

# Community Health Needs Assessment Decatur County, IA

On Behalf of Decatur County Hospital



**April 2025** 

VVV Consultants LLC Olathe, KS

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# I. Executive Summary

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## I. Executive Summary

## **Decatur County Hospital Health Needs Assessment (CHNA)**

The previous Community Health Needs Assessment for Decatur County Hospital and its primary service area was completed in 2022. (Note: The Patient Protection and Affordable Care Act (ACA) requires non-profit hospitals to conduct a CHNA every three years and adopt an implementation strategy to meet the needs identified by the CHNA). The Round 5 Decatur County, IA CHNA began in September of 2024 and was facilitated/created by VVV Consultants, LLC (Olathe, KS) staff under the direction of Vince Vandehaar, MBA.

Creating healthy communities requires a high level of mutual understanding and collaboration among community leaders. The development of this assessment brings together community health leaders, providers, and other residents to research and prioritize county health needs while documenting community health delivery success. This health assessment will serve as the foundation for community health improvement efforts for the next three years.

Important community CHNA Benefits for both the local hospital and the health department, are as follows: 1.) Increases knowledge of community health needs and resources 2.) Creates a common understanding of the priorities of the community's health needs 3.) Enhances relationships and mutual understanding between and among stakeholders 4.) Provides a basis upon which community stakeholders can make decisions about how they can contribute to improving the health of the community 5.) Provides rationale for current and potential funders to support efforts to improve the health of the community 6.) Creates opportunities for collaboration in delivery of services to the community and 7.) Guides the hospital and local health department on how they can align their services and community benefit programs to best meet needs, and 8.) fulfills the Hospital's "Mission" to deliver.

## **County Health Area of Future Focus on Unmet Needs**

Area Stakeholders held a community conversation to review, discuss, and prioritize health delivery. Below are two tables reflecting community views and findings:

	Decatur County Hospital IA PSA								
	2025 CHNA Unmet Needs - Town Hall 2/13/25								
De	Decatur County IA (30 Zoom Attendees with 24 Voters, 134 Total Stakeholder Votes)								
#	Community Health Needs to Change and/or Improve Votes % Accum								
1	Mental Health (Dia, Placement, Aftercare, Providers)	15	11%	11%					
2	Cancer & Chronic Disease Management	14	10%	22%					
3	Substance Abuse (Alcohol & Drugs)	13	10%	31%					
4	Lack of Optometry / Ophthalmology Services	12	9%	40%					
5	Housing (Accessible, Affordable, Quality)	12	9%	49%					
6	Obesity (Fitness & Nutrition)	10	7%	57%					
7	Lack of Providers / Qualified Staff	10	7%	64%					
8	Child Care (Accessible, Affordable, Safe)	9	7%	71%					
9	Dentist	8	6%	77%					
10	Home Health	7	5%	82%					
	Total Votes	134							
Ot	Other Items receiving votes: Awareness of Health Care Services (Preventative Health/Wellness), Abuse / Violence, Veteran Services, Senior Living Options, Food Insecurity, Water Quality								

## **Town Hall CHNA Findings: Areas of Strengths**

	Decatur County IA - Community Health Strengths								
#	Topic	#	Topic						
1	Access to health care	6	Pharmacy (extended hours)						
2	Chronic disease management education	7	Primary Care						
3	Collaboration	8	Recreation						
4	Emergency Department	9	Telehealth						
5	Hospital (Quality & Facility)	10	Transportation van						

## **Key CHNA Round #5 Secondary Research Conclusions found:**

**IOWA HEALTH RANKINGS:** According to the 2023 Robert Woods Johnson County Health Rankings, Decatur Co, IA, on average was ranked 91<sup>st</sup> in Health Outcomes, 87<sup>th</sup> in Health Factors, and 92<sup>nd</sup> in Physical Environmental Quality out of the 99 Counties.

- **TAB 1.** Decatur County's population is 7,665 (based on 2023 findings). About six percent (5.8%) of the population is under the age of 5, while the population that is over 65 years old is 21.4%. Children in single parent households make up a total of 8.8% compared to the rural norm of 16.9%, and 82.1% are living in the same house as one year ago.
- **TAB 2.** In Decatur County, the average per capita income is \$26,334 while 17.9% of the population is in poverty. The severe housing problem was recorded at 12.8% compared to the rural norm of 11.8%. Those with food insecurity in Decatur County is 9.6%, and those having limited access to healthy foods (store) are 3.5%. Individuals recorded as having a long commute while driving alone is 31.8% compared to the norm of 27.1%.
- **TAB 3.** Children eligible for a free or reduced-price lunch in Decatur County is 54.6%. Findings found that 89.1% of Decatur County ages 25 and above graduated from high school while 24.9% have a bachelor's degree or higher (2022).
- **TAB 4.** The rate per 1,000 births where prenatal care began in the first trimester was recorded at 618 compared to the rural norm of 723.5. Additionally, the percentage of births with low birth weight was 8.6%. Decatur County recorded a rate of 36.4 per 1,000 births occurring to teens between ages 15-19. The rate of births where mother smoked during pregnancy was 187.9 compared to the rural norm of 120.6.
- **TAB 5.** The Decatur County primary care service coverage ratio is 1 provider (county based officed physician who is a MD and/or DO) to 3,830 residents. There were 1,869 preventable hospital stays compared to the rural norm of 2,123. Patients who gave their hospital a rating of 9 or 10 (scale 0-10) was 83% while patients who reported they would definitely recommend the hospital was recorded at 76%.

## **Secondary Research Continued**

- **TAB 6.** In Decatur County, adults diagnosed with depression as of 2021 was 19.3%. The average number of mentally unhealthy days as of 2020 was 4.8 compared to the rural norm of 4.7.
- **TAB 7a 7b.** Decatur County has an obesity percentage of 38.2% and a physical inactivity percentage is 26.6%. The percentage of adults who smoke is 19.3%, while the excessive drinking percentage is 19.6%. Those with kidney diseases are 2.8%. The percentage of adult individuals who were recorded with cancer was 6.4% while adults recorded with diabetes (20+) is 9.3% compared to the rural norm of 9.2%.
- **TAB 8.** The adult uninsured rate for Decatur County is 7.7% compared to the rural norm of only 7.2%.
- **TAB 9.** The life expectancy rate in Decatur County for males and females is roughly 78 years of age (77.7). Alcohol-impaired driving deaths for Decatur County is 15.4% while age-adjusted Cancer Mortality rate per 100,000 is 170.2. The age-adjusted heart disease mortality rate per 100,000 is at 180.5.
- **TAB 10.** A recorded 62.6% of Decatur County has access to exercise opportunities. Continually, 39% of women have done a mammography screening compared to the rural norm of 46.9%. Adults recorded in Decatur County who have had a regular routine check-up is 72.1%.

**Social Determinants Views Driving Community Health:** From Town Hall conversations the Economy followed by Neighborhood and Physical Environment, Community/Social Support, and Health Care System are impacting community health, see Sec V for a detailed analysis.

**Social Determinants Online Community** 

#### Feedback – Decatur County IA (N=109) The social determinants of health \$ Neighborhood and Physical System Context Literacy Health coverage + Employment Housing Spriel integration · Transportation · Language · Income Access to healthy options · Support systems availability · Expenses · Safety · Early childhood education Community · Provider bias · Debt · Parks engagement · Vocational Provider cultural Medical bills Playgrounds Discrimination training and linguistic · Support Walkability competency · Higher · Quality of care "KEY" Social Determinant Takeaways to Improve Our Community Health Collaboration with and consistent follow up with If there were better opportunities for businesses to community health partners/providers. This can ensure the come in that would provide jobs, that would help whole patient is being treated, including SDOH gaps. economic stability Limited availability for quality food in these areas leading to poor health. Vegetables and fruits and such are more Education in the areas of healthy lifestyles including expensive than what food stamps is allowing. Also physical, emotional and mental wages are not supportable for the living economy Improved coordination between the clinic, hospital it would be awesome to have a community center/ and public health. A housing development for young exercise facility that is open to the public professionals would be a great addition to help recruit new families

## **Key CHNA Round #5 Primary Research Conclusions found:**

Community Feedback from residents, community leaders, and providers (N=109) provided the following community insights via an online perception survey:

- Using a Likert scale, the average between Decatur County stakeholders and residents that would rate the overall quality of healthcare delivery in their community as either Very Good or Good; is 69.2%.
- Decatur County stakeholders are very satisfied with some of the following services: Ambulance Services, Emergency Room, Telehealth, Inpatient Hospital Services, Outpatient Hospital Services, and Visiting Specialists.
- When considering past CHNA needs, the following topics came up as the most pressing: Child Care (Accessible, Affordable, Safe), Lack of Optometry / Opthamology Services, Mental Health (Diagnosis, Placement, Aftercare, Providers), Housing (Accessible, Affordable, Safe), and Dentists.

	Past CHNA Unmet Needs Identified	Ongoi	ng Proble	m	Pressing
Rank	Ongoing Problem	Votes	%	Trend	Rank
1	Child Care (Accessible, Affordable, Safe)	47	9.3%		1
2	Lack of Optometry / Ophthalmology Services	39	7.7%		2
3	Housing (Accessible, Affordable, Safe)	25	5.0%		4
4	Mental Health (Diagnosis, Placement, Aftercare, Providers)	24	4.8%		3
5	Dentists	24	4.8%		5
6	Food Insecurity	20	4.0%		6
7	Healthcare Staffing	20	4.0%		14
8	Obesity (Nutrition/Exercise)	20	4.0%		9
9	Substance Abuse (Alcohol/Drugs)	16	3.2%		16
10	Senior Living Options	15	3.0%		7
11	Water	15	3.0%		8
12	Primary Care	15	3.0%		19
13	Offer more assisted living options	15	3.0%		11
14	Awareness of Health Services	14	2.8%		12
15	Poverty	14	2.8%		10
16	Public Health Perception (encourage patients to seek care in Decat	12	2.4%		20
17	Collaboration and Communication of Healthcare Partners	12	2.4%		13
18	Healthcare Literacy	12	2.4%		30
19	Provide Adult Day Care Services	12	2.4%		15
Lam C vac	ners: Local Leon DHS office, Prenatal/Postnatal Care, Senior Exercise, Open on iftness center, Economic Development/Employment Readiness, Access to DHS enrollment. Disadvantage Population, Suicide, Amish (No insurance or ccinations), Expand Medicaid, Offer new patient health education, Healthcare ransportation, Medicaid enrollment, Meal Coordination, Visiting Specialists, Incerase Amish Healthcare services/education, Improve IA works.				

# II. Methodology

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## II. Methodology

## a) CHNA Scope and Purpose

The federal Patient Protection and Affordable Care Act (ACA) requires that each registered 501(c)3 hospital conduct a Community Health Needs Assessment (CHNA) at least once every three years and adopt a strategy to meet community health needs. Any hospital that has filed a 990 is required to conduct a CHNA. IRS Notice 2011-52 was released in late fall of 2011 to give notice and request comments.

## JOB #1: Meet/Report IRS 990 Required Documentation

- 1. A <u>description of the community served</u> by the facility and how the community was determined:
- 2. A <u>description of the process</u> and methods used to conduct the CHNA;
- 3. The <u>identity of any and all organizations</u> with which the organization collaborated and third parties that it engaged to assist with the CHNA;
- **4.** A <u>description of how</u> the organization considered the input of persons representing the community (e.g., through meetings, focus groups, interviews, etc.), who those persons are, and their qualifications;
- **5.** A <u>prioritized description of all of the community needs</u> identified by the CHNA and an explanation of the process and criteria used in prioritizing such needs; and
- **6.** A <u>description of the existing health care facilities and other resources within the community</u> available to meet the needs identified through the CHNA.

