipped: 192



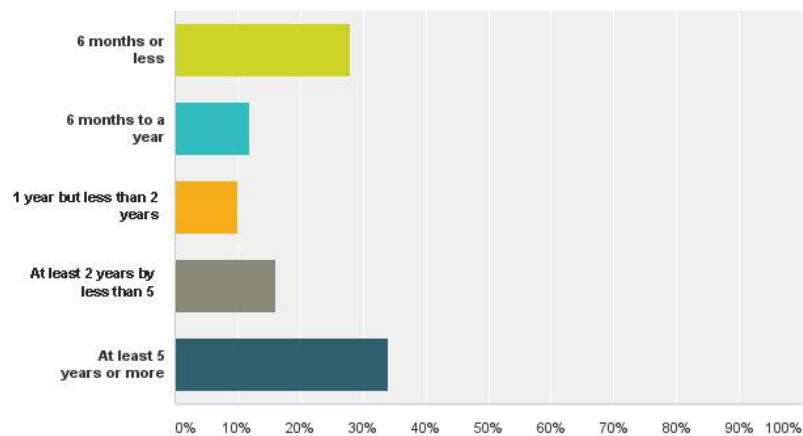
**Q19 Which provider do you or a family member currently use?**

Answered: 81 Skipped: 228



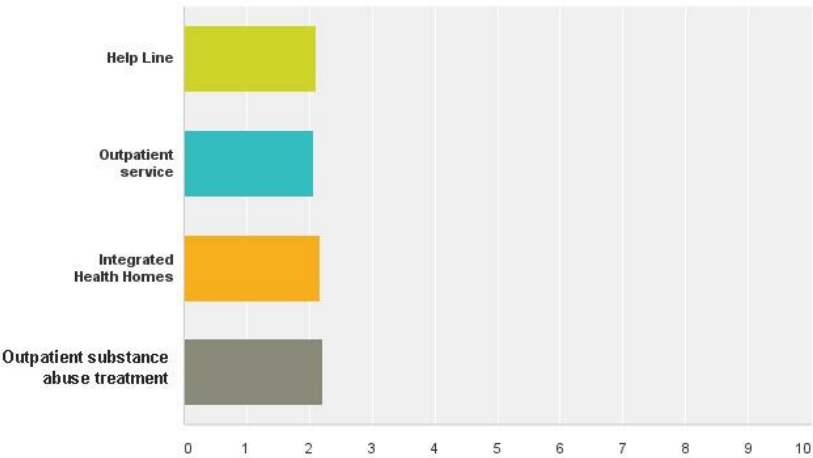
**Q20 How long have you received mental health services?**

Answered: 50 Skipped: 259



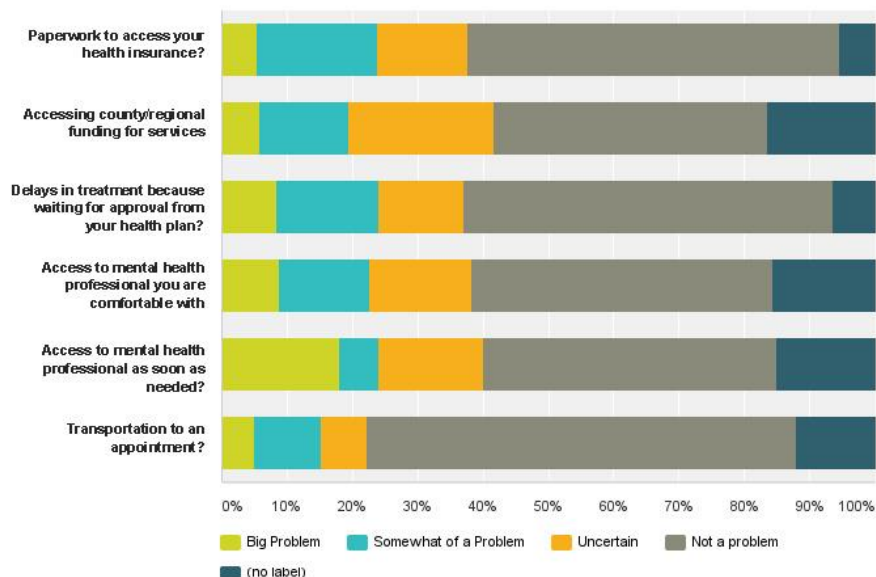
**Q21 Are you aware of the following mental health programs available in your county?**

Answered: 109 Skipped: 200



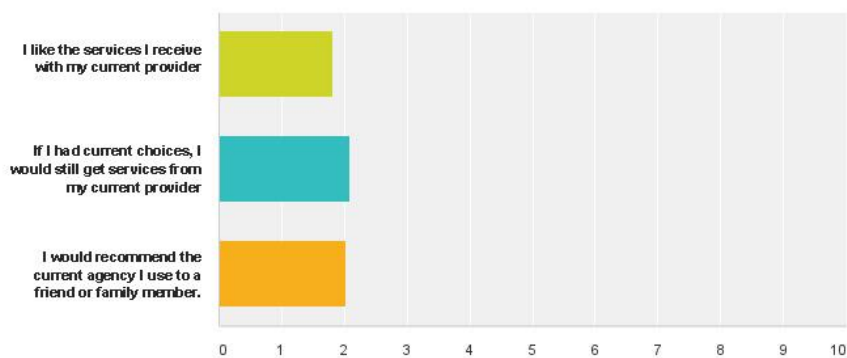
### Q22 How much of a problem did you have to accomplish the following?

Answered: 111 Skipped: 198



### Q23 How strongly do you DISAGREE or AGREE with the following statements about the quality of services you get from your current provider? Chose one response for each statement.

