

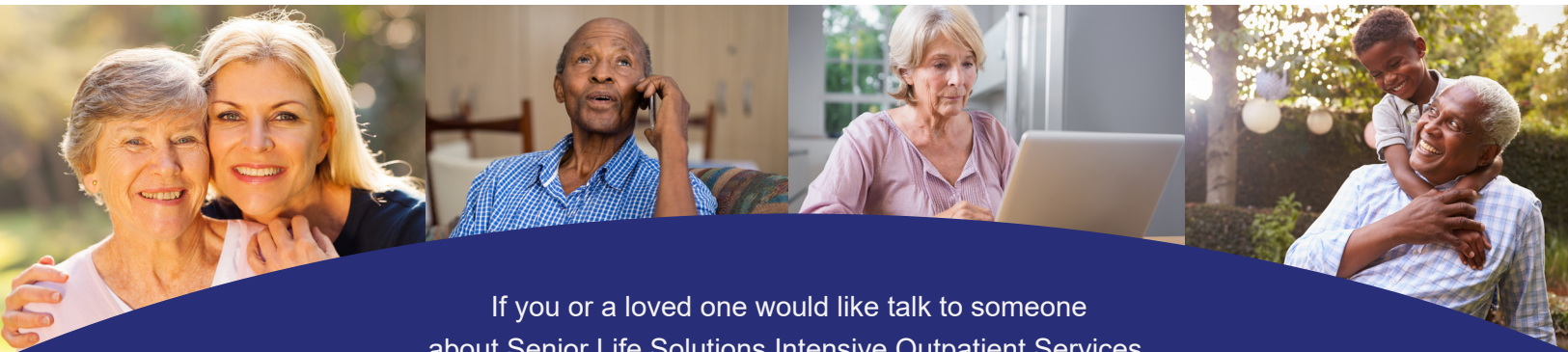


# Emotional Support From the Comfort of Your Home

Receive emotional support in real-time using your telephone or computer, without the need to meet in person. Our Teletherapy services are private, efficient, flexible, and keep you safe in your home.

**Senior Life Solutions is designed to help individuals experiencing any of the following:**

- Physical limitations requiring emotional support
- Fear of leaving home/isolation
- Recently experienced a traumatic event
- Lost a spouse or close family member
- Caretakers who need emotional support
- Loss of interest in previously enjoyed activities
- Changes in appetite
- Difficulty sleeping
- Feeling loss of independence
- Loss of energy



If you or a loved one would like talk to someone about Senior Life Solutions Intensive Outpatient Services,

**contact us at:**

All phone calls are confidential.

Our staff includes a board-certified psychiatrist, licensed social workers and therapists, and a registered nurse.