Section 501(r) provides that a CHNA must take into account input from persons who represent the broad interests of the community served by the hospital facility, including individuals with special knowledge of or expertise in public health. Under the Notice, the persons consulted must also include: Government agencies with current information relevant to the health needs of the community and representatives or members in the community who are medically underserved, low-income, minority populations, and populations with chronic disease needs. In addition, a hospital organization may seek input from other individuals and organizations located in or serving the hospital facility's defined community (e.g., health care consumer advocates, academic experts, private businesses, health insurance and managed care organizations, etc.).

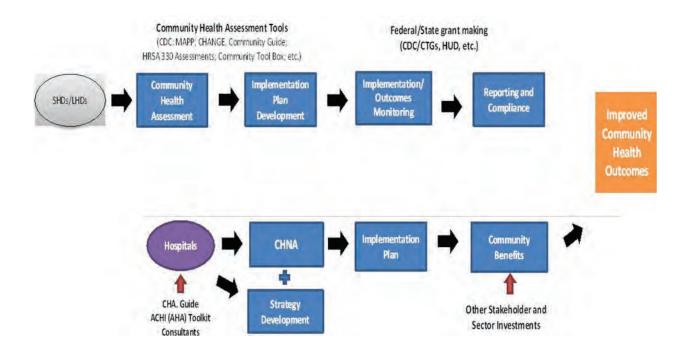
## JOB #2: Making a CHNA Widely Available to the Public

The Notice provides that a CHNA will be considered to be "conducted" in the taxable year that the written report of the CHNA findings is made widely available to the public. The Notice also indicates that the IRS intends to pattern its rules for **making a CHNA** "widely available to the **public**" after the rules currently in effect for Form 990. Accordingly, an organization would make a **facility's written report** widely available by posting the final report on its website either in the form of (1) the report itself, in a readily accessible format or (2) a link to another organization's website, along with instructions for accessing the report on that website. The Notice clarifies that an organization must post the CHNA for each facility until the date on which its subsequent CHNA for that facility is posted.

## JOB #3: Adopt an Implementation Strategy by Hospital

Section 501(r) requires a hospital organization to adopt an implementation strategy to meet the needs identified through each CHNA. The Notice defines an "implementation strategy" as a written plan that addresses each of the needs identified in a CHNA by either (1) describing how the facility plans to meet the health need or (2) identifying the health need as one that the facility does not intend to meet and explaining why the facility does not intend to meet it. A hospital organization may develop an implementation strategy in collaboration with other organizations, which must be identified in the implementation strategy. As with the CHNA, a hospital organization that operates multiple hospital facilities must have a separate written implementation strategy for each of its facilities.

Great emphasis has been given to work hand-in-hand with leaders from hospitals, the state health department and the local health department. A common approach has been adopted to create the CHNA, leading to aligned implementation plans and community reporting.



## IRS Requirements Overview (Notice 2011-52)

Notice and Request for Comments Regarding the Community Health Needs Assessment Requirements for Tax-exempt Hospitals

## Applicability of CHNA Requirements to "Hospital Organizations"

The CHNA requirements apply to "hospital organizations," which are defined in Section 501(r) to include (1) organizations that operate one or more state-licensed hospital facilities, and (2) any other organization that the Treasury Secretary determines is providing hospital care as its principal function or basis for exemption.

#### How and When to Conduct a CHNA

Under Section 501(r), a hospital organization is required to conduct a CHNA for each of its hospital facilities once every three taxable years. The CHNA must take into account input from persons representing the community served by the hospital facility and must be made widely available to the public. The CHNA requirements are effective for taxable years beginning after March 23, 2012. As a result, a hospital organization with a June 30 fiscal year end must complete a CHNA full report every 3 years for each of its hospital facilities by fiscal June 30th.

## **Determining the Community Served**

A CHNA must identify and assess the health needs of the **community served** by the hospital facility. Although the Notice suggests that geographic location should be the primary basis for defining the community served, it provides that the organization may also take into account the target populations served by the facility (e.g., children, women, or the aged) and/or the facility's principal functions (e.g., specialty area or targeted disease). A hospital organization, however, will not be permitted to define the community served in a way that would effectively circumvent the CHNA requirements (e.g., by excluding medically underserved populations, low-income persons, minority groups, or those with chronic disease needs).

## **Persons Representing the Community Served**

Section 501(r) provides that a CHNA must take into account input from persons who represent the broad interests of the community served by the hospital facility, including individuals with special knowledge of or expertise in public health. Under the Notice, the persons consulted must also include: (1) government agencies with current information relevant to the health needs of the community and (2) representatives or members of medically underserved, low-income, and minority populations, and populations with chronic disease needs, in the community. In addition, a hospital organization may seek input from other individuals and organizations located in or serving the hospital facility's defined community (e.g., health care consumer advocates, academic experts, private businesses, health insurance and managed care organizations, etc.).

## **Required Documentation**

The Notice provides that a hospital organization will be required to separately document the CHNA for each of its hospital facilities in a **written report** that includes the following information: 1) a description of the community served by the facility and how the community was determined; 2) a description of the process and methods used to conduct the CHNA; 3) the identity of any and all organizations with which the organization collaborated and third parties that it engaged to assist with the CHNA; 4) a description of how the organization considered the input of persons representing the community (e.g., through meetings, focus groups, interviews, etc.), who those persons are, and their qualifications; 5) a prioritized

description of all of the community needs identified by the CHNA and an explanation of the process and criteria used in prioritizing such needs; and 6) a description of the existing health care facilities and other resources within the community available to meet the needs identified through the CHNA.

## Making a CHNA Widely Available to the Public

The Notice provides that a CHNA will be considered to be "conducted" in the taxable year that the written report of the CHNA findings is made widely available to the public. The Notice also indicates that the IRS intends to pattern its rules for making a CHNA "widely available to the public" after the rules currently in effect for Forms 990. Accordingly, an organization would make a facility's written report widely available by posting on its website either (1) the report itself, in a readily accessible format, or (2) a link to another organization's website, along with instructions for accessing the report on that website. The Notice clarifies that an organization must post the CHNA for each facility until the date on which its subsequent CHNA for that facility is posted.

## How and When to Adopt an Implementation Strategy

Section 501(r) requires a hospital organization to adopt an implementation strategy to meet the needs identified through each CHNA. The Notice defines an "implementation strategy" as a written plan that addresses each of the needs identified in a CHNA by either (1) describing how the facility plans to meet the health need, or (2) identifying the health need as one that the facility does not intend to meet and explaining why the facility does not intend to meet it. A hospital organization may develop an implementation strategy in collaboration with other organizations, which must be identified in the implementation strategy. As with the CHNA, a hospital organization that operates multiple hospital facilities must have a separate written implementation strategy for each of its facilities.

Under the Notice, an implementation strategy is considered to be "adopted" on the date the strategy is approved by the organization's board of directors or by a committee of the board or other parties legally authorized by the board to act on its behalf. Further, the formal adoption of the implementation strategy must occur by the end of the same taxable year in which the written report of the CHNA findings was made available to the public. For hospital organizations with a June 30 fiscal year end, that effectively means that the organization must complete and appropriately post its first CHNA no later than its fiscal year ending June 30, 2013, and formally adopt a related implementation strategy by the end of the same tax year. This final requirement may come as a surprise to many charitable hospitals, considering Section 501(r) contains no deadline for the adoption of the implementation strategy.

## IRS Community Health Needs Assessment for Charitable Hospital Organizations - Section 501(0(3) Last Reviewed or Updated: 21-Aug-2020

In addition to the general requirements for tax exemption under Section 501(c)(3) and Revenue Ruling 69-545hospital organizations must meet the requirements imposed by Section 501(r) on a facility-by-facility basis in order to be treated as an organization described in Section 501(c)(3). These additional requirements are:

- 1. Community Health Needs Assessment (CHNA) Section 501(r)(3),
- 2. Financial Assistance Policy and Emergency Medical Care Policy Section 501(r)(4),
- 3. Limitation on Charges Section 501(r)(5), and
- 4. Billing and Collections Section 501(r)(6).

Medically underserved populations include populations experiencing health disparities or that are at risk of not receiving adequate medical care because of being uninsured or underinsured, or due to geographic, language, financial, or other barriers. Populations with language barriers include those with limited English proficiency. Medically underserved populations also include those living within a hospital facility's service area but not receiving adequate medical care from the facility because of cost, transportation difficulties, stigma, or other barriers.

Additionally, in determining its patient populations for purposes of defining its community, a hospital facility must take into account all patients without regard to whether (or how much) they or their insurers pay for the care received or whether they are eligible for assistance under the hospital facility's financial assistance policy. If a hospital facility consists of multiple buildings that operate under a single state license and serve different geographic areas or populations, the community served by the hospital facility is the aggregate of these areas or populations.

## **Additional Sources of Input**

In addition to soliciting input from the three required sources, a hospital facility may solicit and take into account input received from a broad range of persons located in or serving its community. This includes, but is not limited to:

- Health care consumers and consumer advocates
- Nonprofit and community-based organizations
- Academic experts
- Local government officials
- Local school districts

- Health care providers and community health centers
- Health insurance and managed care organizations,
- Private businesses, and
- Labor and workforce representatives.

Although a hospital facility is not required to solicit input from additional persons, it must take into account input received from any person in the form of written comments on the most recently conducted CHNA or most recently adopted implementation strategy.

### **Collaboration on CHNA Reports**

A hospital facility is permitted to conduct its CHNA in collaboration with other organizations and facilities. This includes related and unrelated hospital organizations and facilities, for-profit and government hospitals, governmental departments, and nonprofit organizations.

In general, every hospital facility must document its CHNA in a separate CHNA report unless it adopts a joint CHNA report. However, if a hospital facility is collaborating with other facilities and organizations in conducting its CHNA, or if another organization has conducted a CHNA for all or part of the hospital facility's community, portions of a hospital facility's CHNA report may be substantively identical to portions of the CHNA reports of a collaborating hospital facility or other organization conducting a CHNA, if appropriate under the facts and circumstances.

If two hospital facilities with overlapping, but not identical, communities collaborate in conducting a CHNA, the portions of each hospital facility's CHNA report relevant to the shared areas of their communities might be identical. So, hospital facilities with different communities, including general and specialized hospitals, may collaborate and adopt substantively identical CHNA reports to the extent appropriate. However, the CHNA reports of collaborating hospital facilities should differ to reflect any material differences in the communities served by those hospital facilities. Additionally, if a governmental public health department has conducted a CHNA for all or part of a hospital facility's community, portions of the hospital facility's CHNA report may be substantively identical to those portions of the health department's CHNA report that address the hospital facility's community.

Collaborating hospital facilities may produce a joint CHNA report as long as all of the collaborating hospital facilities define their community to be the same and the joint CHNA report contains all of the same basic information that separate CHNA reports must contain. Additionally, the joint CHNA report must be clearly identified as applying to the hospital facility.

## **Joint Implementation Strategies**

As with the CHNA report, a hospital facility may develop an implementation strategy in collaboration with other hospital facilities or other organizations. This includes but is not limited to related and unrelated hospital organizations and facilities, for-profit and government hospitals, governmental departments, and

nonprofit organizations. In general, a hospital facility that collaborates with other facilities or organizations in developing its implementation strategy must still document its implementation strategy in a separate written plan that is tailored to the particular hospital facility, taking into account its specific resources. However, a hospital facility that adopts a joint CHNA report may also adopt a joint implementation strategy. With respect to each significant health need identified through the joint CHNA, the joint implementation strategy must either describes how one or more of the collaborating facilities or organizations plan to address the health need or identify the health need as one the collaborating facilities or organizations do not intend to address. It must also explain why they do not intend to address the health need.

A joint implementation strategy adopted for the hospital facility must also: Be clearly identified as applying to the hospital facility, Clearly identify the hospital facility's role and responsibilities in taking the actions described in the implementation strategy as well as the resources the hospital facility plans to commit to such actions, and Include a summary or other tool that helps the reader easily locate those portions of the joint implementation strategy that relate to the hospital facility.

## **Adoption of Implementation Strategy**

An authorized body of the hospital facility must adopt the implementation strategy. See the discussion of the Financial Assistance Policy below for the definition of an authorized body. This must be done on or before the 15th day of the fifth month after the end of the taxable year in which the hospital facility finishes conducting the CHNA. This is the same due date (without extensions) of the Form 990.