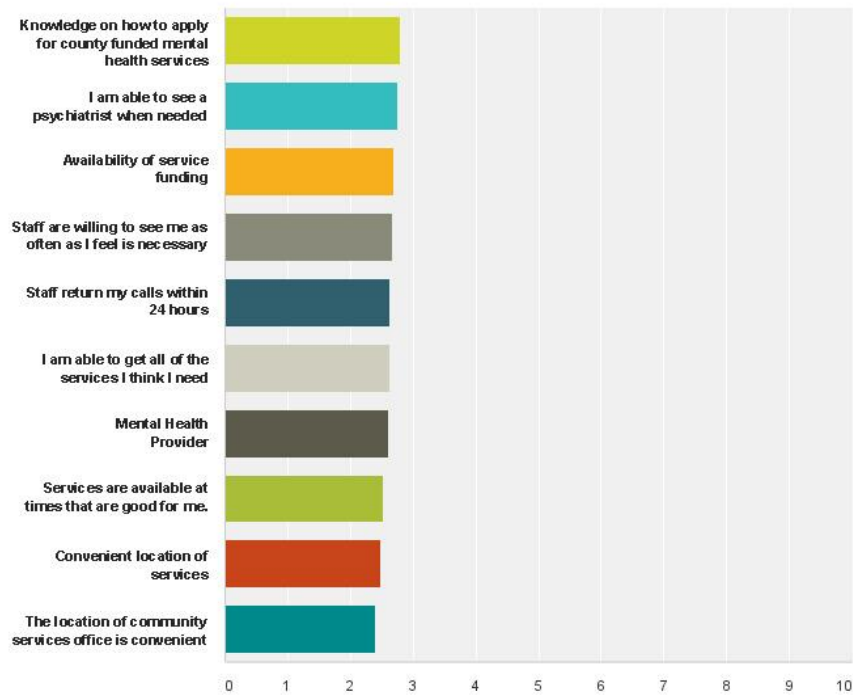
Answered: 122 Skipped: 187





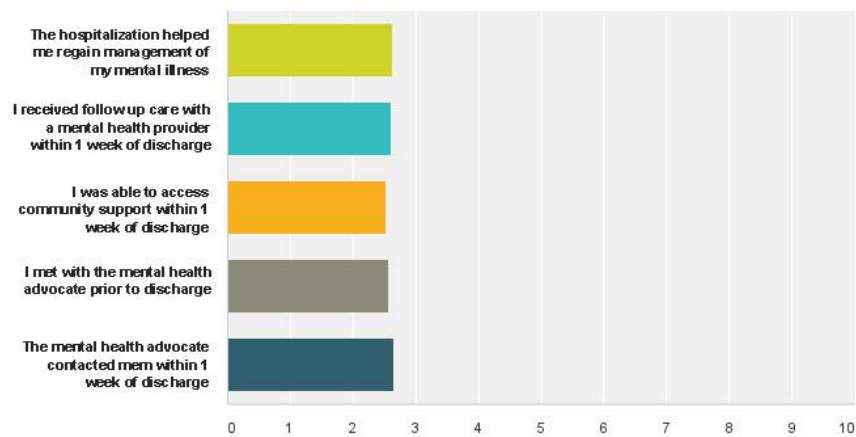
**Q24 Please indicate how satisfied you are with the accessibility of mental health services in your area.**

Answered: 85 Skipped: 224



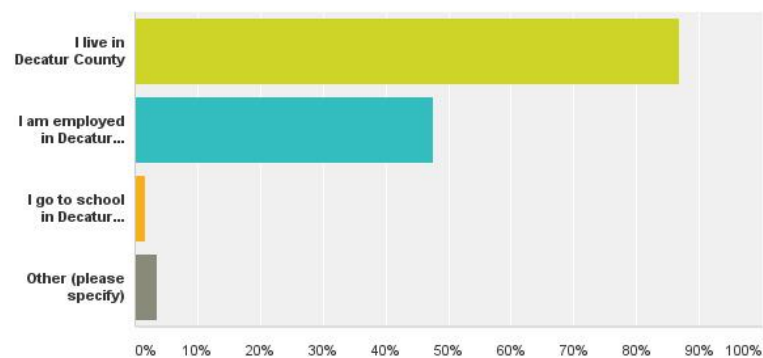
**Q25 If you or a loved one have experienced mental health committal, please complete the following**

Answered: 27 Skipped: 282



**Q26 What is your connection to Decatur County? (Please check all that apply)**

Answered: 288 Skipped: 21



Decatur County Community Health Needs Assessment Survey Results

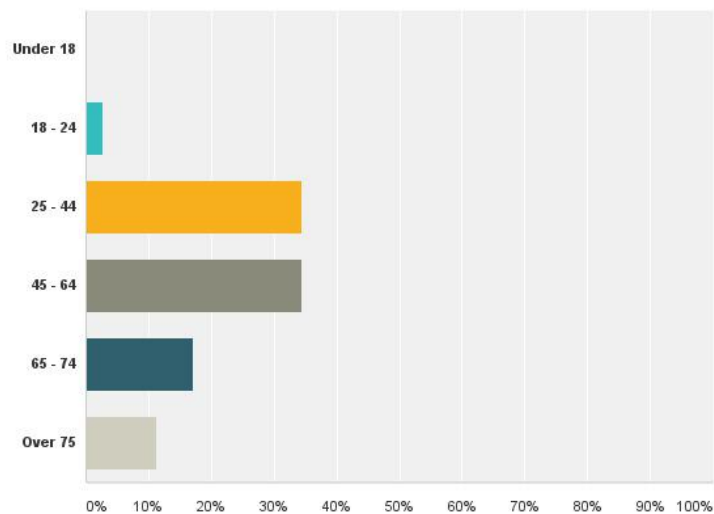
**Q27 What is your home 5 digit zip code and county of residence?**

Answered: 280 Skipped: 29

50144 (Leon)	157 responses
40140 (Lamoni)	39 responses
50065 (Davis City)	14 responses
50108 (Grand River)	10 responses
50067 (Decatur)	9 responses
50264 (Weldon)	8 responses
50262 (Van Wert)	5 responses
OTHER	38 responses

**Q28 What is your age?**

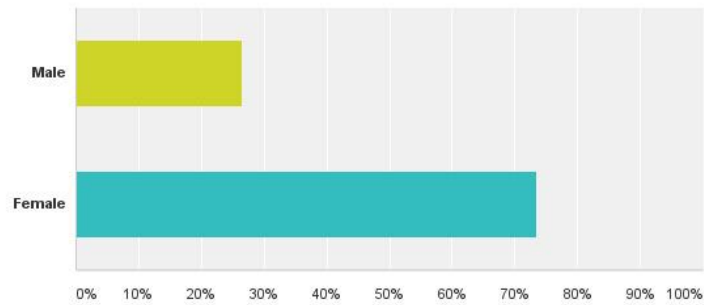
Answered: 285 Skipped: 24



Decatur County Community Health Needs Assessment Survey Results

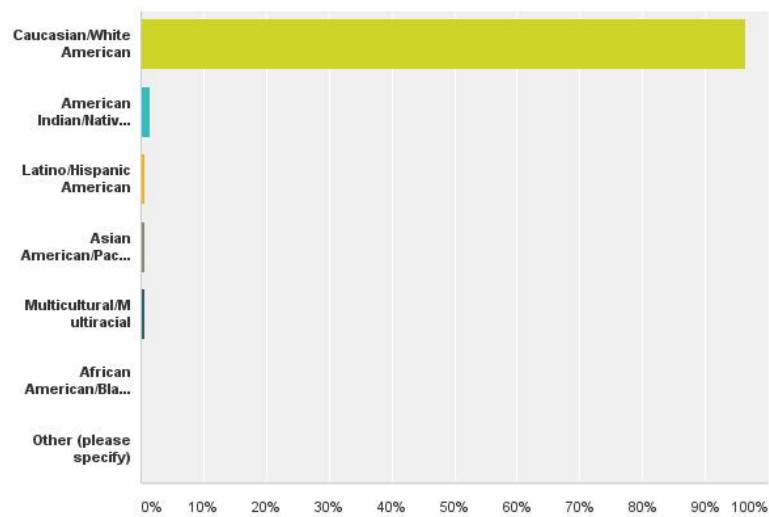
**Q29 What is your gender?**

Answered: 287 Skipped: 22



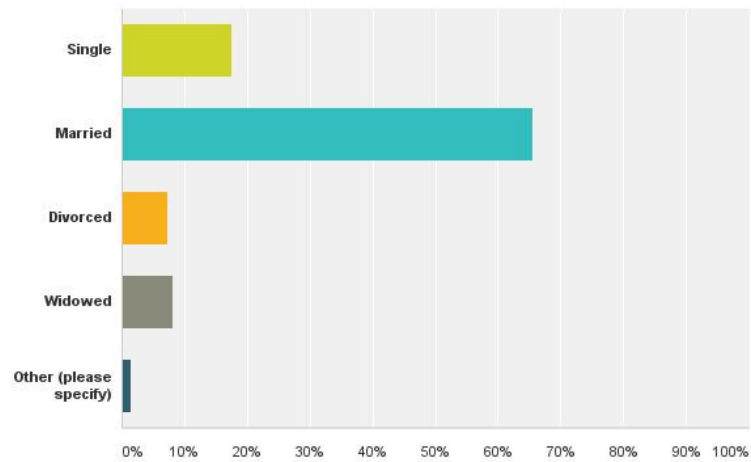
**Q30 How would you identify yourself?**

Answered: 285 Skipped: 24



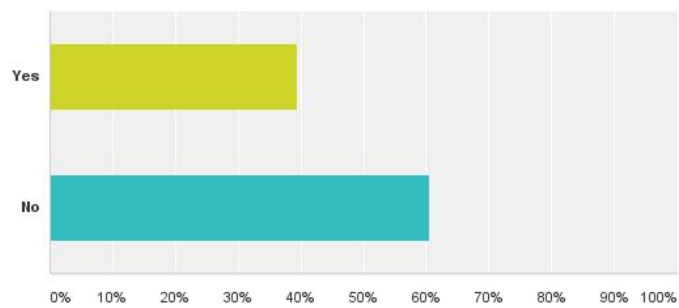
### Q31 How would you describe your household?

Answered: 285 Skipped: 24



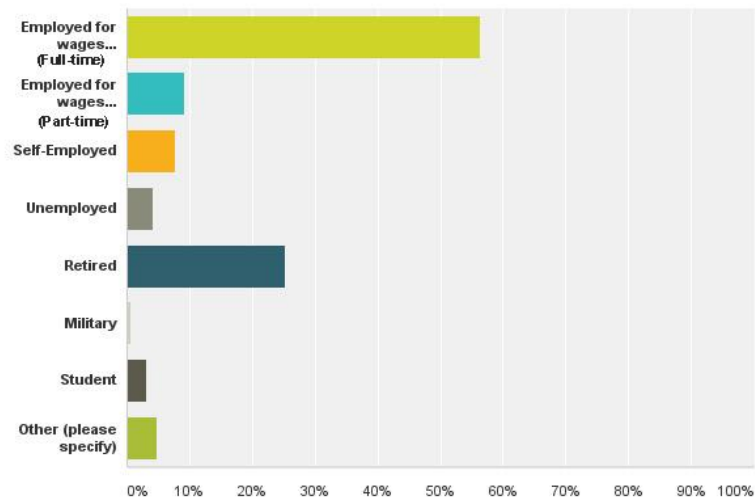
### Q32 Do you have children living at home?

Answered: 282 Skipped: 27



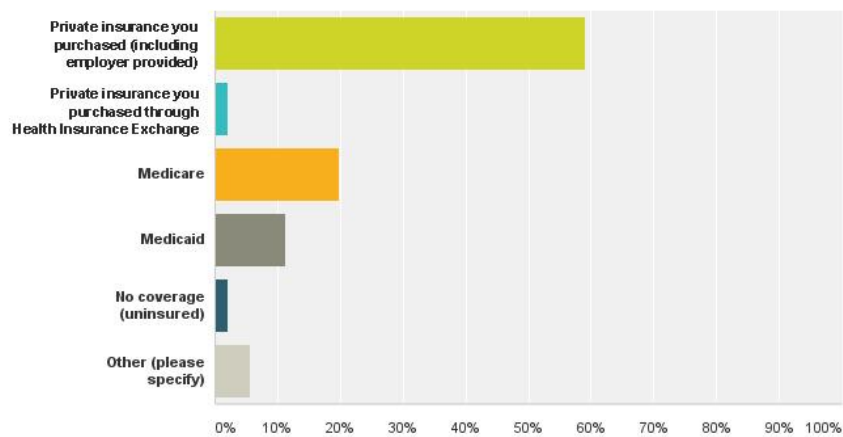
**Q33 What is your employment status?  
(check all that apply)**

Answered: 286 Skipped: 23



**Q34 Regarding your health insurance coverage, what type of health coverage is your primary plan? (chose one)**

Answered: 286 Skipped: 23



## **Community Forum Health Needs Priorities**

After reviewing the survey results, the group started open discussion about community health needs and outlined seven priority areas that need focus. After the seven priorities were defined, there were group discussions at each individual table. At which time, each attendee was given three sticky notes and were able to vote on their top three priorities. The top seven priorities are listed below in order of importance.