**Acquired Facilities** A hospital organization that acquires a hospital facility (through merger or acquisition) must meet the requirements of Section 501(r)(3) with respect to the acquired hospital facility by the last day of the organization's second taxable year beginning after the date on which the hospital facility was acquired. In the case of a merger that results in the liquidation of one organization and survival of another, the hospital facilities formerly operated by the liquidated organization will be considered "acquired," meaning they will have until the last day of the second taxable year beginning after the date of the merger to meet the CHNA requirements. Thus, the final regulations treat mergers equivalently to acquisitions.

## **New Hospital Organizations**

An organization that becomes newly subject to the requirements of Section 501(r) because it is recognized as described in Section 501(c)(3) and is operating a hospital facility must meet the requirements of Section 501(r)(3) with respect to any hospital facility by the last day of the second taxable year beginning after the latter of: The effective date of the determination letter recognizing the organization as described in Section 501(c)(3), or  $\cdot$  The first date that a facility operated by the organization was licensed, registered, or similarly recognized by a state as a hospital.

#### **New Hospital Facilities**

A hospital organization must meet the requirements of Section 501(r)(3), with respect to a new hospital facility it operates by the last day of the second taxable year beginning after the date the facility was licensed, registered, or similarly recognized by its state as a hospital.

## **Transferred/Terminated Facilities**

A hospital organization is not required to meet the requirements of Section 501(r)(3) with respect to a hospital facility in a taxable year if the hospital organization transfers all ownership of the hospital facility to another organization or otherwise ceases its operation of the hospital facility before the end of the taxable year. The same rule applies if the hospital facility ceases to be licensed, registered, or similarly recognized as a hospital by a state during the taxable year. By extension, a government hospital organization that voluntarily terminates its Section 501(c)(3) recognition as described in Rev. Proc. 2018-5 (updated annually) is no longer considered a hospital organization for purposes of Section 501(r) and therefore is not required to meet the CHNA requirements during the taxable year of its termination.

## **Public Health Criteria:**

## <u>Domain 1: Conduct and disseminate assessments focused on population</u> health status and public health issues facing the community.

Domain 1 focuses on the assessment of the health of the population in the jurisdiction served by the health department. The domain includes systematic monitoring of health status; collection, analysis, and dissemination of data; use of data to inform public health policies, processes, and interventions; and participation in a process for the development of a shared, comprehensive health assessment of the community.

## **DOMAIN 1 includes 4 STANDARDS:**

- Standard 1.1 Participate in or Conduct a Collaborative Process Resulting in a Comprehensive Community Health Assessment
- Standard 1.2 Collect and Maintain Reliable, Comparable, and Valid Data That Provide Information on Conditions of Public Health Importance and on the Health Status of the Population
- Standard 1.3 Analyze Public Health Data to Identify Trends in Health Problems, Environmental Public Health Hazards, and Social and Economic Factors That Affect the Public's Health
- Standard 1.4 Provide and Use the Results of Health Data Analysis to Develop Recommendations Regarding Public Health Policy, Processes, Programs, or Interventions

## **Required CHNA Planning Process Requirements:**

- a. Participation by a wide range of community partners.
- b. Data / information provided to participants in CHNA planning process.
- c. Evidence of community / stakeholder discussions to identify issues & themes. Community definition of a "healthy community" included along with list of issues.
- d. Community assets & resources identified.
- e. A description of CHNA process used to set priority health issues.

## **Seven Steps of Public Health Department Accreditation (PHAB):**

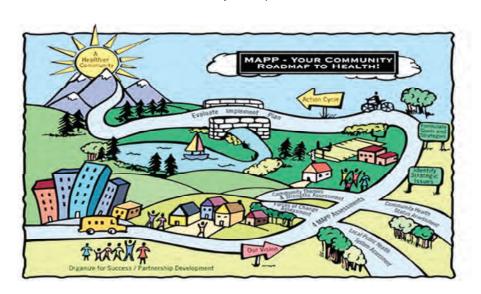
- 1. Pre-Application
- 2. Application
- Document Selection and Submission
- 4. Site Visit
- 5. Accreditation Decision
- 6. Reports
- 7. Reaccreditation

## **MAPP Process Overview**

Mobilizing for Action through Planning and Partnerships (MAPP) is a flexible strategic planning tool for improving the health and quality of life for the community. Like most strategic planning, MAPP involves organizing partners, creating a vision and shared values, collecting data, identifying areas for improvement, and developing goals and strategies to address them. Through collaboration with partners and the community, MAPP allows us to focus our efforts and work on issues to strengthen the local public health system.

The MAPP process includes the following six phases. It's important to note that MAPP has no set end point and will continue throughout the life cycle of the Community Health Improvement Plan (CHIP).

- 1. In this first phase, **Organize for Success/Partnership Development**, various sectors of the community with established relationships are reviewed, leading to the identification of areas for partnership development and creation of new relationships to enhance the MAPP process.
- 2. In the second phase, **Visioning**, a shared community vision and common values for the MAPP process are created.
- 3. In the third phase, **Four MAPP Assessments**, data is collected from existing and new sources about the health of our community, which results in a Community Health Assessment (CHA).
- 4. In the fourth phase, **Identify Strategic Issues**, community partners and health professionals select issues based on data collected from the third phase that are critical to the local public health system and align with the vision from the second phase.
- 5. In the fifth phase, **Formulate Goals and Strategies**, potential ways to address the strategic issues are identified by the community along with the setting of achievable goals. The final result is a Community Health Improvement Plan (CHIP).
- 6. The sixth and final phase of the MAPP process is the **Action Cycle**, which is where the work happens for meeting the objectives set in the previous phase. Through these collaborative efforts, the health of the community is improved.



## **Social Determinants of Health**

What Are Social Determinants of Health?



<u>Social determinants of health (SDOH)external icon</u> are defined as the conditions in which people are born, grow, live, work, and age. SDOH are shaped by the distribution of money, power, and resources throughout local communities, nations, and the world. Differences in these conditions lead to health inequities or the unfair and avoidable differences in health status seen within and between countries.

<u>Healthy People 2030external icon</u> includes SDOH among its leading health indicators. One of Healthy People 2030's five overarching goals is specifically related to SDOH: Create social, physical, and economic environments that promote attaining the full potential for health and well-being for all.

Through broader awareness of how to better incorporate SDOH throughout the multiple aspects of public health work and the 10 Essential Public Health Services, public health practitioners can transform and strengthen their capacity to advance health equity. Health equity means that everyone has a fair and just opportunity to be as healthy as possible. This requires removing obstacles to health, such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care.

# Round #5 CHNA focuses on Social Determinants & Health Equity. Centers for Medicare & Medicaid Services Health Equity Domains

CMS' Hospital Commitment to Health Equity has introduced two equity-focused process measures in 2023: screening for Social Drivers of Health (SDOH-01) and Screen Positive Rate for Social Drivers of Health (SDOH-02). (Although these measures will not be required until 2024, it is highly recommended that hospitals begin tracking them in 2023.)

## **Domain 1: Equity as a Strategic Priority**

The hospital has a strategic plan for advancing health care equity that accomplishes the following:

- Identifies priority populations who currently experience health disparities.
- > Establishes health care equity goals and discrete action steps to achieve them.
- Outlines specific resources that are dedicated to achieving equity goals.
- Describes an approach for engaging key stakeholders, such as community partners.

#### **Domain 2: Data Collection**

The hospital is engaging in the following three key data collection activities.

- Collecting demographic information, including self-reported race and ethnicity, and SDOH information, on a majority of patients
- Training staff in the culturally sensitive collection of demographics and SDOH information
- Inputting patient demographic and/ or SDOH information into structured interoperable data elements using a certified electronic health record technology.

## **Domain 3: Data Analysis**

The hospital stratifies key performance indicators by demographic and/ or SDOH variables to identify equity gaps and includes this information on hospital performance dashboards.

## **Domain 4: Quality Improvement**

The hospital participates in local, regional and or national quality improvement activities that are focused on reducing health disparities.

## **Domain 5: Leadership Engagement**

The hospital's senior leadership, including the chief executives and the entire hospital board of trustees, demonstrates a commitment to equity through the following two activities.

- Annual reviews of the hospital's strategic plan for achieving health equity
- Annual reviews of key performance indicators stratified by demographic and/ or social factors.

#### Sources:

The Joint Commission. (2022, June 20). R3 Report: New Requirements to Reduce Health Care Disparities. Retrieved from <a href="https://www.jointcommission.org/-/media/tje/documents/standards/r3-reports/r3\_disparities\_july2022-6-20-2022.pdf">https://www.jointcommission.org/-/media/tje/documents/standards/r3-reports/r3\_disparities\_july2022-6-20-2022.pdf</a>

# The Joint Commission (TJC) Elements of Performance - Regulatory and Accreditation Requirements Related to Health Equity and Social Determinants of Health

New and revised TJC requirements to reduce health care disparities went into effect Jan. 1, 2023. Below are the six elements of performance.

## **Element of Performance 1:**

The organization designates an individual to lead activities aimed at reducing healthcare disparities. (Hospital Responsibility)

#### **Element of Performance 2:**

The organization assesses the patient's health-related social needs and provides information about community resources and support services. (CHNA full report- Section I and III)

Examples of health-related social needs may include the following:

- Access to transportation
- > Difficulty paying for prescriptions or medical bills.
- Education and literacy
- > Food insecurity
- Housing insecurity

#### **Element of Performance 3:**

The organization identifies healthcare disparities in its patient population by stratifying quality and safety data. (CHNA Town Hall) Examples of sociodemographic characteristics may include but are not limited to the following: Age, Gender, Preferred Language, Race, and ethnicity.

#### **Element of Performance 4:**

The organization develops a written action plan that describes how it will address at least one of the healthcare disparities identified. (CHNA IMPL Development Plan)

#### **Element of Performance 5:**

The organization acts when it does not achieve or sustain goal(s) in its action plan to reduce health care disparities.

## **Element of Performance 6:**

At least annually, the organization informs key stakeholders, identifying leaders, licensed practitioners, and staff, about its progress in reducing identified healthcare disparities. (Hospital Responsibility)

## II. Methodology b) Collaborating CHNA Parties

Working together to improve community health takes collaboration. Listed below is an in-depth profile of the local hospital and health department CHNA partners:

## **Decatur County Hospital**

1405 NW Church Leon, IA 50144 (641) 446-4871

**CEO: Michael Johnston** 

Decatur County Hospital (DCH) is an 11-bed Critical Access Hospital located in south central lowa with 24-hour emergency services and a full range of professional services. Decatur County Hospital has proudly served Decatur County and surrounding areas since 1932. The current hospital is a newly built, state-of-the-art, Critical Access Hospital and is located on the site of the original hospital.

Our Mission: To deliver exceptional care, close to home.

Our Vision: To enhance lives and improve health.

Our Values: Dedication. Compassion. Honesty

Decatur County Hospital offers many services including:

- 15 Outpatient Specialist Clinics: Cardiology; Endocrinology; General/Vascular Surgery; Gynecology and Uro-Gynecology; Hand to Shoulder Orthopedic Surgery; Interventional Pain Services; Neurology; Obesity Management; Oncology/Hematology; Orthopedic Surgery; Podiatry; Pulmonology; Rheumatology; Urology; Wound Care
- Surgery (general, vascular, total joint replacements, podiatry, women's health)
- Rehab (physical, occupational, speech, lymphedema care)
- Infusion
- Radiology
- Inpatient/Acute Care
- Skilled Care (Swing Bed)
- Decatur County Healthcare Courtesy Van
- Cardiopulmonary
- Emergency Services
- Laboratory

## **Decatur County Public Health**

207 NE Idaho St. Leon, IA 50144 (641) 446-6518

We provide comprehensive public health, homemaker, and environmental health services for residents of Decatur County.