1. Pediatric Mental Health and Expansion of Mental Health Services
2. Drug and Tobacco Abuse Prevention
3. Nutrition Awareness and Obesity
4. Business & Industry/Infrastructure/Economic Development
5. Poverty Alleviation
6. Preventative Healthcare
7. Youth health and wellness programs



## **FOR IMMEDIATE RELEASE**

November 23, 2015

### **County Health Agencies Host Successful Community Forum**

Decatur County health agencies conducted a Community Health Needs Assessment (CHNA) Community forum on Wednesday, November 18 at 5:30 at the Leon Golf and Country Club with 50 people in attendance.

“Our community has a wealth of expertise to be tapped,” stated Kolton Hewlett with Decatur County Hospital, “For this reason, we decided to host a community forum to gather community insight and provide an atmosphere to objectively prioritize county health needs.”

The community forum was facilitated by Ethan Pitt, Executive Director of the Decatur County Development Corporation. Bethany Elsbernd with the University of Iowa School of Nursing gave a presentation for County Health Rankings and obesity rates in Decatur County.

The Health Implementation Plan (HIP) from the 2013 Community Health Needs Assessment was reviewed as a way to acknowledge the health priorities from 2013 and examine what had been accomplished.

The Community Health Needs Assessment Survey results were shared with the entire group as well. The survey was conducted from September 15 through October 30 and ended with 309 total responses from people throughout the entire county including Leon, Lamoni, Davis City, Grand River, Decatur, Weldon, and Van Wert.

Based upon the comprehensive Community Health Needs Assessment Survey and the community forum, the group developed the following seven health priorities for Decatur County in order of importance: Pediatric Mental Health and Expansion of Mental Health Services, Drug and Tobacco Abuse Prevention, Nutrition Awareness and Obesity, Business & Industry/Infrastructure/Economic Development, Poverty Alleviation, Preventative Healthcare, and Youth Health and Wellness Programs.

Representatives from Decatur County Hospital, Decatur County Public Health, Community Health Centers of Southern Iowa, and CROSS Mental Health Region will be meeting soon to discuss their Health Implementation Plan and will continue to meet monthly thereafter to work on each of the health priorities and cultivate collaboration between the county health agencies.

The final CHNA Report will be completed and made available to the public after the first of the year.

**Contact:**

Kolton Hewlett | Decatur County Hospital  
641-446-2312 | [khewlett@d-c-h.org](mailto:khewlett@d-c-h.org)

1405 NW Church Street  
Leon, Iowa 50144  
641.446.4871 | [www.decaturcountyhospital.org](http://www.decaturcountyhospital.org)

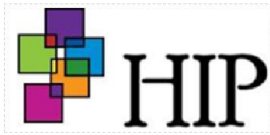


# **III. Implementation Plan**

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**Decatur County  
Health Improvement Plan**

Date Updated: February 24, 2016



**Health Improvement Plan Report Completed by:**

**Shelley Bickel**  
Decatur County Public Health

**Health Improvement Plan Committee:**

**Shelley Bickel**  
Decatur County Public Health

**Suzanne Cooner**  
Decatur County Hospital

**Samantha Cannon**  
Community Health Centers of Southern Iowa

**Kathy Lerma**  
CROSS Mental Health Region

**Kolton Hewlett**  
Decatur County Hospital

**Ethan Pitt**  
Decatur County Development Corporation

**Kerry Welch**  
Central Decatur Community School District

**Chris Coffelt**  
Central Decatur Community School District  
& Lamoni Community School District

## **Community Priority**

### Expansion of pediatric mental health services and expansion of mental health services for adults

<b>Goal #1</b>	Increase access and availability for mental health services in k-12 students in the county schools	<b>National Alignment</b> Healthy People 2020 objective for mental health is to track the proportion of adolescents aged 12-17 who experience major depressive episodes.	<b>State Alignment</b> An increase in the proportion of children screened for being at risk for developmental, behavioral and social delays using a parent-reported, standardized screening tool.								
<b>Objective 1-1</b>	By December 2016, Community Health Centers of Southern Iowa will increase counseling and therapy providers by one for the county schools.	<table><tr><th>Baseline Year</th><th>Baseline Value</th><th>Target Year</th><th>Target Value</th></tr><tr><td>2016</td><td>0</td><td>2016</td><td>1</td></tr></table>	Baseline Year	Baseline Value	Target Year	Target Value	2016	0	2016	1	
Baseline Year	Baseline Value	Target Year	Target Value								
2016	0	2016	1								
<b>Strategy 1-1.1</b>	Recruit full time licensed therapist/counselor by May 1, 2016.  <u>Who's Responsible</u> Community Health Centers of Southern Iowa	<u>Strategy Type</u> Clinical Intervention  <u>Target Date</u> May 1, 2016									
<b>Strategy 1-1.2</b>	Families will have access to counselor/therapist on school sites so that kids do not have to leave the school for appointments.  <u>Who's Responsible</u> Community Health Centers of Southern Iowa and Mormon Trail, Central Decatur and Lamoni school systems	<u>Strategy Type</u> Clinical Intervention  <u>Target Date</u> Sep 30, 2016									
<b>Goal #2</b>	Explore the feasibility of a crisis stabilization facility for Decatur County.	<b>National Alignment</b> Healthy People 2020 is to increase the proportion of primary care facilities that provide mental health treatment on-site or by paid referral.	<b>State Alignment</b> Increase access to services and support for individuals experiencing a mental health crisis.								
<b>Objective 2-1</b>	By June 30, 2018, Decatur County will provide a full time mental health stabilization unit.	<table><tr><th>Baseline Year</th><th>Baseline Value</th><th>Target Year</th><th>Target Value</th></tr><tr><td>2016</td><td>0</td><td>2018</td><td>1</td></tr></table>	Baseline Year	Baseline Value	Target Year	Target Value	2016	0	2018	1	
Baseline Year	Baseline Value	Target Year	Target Value								
2016	0	2018	1								
<b>Strategy 2-1.1</b>	By August 31, 2016, research will be completed on these types of facilities other counties in Iowa might be providing.  <u>Who's Responsible</u> Community Health Centers of Southern Iowa and Decatur County Mental Health Services	<u>Strategy Type</u> Long-Lasting Protective Intervention  <u>Target Date</u> Aug 31, 2016									

Strategy 2-1.2 By December 2016, explore funding options for such a facility.

Strategy Type

Long-Lasting Protective Intervention

Who's Responsible

Community Health Centers of Southern Iowa and Decatur County Mental Health Services

Target Date

Dec 31, 2016

Strategy 2-1.3 By December 2016, explore the long term need for a facility in Decatur County.

Strategy Type

Long-Lasting Protective Intervention

Who's Responsible

Community Health Centers of Southern Iowa and Decatur County Mental Health Services

Target Date

Dec 31, 2016

## Community Priority

### Drug, Alcohol and tobacco abuse prevention

Goal #1		National Alignment	State Alignment			
Increase Drug, alcohol and tobacco abuse prevention in youth, adolescents and adults.		Increase the proportion of adolescents who perceive great risk associated with substance abuse. Reduce the tobacco use and initiation of tobacco use by children, adolescents and adults.	A reduction in the current youth alcohol use, prescription drug abuse, marijuana and cigarette smoking in 11th grade students.			
Objective 1-1	By December 31, 2016, increase education and clinical services for drug, alcohol and tobacco abuse prevention		Baseline Year	Baseline Value	Target Year	Target Value
			2016	2	2016	3
Strategy 1-1.1	Recruit an additional therapist/counselor	<u>Strategy Type</u> Clinical Intervention  <u>Who's Responsible</u> Community Health Services of Southern Iowa  <u>Target Date</u> Dec 31, 2016				
Strategy 1-1.2	Continue to provide tobacco education in the schools and community in Decatur County.	<u>Strategy Type</u> Counseling & Education  <u>Who's Responsible</u> Public Health, Hospital, Community Health Centers of Southern Iowa, Lamoni Family medical  <u>Target Date</u> Dec 31, 2016				
Strategy 1-1.3	Provide smoking cessation classes to patients who request them or providers indicate is needed for their patients health recovery.	<u>Strategy Type</u> Counseling & Education  <u>Who's Responsible</u> Decatur County Hospital  <u>Target Date</u> Feb 1, 2016				
Strategy 1-1.4	Provide a minimum of one wellness fair each year for all age levels.	<u>Strategy Type</u> Counseling & Education  <u>Who's Responsible</u> Hospital, Public Health, Mental Health Community Services, Community Health Centers of Southern Iowa, Lamoni Family Medical, CERT team, Graceland University, Central Decatur, Lamoni and Mormon Trail schools  <u>Target Date</u> Dec 31, 2016				

## Community Priority

### Nutritional awareness and obesity in youth and adult.

<b>Goal #1</b>	Increase nutritional awareness and obesity in youth and adults.	<b>National Alignment</b> Increase the proportion of physician office visits that include counseling or education related to nutrition or weight. Reduce proportion of children, adolescents, and adults who are obese.	<b>State Alignment</b> Increase in the proportion of adults who get the recommended levels of aerobic physical activity. Reduction in the proportion of adults who are obese. Increase in the percentage of persons who eat five or more servings of fruit and vegetables each day.								
<b>Objective 1-1</b>	By June 30, 2018, decrease obesity rates for Decatur County by 5%.	<table><tr><td>Baseline Year</td><td>Baseline Value</td><td>Target Year</td><td>Target Value</td></tr><tr><td>2016</td><td>30%</td><td>2018</td><td>25%</td></tr></table>	Baseline Year	Baseline Value	Target Year	Target Value	2016	30%	2018	25%	
Baseline Year	Baseline Value	Target Year	Target Value								
2016	30%	2018	25%								
<b>Strategy 1-1.1</b>	By February 1, 2016, begin to provide weight management classes for adults.  <u>Who's Responsible</u> Community Health Centers of Southern Iowa	<u>Strategy Type</u> Counseling & Education  <u>Target Date</u> Feb 1, 2016									
<b>Strategy 1-1.2</b>	By April 2016, all Decatur County clinical providers will prescribe exercise and Quitline Iowa for their patients that they service each day if they need it for health improvement.  <u>Who's Responsible</u> Decatur County Hospital, Community Health Centers and Lamoni Family Medical, Public Health	<u>Strategy Type</u> Counseling & Education  <u>Target Date</u> Apr 1, 2016									
<b>Strategy 1-1.3</b>	By January 1, 2016, agencies will collaborate and promote the services and educational forums with the Hy-Vee dietitian.  <u>Who's Responsible</u> Public Health, Hospital, Hy-Vee, Community Health Centers, Lamoni Family Medical, Central Decatur, Lamoni and Mormon Trail schools	<u>Strategy Type</u> Counseling & Education  <u>Target Date</u> Jan 1, 2016									
<b>Strategy 1-1.4</b>	By April 2016, update exercise brochure for facilities and trails in county, promote backpack buddies and the use of food pantries.  <u>Who's Responsible</u> Churches, Schools, Public Health, Community Health Center, Lamoni Family Medical, Hospital, SCICAP outreach center, Rotary Club, Leon and Lamoni chambers	<u>Strategy Type</u> Counseling & Education  <u>Target Date</u> Apr 1, 2016									

## Community Priority

Development of business and industry/infrastructure/economic development

<b>Goal #1</b>	Increase development of business and industry/infrastructure/economic development in Decatur County.	<b>National Alignment</b> According to the National Prevention Strategy, promote healthy and safe communities.	<b>State Alignment</b> None is listed.			
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<b>Objective 1-1</b>	By July 2016, develop business incentive kits for business expansion for future business adventures.	<b>Baseline Year</b> 2016	<b>Baseline Value</b> 0	<b>Target Year</b> 2016	<b>Target Value</b> 2
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<b>Strategy 1-1.1</b>	Complete and implement business kits for Leon and Lamoni	<b>Strategy Type</b> Counseling & Education
	<b>Who's Responsible</b> Decatur County Development Director	<b>Target Date</b> Jul 1, 2016

<b>Objective 1-2</b>	Decatur County Development will work with cities to increase small business development by 10% by end of 2018.	<b>Baseline Year</b> 2016	<b>Baseline Value</b> 0	<b>Target Year</b> 2018	<b>Target Value</b> 10%
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<b>Strategy 1-2.1</b>	Recruit and implement at least 2 new small businesses in Decatur county.	<b>Strategy Type</b> Address Social Determinant / Health Inequity
	<b>Who's Responsible</b> Decatur County Development Director	<b>Target Date</b> Jan 1, 2018

# **IV. Community Health Status**

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## Demographics

### Total Population

A total of 8,308 people live in the 531.74 square mile report area defined for this assessment according to the U.S. Census Bureau American Community Survey 2009-13 5-year estimates. The population density for Decatur County, estimated at 15.62 persons per square mile, is less than the national average population density of 88.23 persons per square mile.