The agency mission is to promote individual and community wellness through programs based on community assessment and collaboration with other health and community organizations.

Our vision/purpose is dedicated to the prevention of disease and to the promotion of health and well-being.

#### Services Offered:

- Emergency Preparedness and Response
- Environmental Health
- Immunizations
- Nutrition Program
- Tobacco Control Program
- Wellness Center
- WIC / LEAD

## **Infinity Health Profile**

(641) 446-2383

**CEO:** Kyle Ahlenstorf

Infinity Health is a federally qualified health center that provides primary, preventive health care services to those living in southern Iowa and northern Missouri regardless of their ability to pay. They provide comprehensive, high-quality services including medical, behavioral, dental, substance use counseling, mammography and an in-house pharmacy. Infinity Health offers a sliding fee scale available based on family size and income and a 340B Drug Discount program to assist those who qualify. Infinity Health was founded in 2005 in Decatur County, Iowa. Formerly known as Community Health Centers of Southern Iowa (CHCSI), the health care organization rebranded as Infinity Health in 2022 to reflect the overall reach and services it provides to the communities it serves in southern Iowa and northern Missouri. Infinity Health operates 12 locations providing a variety of primary care, behavioral health, substance use disorder, oral health and pharmacy services. The organization is also a member of the IowaHealth+ network.

**Mission:** Infinity Health is committed to serving the uninsured and underinsured in and around our service area. The mission statement of the organization is:

"Infinity Health will make high quality health care accessible to everyone in our region."

**Vision:** "Our vision is to provide exceptional health care services for our patients and unparalleled work life balance for our team, serving as both a provider of choice and an employer of choice."

#### Values:

- ➤ Innovative We will strive to remain on the forefront of health care services and delivery.
- ➤ Nurturing We will care for and encourage the growth of both patients and team members.
- Family We will treat both patients and team members like family.
- ➤ Inviting We will ensure all patients, visitors, and team members feel welcome within our facilities and by our team.
- ➤ Necessary We are an essential piece of the health care landscape in and around our service area.
- Invested We are fully committed to our patients, partners, and communities.
- > Timeless Our dedication to excellence is unwavering.
- Yes We are committed to addressing the identified services needs of our patients and communities.

## II. Methodology

## c) CHNA and Town Hall Research Process

Round #5 Community Health Needs Assessment (CHNA) process began in September of 2024 for Decatur County Hospital, Decatur County Public Health, and Infinity Health in Decatur County, IA to meet Federal IRS CHNA requirements.

In early September 2024, a meeting was called amongst the Decatur County Hospital leaders to review CHNA collaborative options. <Note: VVV Consultants LLC from Olathe, KS was asked to facilitate this discussion with the following agenda: VVV CHNA experience, review CHNA requirements (regulations) and discuss CHNA steps/options to meet IRS requirements and to discuss next steps.> Outcomes from discussion led to the Hays Medical Center to request VVV Consultants LLC to complete a CHNA IRS aligned comprehensive report.

## **VVV CHNA Deliverables:**

- Document Hospital Primary Service Area meets the 80% Patient Origin Rule.
- Uncover / document basic secondary research county health data, organized by 10 tabs.
- Conduct / report CHNA Community Check-in Feedback Findings (primary research).
- Conduct a Town Hall meeting to discuss with community secondary & primary data findings leading to determining (prioritizing) county health needs.
- Prepare & publish CHNA report which meets ACA requirements.

To ensure proper PSA Town Hall representation (that meets the 80% Patient Origin Rule), a patient origin three-year summary was generated documenting patient draw by zips as seen below:

D	efine PSA	for DCH FY 22-	Overall Utilization (IP/OP/ER)			
			<b>Grand Total</b>	37,131	37,131 FY24, FY23, F	
#	ZIP	City	County	3Yr TOT	%	Accum
1	50144	Leon	Decatur	13,376	36.0%	36.0%
2	50140	Lamoni	Decatur	7,490	20.2%	56.2%
3	50065	Davis City	Decatur	1,789	4.8%	61.0%
4	50067	Decatur	Decatur	1,311	3.5%	64.5%
5	50262	Van Wert	Decatur	1,256	3.4%	67.9%
6	50108	Grand River	Decatur	1,251	3.4%	71.3%
7	50103	Garden Grove	Decatur	1,035	2.8%	74.1%
8	50147	Lineville	Wayne	998	2.7%	76.8%
9	50213	Osceola	Clarke	912	2.5%	79.2%
10	50264	Weldon	Decatur	836	2.3%	81.5%

To meet IRS aligned CHNA requirements and meet Public Health accreditation criteria stated earlier, a four-phase methodology was followed:

## Phase I—Discovery:

Conduct a 30-minute conference call with the CHNA county health department and hospital clients. Review / confirm the CHNA calendar of events, explain / coach clients to complete the required participant database, and schedule / organize all Phase II activities.

## **Phase II—Qualify Community Need:**

A) Conduct secondary research to uncover the following historical community health status for the primary service area. Use Kansas Hospital Association (KHA), Vital Statistics, Robert Wood Johnson County Health Rankings, etc. to document current state of county health organized as follows:

Heal	th Indicators - Secondary Research
TAB 1.	Demographic Profile
TAB 2.	Economic Profile
TAB 3.	Educational Profile
TAB 4.	Maternal and Infant Health Profile
TAB 5.	Hospital / Provider Profile
TAB 6.	Behavioral / Mental Health Profile
TAB 7.	High-Risk Indicators & Factors
TAB 8.	Uninsured Profile
TAB 9.	Mortality Profile
<b>TAB 10</b>	. Preventative Quality Measures

## Phase III—Quantify Community Need:

Conduct a 90-minute Town Hall meeting with required community primary service area residents. At each Town Hall meeting, CHNA secondary data will be reviewed, facilitated group discussion will occur and a group ranking activity to determine the most important community unmet health needs was administered.

## <u>Phase IV—Complete Data Analysis and Create Comprehensive Community Health Needs Assessment:</u>

Complete full documentation to create each CHNA section documented in the Table of Contents. Publish hard copy reports (2) for client usage plus create a full CHNA report pdf to be posted on the hospital website to meet government CHNA regulation criteria.

## Specific project CHNA roles, responsibilities, and timelines are documented in the following calendar.

			County Hospital - Decatur Co, IA.
	V		INA Round #5 Work Plan - Year 2025
Step	Timeframe	Lead	ct Timeline & Roles - Working Draft as of 11/5/24  Task
1	6/15/2024	VVV / Hosp	Meeting Leadership information regarding CHNA Round #5 for review.
2	9/25/2024	Hosp	Select/approve CHNA Round #5 Option B - VVV quote—work to start 10/1/24.
3	10/1/2024	VVV	Hold Client Kick-off Meeting. Review CHNA process / timeline with leadership. Request IHA PO reports for FFY 21, 22 and 23 and hospital client to complete PSA IP/OP/ER/Clinic patient origin counts file (Use ZipPSA_3yrPOrigin.xls)
4	10/1/2024	VVV	Send out <b>REQCommInvite Excel</b> file. HOSP & HLTH Dept to fill in PSA Stakeholders Names /Address /Email
5	10/1/2024	VVV	Prepare CHNA Wave#5 Stakeholder Feedback "online link". Send link for hospital review.
6	Oct Nov. 2024	VVV	Assemble & complete Secondary Research - Find / populate 10 TABS.  Create Town Hall ppt for presentation.
7	10/2/2024	VVV / Hosp	Prepare/send out PR #1 story / E Mail Request announcing upcoming CHNA work to CEO to review/approve.
8	On or before 11/1/2024	Hosp	Place PR story to local media CHNA survey announcing "online CHNA Wave #5 feedback". Request public to participate. Send E Mail request to local stakeholders
9	11/1/2024	VVV	Launch / conduct online survey to stakeholders: Hospital will e-mail invite to participate to all stakeholders. Cut-off 12/6/2024 for Online Survey
10	On or before 11/29/24	VVV / Hosp	Prepare/send out PR #2 story / E Mail (E#2) Request announcing upcoming Town Hall. VVV will send to CEO to review/approve.
11	12/6/2024	Hosp	Place PR #2 story to local media announcing upcoming town Hall. Send E Mail (E#2) request to local stakeholders
12	2/11/2025	ALL	Conduct conference call with Hospital / Public HLTH to review Town Hall data / flow
13	Feb, 13 2025	VVV	Conduct CHNA Town Hall. <b>Dinner 5-6:30pm virtual</b> . Review & Discuss Basic health data plus RANK Health Needs.
14	On or Before 5/16/25	VVV	Complete Analysis - Release Draft 1- seek feedback from Leaders (Hospital & Health Dept.)
15	On or Before 5/30/25	VVV	Produce & Release final CHNA report. Hospital will post CHNA online (website).
16	4/9/2025	Both	Conduct Client Implementation Plan PSA Leadership meeting
17	On or Before 6/30/2025	Hosp	Hold Board Meetings discuss CHNA needs, create & adopt an implementation plan. Communicate CHNA plan to community.



**Decatur Co** IA CHNA **Town Hall** Team Breakout room Discussion

## **Community Health Needs Assessment (CHNA) Onsite Town Hall Discussion Agenda**

- Check-In / Introductions
- **Review CHNA Purpose and Process**
- III. Review Current County "Health Status"
  - -Secondary Data by 10 TAB Categories
  - -Review Community Feedback Research
- **IV. Collect Community Health Perspectives** 
  - Assigned Breakout Sessions (Lead/Reporter)
  - Uncover unmet needs/reporting back discussion
- v. Returning To Community General Session
  - Report up / Poll & End Town Hall





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Vince Vandehaar, MBA - Principal

VVV Consultants LLC (Olathe, KS) - start 1/1/09 \*

- Adjunct Full Professor @ Avila & Webster Universities
- 35+ year veteran marketer, strategist and researcher Saint Luke's Health System, BCBS of KC, Tillinghast Towers Perrin, and Lutheran Mutual Life

Olivia G Hewitt BA - Associate Consultant





VVV Consultants LLC - May 2024

- Emporia University - BS Marketing

- Hometown: Olathe, KS



Cassandra Kahl, BHS - Director, Project Management VVV Consultants LLC - Nov 2020

- University of Kansas Health Sciences
- Park University MHA

Hometown: Maple, WI

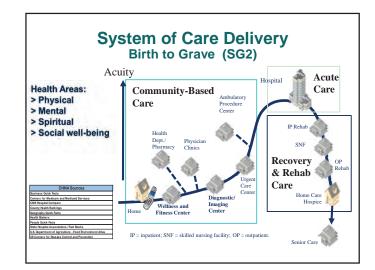
2 3

# Town Hall Participation / Purpose & Parking Lot • Attendees

- Have Engaging Conversation (Be specific on your point)
- No right or wrong answer / Give truthful responses
- Take Notes Make your list of Important Health Indicators
- USE Chat Log thoughts / answers during meeting
- Complete Unmet Needs Poll Representing Community
- Local Leads (During Breakout Rooms)
  - Facilitate Community Conversation
  - Ensure Team Involvement ALL speak up

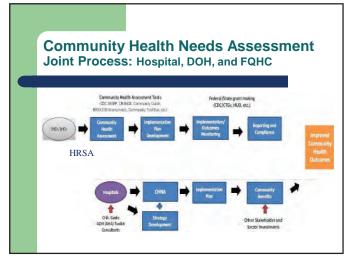
Have a little fun too

4



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## A Conversation with the Community & Stakeholders

Community Stakeholder - An Inclusive Conversation

Consumers: Uninsured/underinsured people, Members of at-risk populations, Parents, caregivers and other consumers of health care in the community, and Consumer advocates.

Community leaders and groups: The hospital organization's board members, Local clergy and congregational leaders, Presidents or chairs of civic or service clubs -- Chamber of Commerce, veterans' organizations, Lions, Rotary, etc., Representatives from businesses - owners/(ECD's of large businesses (local or large corporations with local branches),Business people & merchants (e.g., who sell tobacco, alcohol, or other drugs), Representatives from organized labor, Political, appointed and elected officials, Foundations, United Way organizations. And other "community leaders."