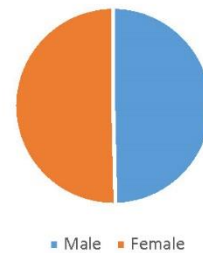
Report Area	Total Population	Total Land Area (Square Miles)	Population Density (Per Square Mile)
Decatur County	8,308	531.74	15.62
Iowa	3,062,553	55,842.35	54.84
United States	311,536,591	3,530,997.6	88.23

Data Source: US Census Bureau, American Community Survey. 2009-13. Source geography: Tract

### Total Population by Gender

Report Area	Male	Female	Percent Male	Percent Female
Decatur County	4,125	4,183	49.65%	50.35%
Iowa	1,516,152	1,546,401	49.51%	50.49%
United States	153,247,408	158,289,184	49.19%	50.81%

### Total Population by Gender



### Total Population by Age Group

Report Area	Age 0-4	Age 5-17	Age 18-24	Age 25-34	Age 35-44	Age 45-54	Age 55-64	Age 65
Decatur County	489	1,385	1,224	749	853	1,018	1,068	1,522
Iowa	197,610	527,412	310,812	386,455	363,229	430,040	385,271	461,724
United States	20,052,112	53,825,364	31,071,264	41,711,276	40,874,160	44,506,268	37,645,104	41,851,040

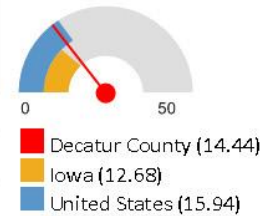
## Social Economic Factors

Economic and social insecurity often are associated with poor health. Poverty, unemployment, and lack of educational achievement affect access to care and a community's ability to engage in healthy behaviors. Ensuring access to social and economic resources provides a foundation for a healthy community.

### Food Insecurity Rate

This indicator reports the estimated percentage of the population that experienced food insecurity at some point during the report year. Food insecurity is the household-level economic and social condition of limited or uncertain access to adequate food.

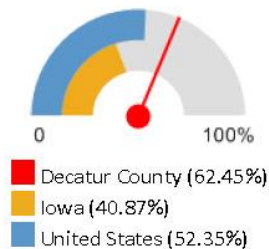
Report Area	Total Population	Food Insecure Population, Total	Food Insecure Population, Percent
Decatur County	8,382	1,210	14.44%
Iowa	3,074,186	389,730	12.68%
United States	313,281,717	49,943,940	15.94%



Data Source: Feeding America, 2012. Source geography: County

### Children Eligible for Free/Reduced Lunches

Within the report area 780 public school students or 62.45% are eligible for Free/Reduced Price lunch out of 1,249 total students enrolled. This indicator is relevant because it assesses vulnerable populations which are more likely to have multiple health access, health status, and social support needs. Additionally, when combined with poverty data, providers can use this measure to identify gaps in eligibility and enrollment.



Report Area	Total Students	Number Free/Reduced Price Lunch Eligible	Percent Free/Reduced Price Lunch Eligible
Decatur County	1,249	780	62.45%
Iowa	494,278	201,703	40.87%
United States	50,195,195	26,012,902	52.35%

### High School Graduation Rate

Within the report area 93.3% of students are receiving their high school diploma within four years. This is greater than the Healthy People 2020 target of 82.4%. This indicator is relevant because research suggests education is one the strongest predictors of health.

Report Area	Average Freshman Base Enrollment	Estimated Number of Diplomas Issued	On-Time Graduation Rate
Decatur County	116	108	93.3
Iowa	39,571	33,926	85.7
United States	4,024,345	3,039,015	75.5

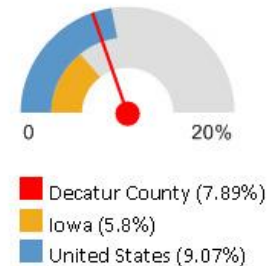
Data Source: National Center for Education Statistics, NCES - Common Core of Data, 2008-09. Source geography: County

### Households with No Motor Vehicle

This indicator reports the number and percentage of households with no motor vehicle based on the latest 5-year American Community Survey estimates.

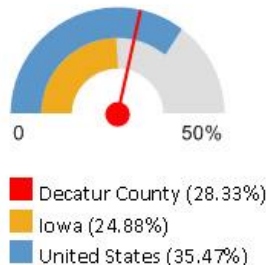
Report Area	Total Occupied Households	Households with No Motor Vehicle	Percentage of Households with No Motor Vehicle
Decatur County	3,106	245	7.89%
Iowa	1,226,547	71,136	5.8%
United States	115,610,216	10,483,077	9.07%

Data Source: US Census Bureau, American Community Survey, 2009-13. Source geography: Tract



### Housing Cost Burden (30%)

This indicator reports the percentage of the households where housing costs exceed 30% of total household income. This indicator provides information on the cost of monthly housing expenses for owners and renters. The information offers a measure of housing affordability and excessive shelter costs. The data also serve to aid in the development of housing programs to meet the needs of people at different economic levels.



Report Area	Total Households	Cost Burdened Households (Housing Costs Exceed 30% of Income)	Percentage of Cost Burdened Households (Over 30% of Income)
Decatur County, IA	3,106	880	28.33%
Iowa	1,226,547	305,170	24.88%
United States	115,610,224	41,002,236	35.47%

Data Source: US Census Bureau, American Community Survey, 2009-13.

Source geography: Tract

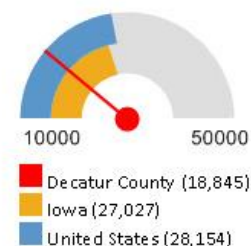
### Per Capita Income

The per capita income for the report area is \$18,845. This includes all reported income from wages and salaries as well as income from self-employment, interest or dividends, public assistance, retirement, and other sources. The per capita income in this report area is the average (mean) income computed for every man, woman, and child in the specified area.

Report Area	Total Population	Total Income (\$)	Per Capita Income (\$)
Decatur County, IA	8,308	\$156,567,200	\$18,845
Iowa	3,062,553	\$82,772,598,784	\$27,027
United States	311,536,608	\$8,771,308,355,584	\$28,154

Data Source: US Census Bureau, American Community Survey, 2009-13.

Source geography: Tract



### Population Receiving Medicaid

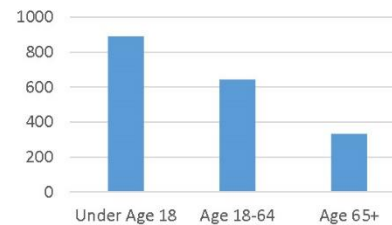
This indicator reports the percentage of the population with insurance enrolled in Medicaid (or other means-tested public health insurance). This indicator is relevant because it assesses vulnerable populations which are more likely to have multiple health access, health status, and social support needs; when combined with poverty data, providers can use this measure to identify gaps in eligibility and enrollment.

Report Area	Total Population (For Whom Insurance Status is Determined)	Population with Any Health Insurance	Population Receiving Medicaid	Percent of Insured Population Receiving Medicaid
Decatur County	8,196	6,978	1,857	26.61%
Iowa	3,016,863	2,757,233	469,369	17.02%
United States	306,448,480	260,878,816	52,714,280	20.21%

Data Source: US Census Bureau, American Community Survey. 2009-13. Source geography: Tract

### Population Receiving Medicaid by Age Group

Report Area	Under Age 18	Age 18 - 64	Age 65
Decatur County	885	642	330
Iowa	231,148	181,871	56,350
United States	26,509,624	20,304,530	5,900,133



### Population with No High School Diploma

Within the report area there are 782 persons aged 25 and older without a high school diploma (or equivalency) or higher. This represents 15.01% of the total population aged 25 and older. This indicator is relevant because educational attainment is linked to positive health outcomes.

Report Area	Total Population Age 25	Population Age 25 with No High School Diploma	Percent Population Age 25 with No High School Diploma
Decatur County	5,210	782	15.01%
Iowa	2,026,719	183,061	9.03%
United States	206,587,856	28,887,720	13.98%

Data Source: US Census Bureau, American Community Survey. 2009-13. Source geography: Tract

### Teen Births

This indicator is relevant because in many cases, teen parents have unique social, economic, and health support services, and may indicate the prevalence of unsafe sex practices.

Report Area	Female Population Age 15 - 19	Births to Mothers Age 15 - 19	Teen Birth Rate
Decatur County	354	10	28.2
Iowa	105,598	3,157	29.9
United States	10,736,677	392,962	36.6

Data Source: US Department of Health Human Services, Health Indicators Warehouse. Centers for Disease Control and Prevention, National Vital Statistics System. Accessed via CDC WONDER. 2006-12. Source geography: County

### Unemployment Rates

Total unemployment in the report area for the current month was 189, or 4.2% of the civilian non-institutionalized population age 16 and older (non-seasonally adjusted). This indicator is relevant because unemployment creates financial instability and barriers to access including insurance coverage, health services, healthy food, and other necessities that contribute to poor health status.

Report Area	Labor Force	Number Employed	Number Unemployed	Unemployment Rate
Decatur County, IA	4,484	4,295	189	4.2
Iowa	1,722,233	1,649,396	72,837	4.2
United States	159,009,707	148,523,945	10,485,762	6.6

*Data Source: US Department of Labor, Bureau of Labor Statistics. 2015 - July. Source geography: County*

## Access to Primary Care

This indicator reports the number of primary care physicians per 100,000 population. Doctors classified as "primary care physicians" by the AMA include: General Family Medicine MDs and DOs, General Practice MDs and DOs, General Internal Medicine MDs and General Pediatrics MDs. Physicians age 75 and over and physicians practicing sub-specialties within the listed specialties are excluded. This indicator is relevant because a shortage of health professionals contributes to access and health status issues.

Report Area	Total Population, 2012	Primary Care Physicians, 2015	Primary Care Physicians, Rate per 100,000 Pop.
Decatur County	8,253	4	48.5
Iowa	3,074,186	2,236	72.7
United States	313,914,040	233,862	74.5

*Data Source: US Department of Health Human Services, Health Resources and Services Administration, Area Health Resource File. 2012. Source geography: County*



## Health Behaviors/Outcomes

### Tobacco Usage

In the report area an estimated 1,244, or 19% of adults age 18 or older self-report currently smoking cigarettes some days or every day. This indicator is relevant because tobacco use is linked to leading causes of death such as cancer and cardiovascular disease.

Report Area	Total Population Age 18	Total Adults Regularly Smoking Cigarettes	Percent Population Smoking Cigarettes (Crude)	Percent Population Smoking Cigarettes (Age-Adjusted)
Decatur County	6,548	1,244	19%	18.6%
Iowa	2,307,562	403,823	17.5%	18.1%
United States	232,556,016	41,491,223	17.8%	18.1%

Data Source: Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System. Accessed via the Health Indicators Warehouse. US Department of Health Human Services, Health Indicators Warehouse. 2006-12. Source geography: County

### Adult Diabetes

This indicator reports the percentage of adults aged 20 and older who have ever been told by a doctor that they have diabetes. This indicator is relevant because diabetes is a prevalent problem in the U.S.; it may indicate an unhealthy lifestyle and puts individuals at risk for further health issues.

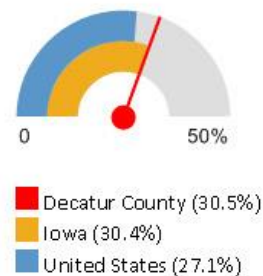
Report Area	Total Population Age 20	Population with Diagnosed Diabetes	Population with Diagnosed Diabetes, Crude Rate	Population with Diagnosed Diabetes, Age-Adjusted Rate
Decatur County	5,990	623	10.4	8.8%
Iowa	2,257,885	214,520	9.5	8.45%
United States	234,058,710	23,059,940	9.85	9.11%

Data Source: Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion. 2012. Source geography: County

### Obesity

30.5% of adults aged 20 and older self-report that they have a Body Mass Index (BMI) greater than 30.0 (obese) in the report area. Excess weight may indicate an unhealthy lifestyle and puts individuals at risk for further health issues.