Public and other organizations: Public health officials, Directors or staff of health and human service organizations, City/Community planners and development officials, Individuals with business and economic development experience,Welfare and social service agency staff, Housing advocates - administrators of housing programs: homeless shelters, low-income-family housing and senior housing,Education officials and staff - school superintendents, principals and teachers, Public safety officials, Staff from state and area agencies on aging,Law enforcement agencies - Chiefs of police, Local colleges and universities, Coalitions working on palathy or other issues.

Other providers: Physicians, Leaders in other not-for-profit health care organizations, such as hospitals, clinics, nursing homes and home-based and community-based services, Leaders from Catholic Charities and other faith-based service providers, Mental health providers, Oral health providers, Health insurers, Parish and congregational nursing programs, Other health professionals

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## II. Review of a CHNA

- What is a Community Health Needs Assessment (CHNA)..?
  - Systematic collection, assembly, analysis, and dissemination of information about the health of the community.
- A CHNA's role is to....
  - <u>Identify</u> factors that affect the health of a population and <u>determine</u> the availability of resources to adequately address those factors.
- Purpose of a CHNA Why Conduct One?
  - Determine health-related trends and issues of the community
  - Understand / evaluate health delivery programs in place.
  - Meet Federal requirements both local hospital and health department
  - Develop Implementation Plan strategies to address unmet health needs (4-6 weeks after Town Hall)



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Secondary Data by 10 Tab Categories with a focus on Social Determinants with a Local Norm & State Rankings

Trends: Good Same Poor

## Health Indicators - Secondary Research

TAB 1. Demographic Profile

TAB 2. Economic Profile

TAB 3. Educational Profile

TAB 4. Maternal and Infant Health Profile

TAB 5. Hospital / Provider Profile

TAB 6. Behavioral / Mental Health Profile

TAB 7. High-Risk Indicators & Factors

TAB 8. Uninsured Profile

**TAB 9. Mortality Profile** 

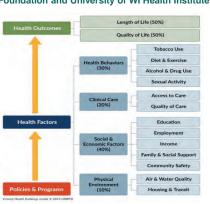
TAB 10. Preventative Quality Measures

## County Health Rankings Scoring Robert Wood Johnson Foundation and University of WI Health Institute

Users of the 2024 RWJ report will find representation of county health has changed significantly.

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Rather than a numerical ranking, each county in a state is represented by a dot, shaded a certain color and placed on a scale from least healthy to healthiest in the nation. The new visual tool then shows where one county falls on a "continuum" of health nationally, compared to the least healthy and most healthy counties, which are unnamed in the visualization.



12 13

## IV. Community Health Conversation: Your Perspectives / Suggestions!

#### Tomorrow:

What is occurring or might occur that would affect the "health of our community"? CHAT comment / Zoom Discussion

#### Today:

- What are the **Healthcare Strengths of our community t**hat contribute to health? **CHAT: Top 3 Strengths per attendee**
- 2) Are there healthcare services in your community/neighborhood that you feel need to be improved and/or changed? (Review next Slide .... Confirm in Breakout Rooms)

#### **Reflecting on Unmet Needs In Breakout Rooms** Any to add or delete... 16 max for Virtual Wall?? 2025 CHNA Research Conclusions Uncovered List #1 VOTE # List #2 VOTE a Awareness of Health Services a Abuse/Violence c Child Care (Accessible, Affordable, Safe) c Lack of Optometry / Ophthalmology Services d Drugs/Substance Abuse d Lack of Providers/Qualified Staff e Food Insecurity f Housing (Accessible, Affordable, Safe e Mental Health (Diagnosis, Placement, Aftercare, Providers) f Poverty g Obesity (Nutrition/Exercise) h Water Quality g Preventative Health/Wellness h Senior Living Options

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## **Breakout Room Discussions**

- LEADS: Share Themes from Breakout Sessions
- TWEAK Unmet Needs List #1 / List #2
- Administer Poll... All vote for 3 per LIST
- Close Next Steps Moving Forward

After Meeting Thoughts: EMAIL VVV@VandehaarMarketing.com
OGH@VandehaarMarketing.com

Community Health Needs Assessment Round #5 Year 2025

Thank You Next Steps

VVV @VandehaarMarketing.com OGH@VandehaarMarketing.com (913) 302-7264

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## **Data & Benchmarks Review**

Community health assessments typically use both primary and secondary data to characterize the health of the community:

- **Primary data** are collected first-hand through surveys, listening sessions, interviews, and observations.
- **Secondary data** are collected by another entity or for another purpose.
- Indicators are secondary data that have been analyzed and can be used to compare rates or trends of priority community health outcomes and determinants.

Data and indicator analyses provide descriptive information on demographic and socioeconomic characteristics; they can be used to monitor progress and determine whether actions have the desired effect. They also characterize important parts of health status and health determinants, such as behavior, social and physical environments, and healthcare use.

Community health assessment indicators should be.

- Methodologically sound (valid, reliable, and collected over time)
- Feasible (available or collectable)
- Meaningful (relevant, actionable, and ideally, linked to evidence-based interventions)
- Important (linked to significant disease burden or disparity in the target community)

Jurisdictions should consider using data and indicators for the smallest geographic locations possible (e.g., county-, census block-, or zip code-level data), to enhance the identification of local assets and gaps.

Local reporting (County specific) sources of community-health level indicators:

CHNA Detail Sources
Quick Facts - Business
Centers for Medicare and Medicaid Services
CMS Hospital Compare
County Health Rankings
Quick Facts - Geography
Kansas Health Matters
Kansas Hospital Association (KHA)
Quick Facts - People
U.S. Department of Agriculture - Food Environment Atlas
U.S. Center for Disease Control and Prevention

## Sources of community-health level indicators:

#### County Health Rankings and Roadmaps

The annual Rankings measure vital health factors, including high school graduation rates, obesity, smoking, unemployment, access to healthy foods, the quality of air and water, income inequality, and teen births in nearly every county in America. They provide a snapshot of how health is influenced by where we live, learn, work and play.

#### Prevention Status Reports (PSRs)

The PSRs highlight—for all 50 states and the District of Columbia—the status of public health policies and practices designed to prevent or reduce important public health problems.

#### Behavioral Risk Factor Surveillance System

The world's largest, ongoing telephone health survey system, tracking health conditions and risk behaviors in the United States yearly since 1984. Data is collected monthly in all 50 states, the District of Columbia, Puerto Rico, the US Virgin Islands, and Guam.

- The <u>Selected Metropolitan/ Micropolitan Area Risk Trends</u> project was an outgrowth of BRFSS from the increasing number of respondents who made it possible to produce prevalence estimates for smaller statistical areas.
- <u>CDC Wonder</u> Databases using a rich ad-hoc query system for the analysis of public health data. Reports and other query systems are also available.

#### Center for Applied Research and Engagement Systems external icon

Create customized interactive maps from a wide range of economic, demographic, physical and cultural data. Access a suite of analysis tools and maps for specialized topics.

#### Community Commons external icon

Interactive mapping, networking, and learning utility for the broad-based healthy, sustainable, and livable communities' movement.

#### Dartmouth Atlas of Health Care external icon

Documented variations in how medical resources are distributed and used in the United States. Medicare data used to provide information and analysis about national, regional, and local markets, as well as hospitals and their affiliated physicians.

#### Disability and Health Data System

Interactive system that quickly helps translate state-level, disability-specific data into valuable public health information.

## Heart Disease and Stroke Prevention's Data Trends & Maps

View health indicators related to heart disease and stroke prevention by location or health indicator.

#### National Health Indicators Warehouse external icon

Indicators categorized by topic, geography, and initiative.

#### US Census Bureau external icon

Key source for population, housing, economic, and geographic information.

## • US Food Environment Atlas external icon

Assembled statistics on food environment indicators to stimulate research on the determinants of food choices and diet quality, and to provide a spatial overview of a community's ability to access healthy food and its success in doing so.

#### Centers for Medicare & Medicaid Services Research and Data Clearinghouse external icon Research, statistics, data, and systems.

#### Environmental Public Health Tracking Network

System of integrated health, exposure, and hazard information and data from a variety of national, state, and city sources.

## Health Research and Services Administration Data Warehouse external icon

Research, statistics, data, and systems.

## Healthy People 2030 Leading Health Indicators external icon

Twenty-six leading health indicators are organized under 12 topics.

## Kids Count external icon

Profiles the status of children on a national and state-by-state basis and ranks states on 10 measures of well-being; includes a mobile site external icon.

#### National Center for Health Statistics

Statistical information to guide actions and policies.

#### Pregnancy Risk Assessment and Monitoring System

State-specific, population-based data on maternal attitudes and experiences before, during, and shortly after pregnancy.

## Web-based Injury Statistics Query and Reporting System (WISQARS)

Interactive database system with customized reports of injury-related data.

#### Youth Risk Behavior Surveillance System

Monitors six types of health-risk behaviors that contribute to the leading causes of death and disability among youth and adults.

## II. Methodology

## d) Community Profile (A Description of Community Served)

## **Decatur County (IA) Community Profile**



The population of Decatur County, organized in 1850, was estimated to be 7,665 citizens in 2023. It is 533 square miles with a population density of 14 persons per square mile. Decatur County lies on the south line of Nebraska. Lamoni and Leon (county seat) are the two largest cities in Decatur County.

**The major highway transportation** access to Decatur County is Interstate 35 and Iowa Highway 2.

## **Decatur County Public Airports<sup>2</sup>**

Name

**Lamoni Municipal Airport** 

Schools in Decatur County: Public Schools<sup>3</sup>

Name	Level
Central Decatur Ms/Hs High School	High
Lamoni Elementary School	Elementary
Lamoni High School	High
Lamoni Middle School	Middle
Mormon Trail Jr-Sr High School	High
North Elementary School	Elementary
South Elementary School	Elementary

<sup>&</sup>lt;sup>1</sup> https://iowa.hometownlocator.com/ia/decatur/

<sup>&</sup>lt;sup>2</sup> https://iowa.hometownlocator.com/features/cultural,class,public%20and%20private%20airports,fcode,20000,scfips,19053.cfm

<sup>&</sup>lt;sup>3</sup> https://iowa.hometownlocator.com/schools/sorted-by-county,n,decatur.cfm

	Decatur County (IA) - Detail Demographic Profile											
				Popul	ation		House	holds				
								Year	HH Avg	Per		
ZIP	City	ST	County	Year 2023	Year 2028	5yr CHG	Year 2023	2028	Size23	Capita23		
50065	Davis City	IA	DECATUR	520	494	-5.0%	209	204	2.5	\$27,098		
50067	Decatur	ΙA	DECATUR	274	272	-0.7%	108	108	2.5	\$33,072		
50103	Garden Grove	IA	DECATUR	394	373	-5.3%	165	159	2.4	\$34,404		
50108	Grand River	ΙA	DECATUR	480	467	-2.7%	192	192	2.5	\$34,918		
50140	Lamoni	IΑ	DECATUR	2,511	2,560	2.0%	936	979	2.3	\$24,390		
50144	Leon	IA	DECATUR	2,573	2,478	-3.7%	1,037	1,015	2.4	\$27,090		
50262	Van Wert	IA	DECATUR	402	394	-2.0%	181	179	2.2	\$36,351		
50264	Weldon	IA	DECATUR	492	484	-1.6%	187	186	2.6	\$32,079		
	Totals	;		7,646	7,522	-2.4%	3,015	3,022	2.4	\$31,175		

				Population			Year	Females		
ZIP	City	ST	County	Pop 21+	Pop. 65+	Kids<18	Gen Y	Males	Females	Age 20-35
50065	Davis City	IA	DECATUR	379	128	136	104	263	257	67
50067	Decatur	IA	DECATUR	209	61	64	74	138	136	41
50103	Garden Grove	IA	DECATUR	291	83	96	106	203	191	52
50108	Grand River	IA	DECATUR	366	112	111	95	246	234	77
50140	Lamoni	IA	DECATUR	1720	532	675	379	1,239	1272	400
50144	Leon	IA	DECATUR	1909	607	639	551	1,280	1293	421
50262	Van Wert	IA	DECATUR	322	106	79	86	217	185	51
50264	Weldon	IA	DECATUR	379	123	109	108	270	222	65
	Totals			5,575	1,752	1,909	1,503	3,856	3,790	1,174