Report Area	Total Population Age 20	Adults with BMI > 30.0 (Obese)	Percent Adults with BMI > 30.0 (Obese)
Decatur County	5,980	1,836	30.5%
Iowa	2,259,684	693,423	30.4%
United States	231,417,834	63,336,403	27.1%



# **V. Inventory of Community Health Resources**

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Decatur County		
Inventory of Providers		
Nathan Allen, DO	CHCSI	Family Practice
Mark Easter, DO	CHCSI	Family Practice
Larry Richards, MD	CHCSI	Family Practice
Michael Foote, DO	DCH	Internal Medicine
Edwin Wehling, DO	DCH	General/Vascular Surgeon
Eugene Yoder, ARNP	DCH	Emergency Services
Christine Roshier, ARNP	DCH	Emergency Services
Dawn Stout, ARNP	DCH	Emergency Services
Jenifer Grissom, ARNP	CHCSI	Family Practice
Terrilee Jackel, ARNP	CHCSI	Family Practice
Jennifer Spoerl, ARNP	CHCSI	Family Practice
Andrew Sullivan, PA-C	CHCSI	Family Practice
Shaheedah Boles, ARNP	CHCSI	Behavioral Health
Evelyn Conrad, LISW	CHCSI	Behavioral Health
Richard Davenport, LMHC	CHCSI	Behavioral Health
Rebecca DeVine, PMHNP, DNP	CHCSI	Behavioral Health
Matthew Dzak, Psy.D, LMHC, LPC	CHCSI	Behavioral Health
Melissa Groh, LMSW	CHCSI	Behavioral Health
Shobhit Negi, MD	CHCSI	Behavioral Health
John Young, MS, LMHC, RPT	CHCSI	Behavioral Health
Robert Smith, DDS	CHCSI	Dental
<b>Visiting Providers:</b>		
Anne Nelson, PA-C	DCH	Dermatology
Brian L. Gallagher, MD	DCH	Urology
Curtis Pargeon HIS, COHC	DCH	Hearing Specialist
Daniel J. Barth, DO	DCH	Pulmonology
Joel From, MD	DCH	Cardiology
Randy J. Metzger, DPM	DCH	Podiatry
Robert Shreck, MD	DCH	Oncology
Stephen R. Griffith, MD	DCH	Ears, Nose, and Throat
Timothy Kenney, MD	DCH	Orthopaedic
Jaw Brewer, CRNA	DCH	Pain Services

## Health Services Directory

### Assisted Living

Lamoni Assisted Living  
810 E 3<sup>rd</sup> Street  
Lamoni, IA 50140  
(641) 784-8910

Terrace Park Assisted Living  
201 SW Lorraine Street  
Leon, IA 50144  
(641) 446-8396  
[www.terracepark.leoncarecenters.com](http://www.terracepark.leoncarecenters.com)

### Chiropractor

Heffron Chiropractic Leon  
311 N Main Street  
Leon, IA 50144  
(641) 446-3131

Lamoni Chiropractic Center  
303 S Linden Street  
Lamoni, IA 50140  
(641) 784-6677

### Clinics

Community Health Centers of Southern Iowa  
802 Ackerly Street  
Lamoni, IA 50140  
(641) 784-3371  
[www.chcsi.org](http://www.chcsi.org)

Community Health Centers of Southern Iowa  
302 NE 14<sup>th</sup> Street  
Leon, IA 50144  
(641) 446-2383  
[www.chcsi.org](http://www.chcsi.org)

Family Health Clinic  
1332 E Main Street  
Lamoni, IA 50140  
(641) 784-7526

### Clinics – Specialty

Decatur County Hospital  
1405 NW Church Street  
Leon, IA 50144  
(641) 446-4871

### Dentist

Community Health Centers of Southern Iowa  
307 NE 14<sup>th</sup> Street  
Leon, IA 50144  
(641) 446-2383

Lesan Denistry  
1330 E Main Street  
Lamoni, IA 50140

### Fitness Center

Decatur County Public Health Wellness Center  
207 NE Idaho Street  
Leon, IA 50144  
(641) 446-6518  
[www.decaturcountyiowa.org](http://www.decaturcountyiowa.org)

The Wellness Club  
Lamoni Chiropractic Center  
303 S Linden Street  
Lamoni, IA 50140  
(641) 784-6677

### Home Health & Hospice

Care Initiatives Hospice  
122 Public Square  
Greenfield, IA 50849  
(877) 577-8555  
[www.careinitiativeshospice.org](http://www.careinitiativeshospice.org)

Circle of Life Hospice  
220 Northwestern Avenue  
Chariton, IA 50049  
(877) 574-3490

## Health Services Directory

Decatur County Public Health & Home Care  
207 NE Idaho Street  
Leon, IA 50144  
(641) 784-6677

HCI Care Services  
107 S Fillmore Street  
Mt Ayr, IA 50854  
(641) 464-2088  
[www.hcicare services.org](http://www.hcicare services.org)

South Central Home Health Care  
303 SW Lorraine Street  
Leon, IA 50144  
(641) 446-8953

### Hospital

Decatur County Hospital  
1405 NW Church Street  
Leon, IA 50144  
(641) 446-4871  
[www.decaturcountyhospital.org](http://www.decaturcountyhospital.org)

### Law Enforcement

Lamoni City Police  
135 S Linden Street  
Lamoni, IA 50140  
(641) 784-8711

Leon City Police  
104 W 1<sup>st</sup> Street  
Leon, IA 50144  
(641) 446-7733

### Mental Health

Community Health Centers of Southern Iowa  
802 Ackerly Street  
Lamoni, IA 50140  
(641) 784-3371

Community Health Centers of Southern Iowa  
303 NE 14<sup>th</sup> Street  
Leon, IA 50144  
(641) 446-2383

CROSS Mental Health Region – Decatur County  
201 NE Idaho St.  
Leon, IA 50144  
Phone 641-446-7178  
[www.crossmentalhealth.org](http://www.crossmentalhealth.org)

### Nursing Home

Lamoni Nursing and Rehab Center  
215 S Oak Street  
Lamoni, IA 50140  
(641) 784-3388  
[www.careinitatives.org](http://www.careinitatives.org)

Westview Acres Care Center  
203 SW Lorraine Street  
Leon, IA 50144  
(641) 446-4165  
[www.iowacare.com](http://www.iowacare.com)

### Pharmacy

Hy-Vee Pharmacy – Lamoni  
101 E Main Street  
Lamoni, IA 50140  
(641) 784-6322  
[www.hy-vee.com](http://www.hy-vee.com)

Hy-Vee Pharmacy – Leon  
204 N Main Street  
Leon, IA 50144  
(641) 446-4136  
[www.hy-vee.com](http://www.hy-vee.com)

### Public Health

Decatur County Public Health  
207 NE Idaho Street  
Leon, IA 50144  
(641) 446-6518