					Population 2020			Year 2023		
ZIP	City	ST	County	White%	Black%	Asian%	Hispan%	Housing Units	% Rentals	Soc Econ Index
50065	Davis City	IA	DECATUR	95.8%	0.2%	0.2%	0.2%	281	16%	58
50067	Decatur	IA	DECATUR	95.3%	0.4%	0.4%	1.8%	141	24%	48
50103	Garden Grove	IA	DECATUR	95.9%	0.8%	0.3%	0.0%	188	8%	57
50108	Grand River	IA	DECATUR	95.4%	0.0%	0.2%	1.7%	264	18%	49
50140	Lamoni	IA	DECATUR	85.1%	3.6%	1.2%	6.7%	1,164	32%	48
50144	Leon	IA	DECATUR	95.1%	0.5%	0.2%	1.6%	1,237	29%	52
50262	Van Wert	IA	DECATUR	94.5%	1.5%	0.0%	1.2%	222	10%	57
50264	Weldon	ΙA	DECATUR	94.9%	0.2%	0.4%	1.8%	208	14%	58
	Totals				0.9%	0.4%	1.9%	3,705	18.8%	53

Source: ERSA Demographics 2023

# III. Community Health Status

[VVV Consultants LLC]

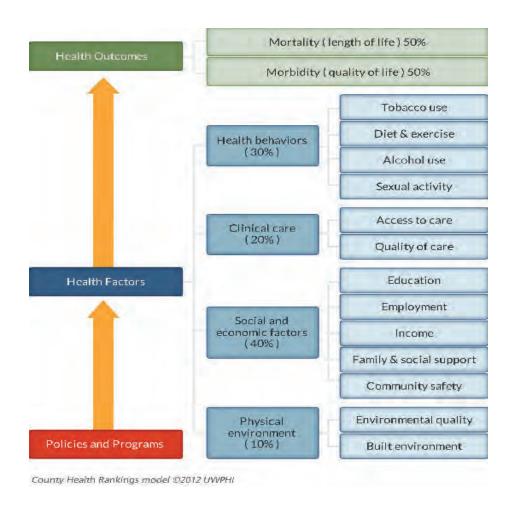
## **III. Community Health Status**

## a) Historical Health Statistics- Secondary Research

## **Health Status Profile**

This section of the CHNA reviews published quantitative community health indicators from public health sources and results of community primary research. To produce this profile, VVV Consultants LLC staff analyzed & trended data from multiple sources. This analysis focuses on a set of published health indicators organized by ten areas of focus (10 TABS), results from the 2020 RWJ County Health Rankings and conversations from Town Hall participates. Each table published reflects a Trend column, with GREEN denoting growing/high performance indicators, YELLOW denoting minimal change/average performance indicators and RED denoting declining/low performance indicators.

Note: The Robert Wood Johnson Foundation collaborates with the University of Wisconsin Population Health Institute to release annual *County Health Rankings*. As seen below, RWJ's model uses a number of health factors to rank each county.



## National Research – Year 2023 RWJ Health Rankings:

#	2023 IA Rankings - 99 Counties	Definitions	Decatur Co 2023	Decatur Co 2022	Trend	Rural SC IA Norm N=14
1	Health Outcomes		91	99		68
	Mortality	Length of Life	92	95		68
	Morbidity	Quality of Life	85	98		64
2	Health Factors		87	89		73
	Health Behaviors	Tobacco Use, Diet/Exercise, Alcohol Use, Sexual Activitiy	80	85		69
	Clinical Care	Access to care / Quality of Care	66	87		63
	Social & Economic Factors	Education, Employment, Income, Family/Social Support, Community Safety	88	90		73
3	Physical Environment	Environmental quality	92	37		54

## **PSA Secondary Research:**

When studying community health, it is important to document health data by topical areas for primary service area (PSA). Below is a summary of key findings organized by subject area.

Note: Each Tab has been trended to reflect County trends to NORM.

Health Indicators - Secondary Research
TAB 1. Demographic Profile
TAB 2. Economic Profile
TAB 3. Educational Profile
TAB 4. Maternal and Infant Health Profile
TAB 5. Hospital / Provider Profile
TAB 6. Behavioral / Mental Health Profile
TAB 7. High-Risk Indicators & Factors
TAB 8. Uninsured Profile
TAB 9. Mortality Profile
TAB 10. Preventative Quality Measures

#### Tab 1: Demographic Profile

Understanding population and household make-up is vital to start CHNA evaluation.

	Population Health Indicators	Decatur Co 2025	Decatur Co 2022	Trend	State of IA	Rural SC IA Norm N=14	Source
a	a Population estimates, 2023	7,665	7,659		3,197,689	13,672	People Quick Facts
b	Persons under 5 years, percent, 2020-2022	5.8%	5.6%		5.9%	6.0%	People Quick Facts
c	Persons 65 years and over, percent, 2020-2022	21.4%	20.5%		17.7%	21.8%	People Quick Facts
c	Female persons, percent, 2020-2022	50.2%	49.6%		49.8%	49.4%	People Quick Facts
e	White alone, percent, 2020-2022	94.4%	94.2%		90.1%	94.8%	People Quick Facts
1	Black or African American alone, percent, 2020- 2022	2.1%	2.3%		4.3%	1.4%	People Quick Facts
Q	Hispanic or Latino, percent, 2020-2022	3.8%	3.4%		6.7%	4.6%	People Quick Facts
h	Language other than English spoken at home, percent of persons age 5 years+, 2017-2021	5.8%	5.3%		8.6%	7.9%	People Quick Facts
ı	Living in same house 1 year ago, percent of persons age 1 year+, 2017-2021	82.1%	82.4%		86.0%	87.7%	People Quick Facts
j	Children in single-parent households, percent, 2018-2022	8.8%	14.0%	+	20.3%	16.9%	County Health Rankings
k	k Veterans, 2018-2022	345	381		174,514	755	People Quick Facts

#### Tab 2: Economic Profile

Monetary resources will (at times) drive health "access" and self-care.

2		Economic - Health Indicators	Decatur Co 2025	Decatur Co 2022	Trend	State of IA	Rural SC IA Norm N=14	Source
	a	Per capita income in past 12 months (in 2021 dollars), 2018-2022	\$26,334	\$24,074		\$30,063	\$32,517	People Quick Facts
	b	Persons in poverty, percent, 2020-2022	17.9%	16.5%	-	11.1%	13.1%	People Quick Facts
	c	Total Housing units, 2023	3,644	3652		1,426,108	6,329	People Quick Facts
Ì	d	Persons per household, 2018-2022	2.3	2.3		2.4	2.4	People Quick Facts
	e	Severe housing problems, percent, 2016-2020	12.8%	14.3%		11.5%	11.8%	County Health Rankings
	f	Total employer establishments, 2022	142	136		82,440	330	People Quick Facts
	g	Unemployment, percent, 2022	2.5%	3.8%		2.7%	2.6%	County Health Rankings
	h	Food insecurity, percent, 2021	9.6%	11.6%		7.5%	9.0%	County Health Rankings
í	ï	Limited access to healthy foods, percent, 2019	3.5%	3.5%		5.7%	7.4%	County Health Rankings
	i	Long commute - driving alone, percent, 2018-2022	31.8%	37.3%		21.2%	27.1%	County Health Rankings
	k	Households with a broadband Internet subscription, percent, 2018-2022*	81.7%	NA		82.0%	80.0%	County Health Rankings

<sup>\*\*</sup>New Social Determinant Data Resources

#### Tab 3: Educational Profile

Currently, school districts are providing on-site primary health screenings and basic care.

Edu	cation - Health Indicators	Decatur Co 2025	Decatur Co 2022	Trend	State of IA	Rural SC IA Norm N=14	Source
a	dren eligible for free or reduced price lunch, cent, 2020-2021	54.6%	59.7%	-	40.1%	45.2%	County Health Rankings
High pers	h school graduate or higher, percent of sons age 25 years+, 2018-2022	89.1%	89.9%		92.8%	90.2%	People Quick Facts
	helor's degree or higher, percent of persons 25 years+, 2018-2022	24.9%	26.4%		29.7%	22.0%	People Quick Facts

#	2025 School Indicators	Central Decatur	Lamoni Community
1	Total # Public School Nurses	2	1
2	School Wellness Plan in place (Active)	yes	yes
3	VISION: # Screened / Referred to Prof / Seen by	125/3	86 screened.
4	HEARING: # Screened / Referred to Prof / Seen by	45/1	95 screened,
5	ORAL HEALTH: # Screened / Referred to Prof / Seen by	85/6	77 screened,
6	SCOLIOSIS: # Screened / Referred to Prof / Seen by	NA	N/A
7	# of Students served with no identified chronic health	336	334
8	School has a suicide prevention program	yes	yes
9	Compliance on required vaccinations (%)	100%	100% %

#### Tab 4: Maternal / Infant Profile

Tracking maternal / infant care patterns are vital in understanding the foundation of family health.

4		Maternal/Infant - Health Indicators (Access/Quality)	Decatur Co 2025	Decatur Co 2022	Trend	State of IA	Rural SC IA Norm N=14	Source
	a	Rate of Births Where Prenatal Care began in First Trimester, 2020-2021 (Per 1,000)	618	650	1	787,2	723.5	Iowa Health Fact Book
	b	Percentage of Premature Births, 2023	8.6%	NA		8.4%	8.5%	idph.iowa.gov
	c	Percent of Infants up to 24 months that received full Immunizations, 2024 (4-3-1-3-3-1-4)	63.5%	66.3%		72.4%	64.4%	idph.iowa.gov
	d	Percent of Births with Low Birth Weight, 2020- 2021	60.6	61.5		NA	58.7	lowa Health Fact Book
	e	Crude Rate (Per 1k) of all Births Occurring to Teens (15-19), 2019-2021	36	44	+	41	48	Iowa Health Fact Book
	f	Crude Rate (Per 1K) of Mothers Smoked During Pregnancy , 2019-2021	188	219	-	113	121	Iowa Health Fact Book
	g	Child Care Centers per 1,000 Children, 2010-2022*	2.0	NA		NA	5.6	County Health Rankings

Tracking maternal / infant care patterns are vital in understanding the foundation of family health.

#	Criteria - Vital Satistics (Live Births)	Decatur Co Iowa	Trend	lowa	IA Rural Norm (14)
a	Total Live Births, 2018	108		37,709	160
b	Total Live Births, 2019	87		37,597	167
c	Total Live Births, 2020	73		36,058	158
d	Total Live Births, 2021	92		36,786	158
e	Total Live Births, 2022	76		36,446	152

Source: Iowa Public Health

#### Tab 5: Hospitalization and Provider Profile

Understanding provider access and disease patterns are fundamental in healthcare delivery. Listed below are several vital county statistics.

5		Hospital/Provider - Health Indicators (Access/Quality)	Decatur Co 2025	Decatur Co 2022	Trend	State of IA	Rural SC IA Norm N=14	Source
Ī	a	Primary Care Physicians (Pop Coverage per MDs & DOs) - No extenders included, 2021	3830:1	3935:1		1357:1	2222:1	County Health Rankings
	b	Preventable hospital rate per 100,000, 2021 (lower the better)	1,869	2554	+	2,330	2,123	County Health Rankings
	c	Patients Who Gave Their Hospital a Rating of 9 or 10 on a Scale from 0 (Lowest) to 10 (Highest)	83.0%	83.0%		73.0%	78.9%	CMS Hospital Compare
	d	Patients Who Reported Yes, They Would Definitely Recommend the Hospital	76.0%	76.0%		72.0%	73.7%	CMS Hospital Compare
	e	Average (Median) time patients spent in the emergency department, before leaving from the visit (mins)	122	122		122	124	CMS Hospilal Compare

	Decatur Co IA - Health Dept Operations	YR 2022	YR 2023	YR 2024
1	Core Community Public Health	\$34,445	\$34,126	\$32,621
2	Environmental Services*	No data	\$21,985	\$34,067
3	Home Health **	\$18,880	N/A	N/A
4	Immunizations/Vaccine	\$12,373	\$9,751	\$10,412
7	Tobacco Cessation	\$82,946	\$98,212	\$81,214
8	Nutrition Education	\$29,098	\$23,773	\$21,904

"Environmental Services is the only category funded by Decatur County dollars. "" Home Health funds come from reimbursement of Medicare, Medicaid, VA, Private Insurance, and Private pay. Home Health services discontinued in FY22. WIC/Meternal Child Health/I smile/1st Five is provided by MATURA, they are funded by State and Federal Grants. All other funds come from grants from the State of loware.

Infinity Health FQHC	A - Historical Utilization		YEARS	
Services 11 County Service Area*	Definition	2024	2023	2022
Early Entry into Prenatal Care	Patients Having First Visit with Health Center (1st 3rd Trimester)	30	17	4
Childhood Immunization Status	Total # of children 2 years of age who received age appropriate vaccines by their 2nd birthday	35	64	11
Cervical and Breast Cancer Screening	Total # of women 24-64 years of age who were screened for cervical cancer	274	17	321
	Total # of women \$1.73 years of age who had a mammogram to screen for breast can cer	378		384
Weight Assessment and Counseling for Nutrition and Physical Activity	Total Patients Aged 3 -17 Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents	793	64 304 319 608 2,995 120 2,323 10 6,716 3,410	507
	Total Patients Aged 18+ Preventive Care and Screening, Body Mass Index (BM)	2,517	2,995	2,860
HIV Screening	Total Patients Aged 15 through 65 who were tested for HIV when within age range	285	120	71
Depression Measures	Total Patients Aged 12+ who were (1) screened for depression and, if screening was positive, (2) had a follow-up plan documented	2,846	64 304 319 608 2,995 120 2,323 10 6,716 3,410 43	1,762
	Total Patients Aged 12+ with major depression or dysthymia who reached remission 12 months (*/-60 days) after an index event	25	10	14
Dental Services	Total Patients Visits	6,916	6,716	4,382
	Total Number of Patients	4,049	3,410	1,935
Dental Sealants for Children between 6-9 Years	Total Patients Aged 6-9 at moderate to high risk of caries who received a sealant on a first permanent molar.	11	43	17

#### Tab 6: Behavioral / Mental Health Profile

Behavioral healthcare provides another important indicator of community health status.

6		Mental - Health Indicators	Decatur Co 2025	Decatur Co 2022	Trend	State of IA	Rural SC IA Norm N=14	Source
	123	Age-Adjusted Prevalence of Depression Among Adults, 2021*	19.3%	NA		18.7%	19.2%	ophtracking.cdc.gov
		Age-adjusted Suicide Mortality Rate per 100,000 population, 2017-2021	NA	12		16.5	22.3	lows Health Fact Book
	c	Average Number of mentally unhealthy days, 2020	4.8	4.4		4,5	4.7	County Health Rankings

<sup>\*\*</sup>New Social Determinant Data Resources

(	CDC - 2023 U.S. County Opiod Dispensing								
State	County	FIPS	Opioid Dispensing Rate per 100						
IA	<b>Decatur County</b>	19053	22.0						
	IA Average 2023		27.8						
Source: U.S	. County Opioid Dispensing Rates, 2023	Drug Overdose	CDC Injury Center						

#### Tab 7a: Risk Indicators & Factors Profile

Knowing community health risk factors and disease patterns can aid in the understanding next steps to improve health.

7a		High-Risk - Health Indicators	Decatur Co 2025	Decatur Co 2022	Trend	State of IA	Rural SC IA Norm N=14	Source
	a	Adult obesity, percent, 2021	38.2%	35.3%	-	36.9%	38.7%	County Health Bankings
	b	Adult smoking, percent, 2021	19.3%	20.2%		15.5%	19.3%	County Health Rankings
	o	Excessive drinking, percent, 2021	19.6%	21.7%		23.1%	18.8%	County Health Rankings
	d	Physical Inactivity, percent, 2021	26.6%	29.8%		23.8%	26.9%	County Health Rankings
	e	Age-Adjusted Prevalence of Sleeping less than 7 Hours Among Adults*	32.7%	NA		31.4%	32.5%	ephtracking.cdc.gov
	*	Sexually transmitted infections (chlamydia), rate per 100,000 - 2021	235	NA		489,2	343.8	County Health Rankings

Tab 7b: Chronic Risk Profile

7b		Chronic - Health Indicators (Adults)	Decatur Co 2025	Decatur Co 2022	Trend	State of IA	Rural SC IA Norm N=14	Source
	a	Age-Adjusted Prevalence of Arthritis Among Adults >=18 ,2021*	24.2%	NA		23.1%	23.8%	ephtracking.cdc.gov
	b	Age-Adjusted Prevalence of Current Asthma Among Adults >=18 ,2021*	9.9%	NA		9.5%	9.7%	ephtracking.cdc.gov
	c	Age-Adjusted Prevalence of Diagnosed Diabetes Among Adults >=18 ,2021*	9.3%	NA		8.7%	9.2%	ephtracking.cdc.gov
	d	Age-Adjusted Prevalence of Chronic Kidney Diseasae Among Adults >=18 ,2021*	2.8%	NA		2.7%	2.8%	ephtracking.cdc.gov
	e	Age-Adjusted Prevalence of COPD Among Adults >=18 ,2021*	7.1%	NA	O DE LA COMPANSION DE L	6.4%	7.0%	ephtracking.cdc.gov
	f	Age-Adjusted Prevalence of Coronary Heart Disease Among Adults >=18, 2021*	5.6%	NA		5.2%	5.5%	ephtracking.cdc.gov
	g	Age-Adjusted Prevalence of Cancer Among Adults >=18 ,2021*	6.4%	NA		6,4%	6.4%	ephtracking.cdc.gov
	h	Age-Adjusted Incidence Rate of Breast Cancer per 100k over 5 year period (Females Only - Smoothed)- 2016-2020*	125.4	NA		134.7	130.1	ephtracking.cdc.gov
	1	Age-Adjusted Prevalence of Stroke Among Adults >=18 ,2021*	2.9%	NA		2.7%	2.8%	ephtracking.edc.gov

<sup>\*\*</sup>New Social Determinant Data Resources

#### Tab 8: Uninsured Profile and Community Benefit

Based on state estimations, the number of insured is documented below. Also, the amount of charity care (last three years of free care) from area providers is trended below.

8		Insurance Coverage - Health Indicators	Decatur Co 2025	Decatur Co 2022	Trend	State of IA	Rural SC IA Norm N=14	Source
	a	Uninsured, percent, 2021	7.7%	7.1%	•	5.8%	7.2%	County Health Rankings

<sup>\*\*</sup>New Social Determinant Data Resources

#	Decatur County Hospital - Leon, IA	YR 2022	YR 2023	YR 2024
1	Bad Debt - Write off	\$762,456	\$571,089	\$805,313
2	Charity Care - Free Care Given	\$126,052	\$220,063	\$177,765

#### Tab 9: Mortality Profile

The leading causes of county deaths from Vital Statistics are listed below.

9		Mortality - Health Indicators	Decatur Co 2025	Decatur Co 2022	Trend	State of IA	Rural SC IA Norm N=14	Source
	a	Life Expectancy, 2019 - 2021	77.7	77.9		78.1	76.8	County Health Rankings
	b	Age-adjusted Cancer Mortality Rate per 100,000 population, 2016-2020 (lower is better)	170.2	186.7		154.2	177.2	Iowa Health Fact Book
	c	Age-adjusted Heart Disease Mortality Rate per 100,000 population, 2016-2020 (lower is better)	180.5	174.1		167.9	199.8	Iowa Health Fact Book
	d	Alcohol-impaired driving deaths, percent, 2016- 2020	15.4%	14.3%	-	26.3%	25.9%	County Health Rankings

Iowa Death Statistics by Selected Causes of Death (2018-2022) Per 100k	Decatur Co IA	Mix %	Trend	State of lowa	%
Total Deaths (Per 100k)	830.3			785.1	
Heart Disease	210.3	25.3%		173.3	22.1%
Cerebrovascular Disease	36	4.3%		32.4	4.1%
Diabetes	37.7	4.5%		23.1	2.9%
Cancer	168.3	20.3%		151.3	19.3%
<b>Chronic Lower Respiratory Disease</b>	26.9	3.2%		41.2	5.2%
Accidents & Adverse Events	73.7	8.9%		45.3	5.8%

#### Tab 10: Preventive Quality Measures Profile

The following table reflects future health of the county. This information also is an indicator of community awareness of preventative measures.

0	Preventative - Health Indicators	Decatur Co 2025	Decatur Co 2022	Trend	State of IA	Rural SC IA Norm N=14	Source
а	Access to exercise opportunities, percent, 2022	62.6%	61.0%	+	79.4%	60.1%	County Health Rankings
k	Age-Adjusted Prevalence of Hearing Disability Among Adults >=18, 2021*	6.5%	NA		6.1%	6.5%	ephtracking.cdc.gov
c	Age-Adjusted Prevalence of High Chloesterol Among Adults >=18 ,2021(Screened in the last 5 years)*	30.8%	NA		29.9%	30.3%	ephtracking.cdc.gov
c	Age-Adjusted Prevalence of High Blood Pressue Among Adults >=18 ,2021*	28.8%	NA		27.9%	28.7%	ephtracking.cdc.gov
е	Mammography annual screening, percent, 2020	39.0%	40.0%		53.0%	46.9%	County Health Rankings
1	Age-Adjusted Prevalence of Visits to Doctor for Routine Check-Up Among Adults >=18,2021*	72.1%	NA		72.7%	72.5%	ephtracking.cdc.gov
ç	Age-Adjusted Prevalence of Visits to the Dentist Among Adults >=18 ,2022*	61.7%	NA		65.4%	62.9%	ephtracking.cdc.gov
ŀ	Percent Annual Check-Up Visit with Eye Doctor*	TBD	TBD		TBD	TBD	ephtracking.cdc.gov

<sup>\*\*</sup>New Social Determinant Data Resources

### **PSA Primary Research:**

For each CHNA Round #5 evaluation, a community stakeholder survey has been created and administered to collect current healthcare information for Decatur County, lowa.

Chart #1 – Decatur County, IA PSA Online Feedback Response (N=109)

Decatur Co, IA - CHNA YR 2025 N=109							
For reporting purposes, are you involved in or are you a? (Check all that apply)	Decator Co IA N=109	Trend	*Round #5 Norms N=4,917				
Business/Merchant	11.2%		10.7%				
Community Board Member	16.3%		10.1%				
Case Manager/Discharge Planner	4.1%		1.1%				
Clergy	0.0%		1.3%				
College/University	5.1%		2.7%				
Consumer Advocate	4.1%		2.5%				
Dentist/Eye Doctor/Chiropractor	0.0%		0.6%				
Elected Official - City/County	3.1%		2.2%				
EMS/Emergency	0.0%		2.6%				
Farmer/Rancher	10.2%		9.4%				
Hospital	22.4%		23.7%				
Health Department	0.0%		1.3%				
Housing/Builder	0.0%		0.9%				
Insurance	3.1%		1.3%				
Labor	5.1%		4.0%				
Law Enforcement	1.0%		1.0%				
Mental Health	5.1%		2.6%				
Other Health Professional	20.4%		13.5%				
Parent/Caregiver	22.4%		19.0%				
Pharmacy/Clinic	3.1%		2.9%				
Media (Paper/TV/Radio)	2.0%		0.4%				
Senior Care	2.0%		4.3%				
Teacher/School Admin	21.4%		7.9%				
Veteran	5.1%		2.8%				
TOTAL	98		3547				

\*Norms: KS Counties: Ellis, Pawnee, Russell, Sheridan, Smith, Thomas, Trego, Barton, Norton, Decatur, Harper, Pratt, Nemaha, Miami, Johnson, Edwards, Kiowa, Jackson, McPherson. Mo Counties: Atchison, Holt. NE County: Furnas. IA County: Decatur.

Typical Sample Sizes Research Studies						
Number of	Households	Firms				
Subgroup Analyses	Regional	Regional				
None / Few (1-2)	200-500	50-200				
Average (3-4).	500-1,000	200-1,000				
Many (5+)	1,000+	1,000+				
Sudman. Applied Sampling, (Academic Press, 1976), 87. lbid., 30.						

#### **Quality of Healthcare Delivery Community Rating**

How would you rate the "Overall Quality" of healthcare delivery in our community?	Decator Co IA N=109	Trend	*Round #5 Norms N=4,917
Top Box %	20.6%		27.5%
Top 2 Boxes %	69.2%		70.2%
Very Good	20.6%		27.5%
Good	48.6%		42.7%
Average	23.4%		23.3%
Poor	5.6%		5.2%
Very Poor	1.9%		1.2%
Valid N	107		4,897

#### Re-evaluate Past Community Health Needs Assessment Needs

	Decatur Co, IA - CHNA YR 2025	N=10	9		
	Past CHNA Unmet Needs Identified	Ongoi	ng Probler	n	Pressing
Rank	Ongoing Problem	Votes	%	Trend	Rank
1	Child Care (Accessible, Affordable, Safe)	47	9.3%		1
2	Lack of Optometry / Ophthalmology Services	39	7.7%		2
3	Housing (Accessible, Affordable, Safe)	25	5.0%		4
4	Mental Health (Diagnosis, Placement, Aftercare, Providers)	24	4.8%		3
5	Dentists	24	4.8%		5
6	Food Insecurity	20	4.0%		6
7	Healthcare Staffing	20	4.0%		14
8	Obesity (Nutrition/Exercise)	20	4.0%		9
9	Substance Abuse (Alcohol/Drugs)	16	3.2%		16
10	Senior Living Options	15	3.0%		7
11	Water	15	3.0%		8
12	Primary Care	15	3.0%		19
13	Offer more assisted living options	15	3.0%		11
14	Awareness of Health Services	14	2.8%		12
15	Poverty	14	2.8%		10
16	Public Health Perception (encourage patients to seek care in Decat	12	2.4%		20
17	Collaboration and Communication of Healthcare Partners	12	2.4%		13
18	Healthcare Literacy	12	2.4%		30
19	Provide Adult Day Care Services	12	2.4%		15
Lam [ vac	hers: Local Leon DHS office, Prenatal/Postnatal Care, Senior Exercise, Open ioni fitness center, Economic Development/Employment Readiness, Access to DHS enrollment, Disadvantage Population, Suicide, Amish (No insurance or ecinations), Expand Medicaid, Offer new patient health education, Healthcare fransportation, Medicaid enrollment, Meal Coordination, Visiting Specialists, Incerase Amish Healthcare services/education, Improve IA works.				

#### Community Health Needs Assessment "Causes of Poor Health"

Decatur Co, IA - CHNA YR 2025 N=109						
In your opinion, what are the root causes of "poor health" in our community? Please select top three.	Decator Co IA N=109	Trend	*Round #5 Norms N=4,917			
Chronic Disease Management	10.2%		8.6%			
Lack of Health & Wellness	12.4%		11.3%			
Lack of Nutrition / Access to Healthy Foods	8.4%		10.3%			
Lack of Exercise	15.5%		14.0%			
Limited Access to Primary Care	6.6%		5.1%			
Limited Access to Specialty Care	5.8%		6.5%			
Limited Access to Mental Health	10.6%		15.0%			
Family Assistance Programs	5.3%		5.0%			
Lack of Health Insurance	12.8%		12.4%			
Neglect	8.8%		9.1%			
Lack of Transportation	3.5%		4.8%			
Total Votes	226		9,288			

<sup>\*</sup>Norms: Mo Counties: Atchison, Holt. KS Counties: Ellis, Pawnee, Russell, Sheridan, Smith, Thomas, Trego, Barton, Norton, Decatur, Harper, Pratt, Nemaha, Miami, Johnson, Edwards, Kiowa, Jackson

#### Community Rating of HC Delivery Services (Perceptions)

Decatur Co, IA - CHNA YR 2025 N=109	Decatur Co	IA N=109		100	nd #5 N=4,917
How would our community rate each of the following?	Top 2 boxes	Bottom 2 boxes	Trend	Top 2 boxes	Bottom 2 boxes
Ambulance Services	88%	0.0%		82.6%	3.6%
Child Care	33%	37.5%		39.2%	23.4%
Chiropractors	77%	5.6%		71.4%	7.6%
Dentists	34%	21.8%		60.6%	17.5%
Emergency Room	84%	0.0%		75.0%	7.5%
Eye Doctor/Optometrist	16%	69.5%		71.9%	9.3%
Family Planning Services	29%	32.9%		46.9%	16.0%
Home Health	49%	19.3%		57.1%	10.6%
Hospice/Palliative	72%	8.9%		64.9%	8.4%
Telehealth	63%	4.9%		52.8%	11.5%
Inpatient Hospital Services	88%	2.2%		75.4%	6.2%
Mental Health Services	49%	18.8%		34.7%	28.7%
Nursing Home/Senior Living	37%	18.3%		52.4%	15.9%
Outpatient Hospital Services	83%	1.1%		74.6%	5.4%
Pharmacy	72%	6.4%		83.9%	2.7%
Primary Care	66%	9.9%		76.9%	6.1%
Public Health	61%	8.3%		63.2%	8.9%
School Health	51%	6.2%		59.5%	7.6%
Visiting Specialists	88%	1.1%		67.8%	7.4%

"Norms: KS Counties: Ellis, Pawnee, Russell, Sheridan, Smith, Thomas, Trego, Barton, Norton, Decatur, Harper, Pratt, Nemaha, Miami, Johnson, Edwards, Kiowa, Jackson, McPherson. Mo Counties: Atchison, Holt. NE County: Furnas. IA County: Decatur.

#### Community Health Readiness

Decatur Co, IA - CHNA YR 2025 N=109	% Bottom 2 Boxes (Lower is better)		
Community Health Readiness is vital. How would you rate each? (% Poor / Very Poor)	Decatur Co, IA N=109	Trend	*Round #5 Norms N=4,917
Behavioral/Mental Health	20.5%	j	31.0%
Emergency Preparedness	10.5%		7.1%
Food and Nutrition Services/Education	24.0%		16.0%
Health Wellness Screenings/Education	16.7%		9.8%
Prenatal/Child Health Programs	30.0%		13.4%
Substance Use/Prevention	37.5%		32.9%
Suicide Prevention	35.3%		34.2%
Violence/Abuse Prevention	44.3%		32.0%
Women's Wellness Programs	33.8%		17.2%
Exercise Facilities / Walking Trails etc.	14.5%		14.7%

\*Norms: KS Counties: Ellis, Pawnee, Russell, Sheridan, Smith, Thomas, Trego, Barton, Norton, Decatur, Harper, Pratt, Nemaha, Miami, Johnson, Edwards, Kiowa, Jackson, McPherson. Mo Counties: Atchison, Holt. NE County: Furnas. IA County: Decatur.

#### Healthcare Delivery "Outside our Community"

Decatur Co, IA - CHNA YR 2025 N=109			
In the past 2 years, did you or someone you know receive HC outside of our community?	Decator Co IA N=109	Trend	*Round #5 Norms N=4,917
Yes	81.6%		71.5%
No	18.4%		28.5%

#### Specialties:

Specialty	Counts
OPTH	11
PRIM	8
DENT	4
OBG	4

#### Access to Providers / Staff in our Community

Decatur Co, IA - CHNA YR 2025 N=109			
Access to care is vital. Are there enough providers / staff available at the right times to care for you and our community?  Decator Co IA N=109  *Round #5 Norms N=4,917			
Yes	49.3%		57.1%
No	50.7%		42.9%
*Noms: KS Counties: Ellis, Pawnee, Russell, Sheridan, Smith, Thomas, Trego, Barton, Norton, Decatur, Harper, Pratt, Nemaha, Miami, Johnson, Edwards, Kiowa, Jackson, McPherson. Mo Counties: Atchison, Holt. NE County: Furnas. IA County: Decatur.			

What healthcare topics need to be discussed further at our Town Hall?

Decatur Co, IA - CHNA	YR 2025	N=10	)9
What needs to be discussed further at our CHNA Town Hall meeting? Top 3	Decator Co IA N=109	Trend	*Round #5 Norms N=4,917
Abuse/Violence	21.4%		4.1%
Access to Health Education	10.0%		3.5%
Alcohol	17.1%		4.2%
Alternative Medicine	17.1%		3.8%
Behavioral/Mental Health	34.3%		9.9%
Breastfeeding Friendly Workplace	5.7%		1.2%
Cancer	22.9%		3.0%
Care Coordination	15.7%		3.3%
Diabetes	14.3%		2.9%
Drugs/Substance Abuse	31.4%		7.5%
Family Planning	17.1%		2.1%
Health Literacy	18.6%		3.3%
Heart Disease	10.0%		1.8%
Housing	24.3%		7.0%
Lack of Providers/Qualified Staff	22.9%		5.6%
Lead Exposure	7.1%		0.6%
Neglect	12.9%		2.1%
Nutrition	22.9%		4.6%
Obesity	31.4%		5.9%
Occupational Medicine	2.9%		0.6%
Ozone (Air)	4.3%		0.5%
Physical Exercise	27.1%		5.2%
Poverty	31.4%		5.2%
Preventative Health/Wellness	20.0%		5.8%
Sexually Transmitted Diseases	12.9%		1.5%
Suicide	18.6%		6.1%
Teen Pregnancy	10.0%		1.8%
Telehealth	7.1%		2.3%
Tobacco Use	12.9%		2.3%
Transportation	14.3%		3.2%
Vaccinations	8.6%		2.1%
Water Quality	31.4%		2.9%
TOTAL Votes	70		12,547

\*Norms: KS Counties: Ellis, Pawnee, Russell, Sheridan, Smith, Thomas, Trego, Barton, Norton, Decatur, Harper, Pratt, Nemaha, Miami, Johnson, Edwards, Kiowa, Jackson, McPherson. Mo Counties: Atchison, Holt. NE County: Furnas. IA County: Decatur.

# IV. Inventory of Community Health Resources

[VVV Consultants LLC]

	Inventory of Health Services in Decatur	County	IA - 2025	
Cat	HC Services Offered in county: Yes / No	Hospital	HLTH Dept	Other
Clinic	Primary Care			YES
Hosp	Alzheimer Center			
	Ambulatory Surgery Centers			
Hosp	Arthritis Treatment Center	YES		
Hosp	Bariatric/weight control services	YES		YES
Hosp	Birthing/LDR/LDRP Room	1_0		0
Hosp	Breast Cancer	YES		
	Burn Care			
	Cardiac Rehabilitation	YES		
Hosp	Cardiac Surgery	YES		
Hosp	Cardiology services	YES		
Hosp	Case Management	YES		YES
Hosp	Chaplaincy/pastoral care services			
Hosp	Chemotherapy	YES		
	Colonoscopy	YES		
	Crisis Prevention			YES
	CT Scanner	YES		
	Dermatology Services	YES		
Hosp	Diagnostic Radioisotope Facility	YES		
Hosp	Diagnostic/Invasive Catheterization			
	Ear, Nose, and Throat (ENT)			
Hosp	Electron Beam Computed Tomography (EBCT)			
	Endocrinology Services	YES		
	Enrollment Assistance Services	YES		YES
Hosp	Extracorporeal Shock Wave Lithotripter (ESWL)			
Hosp	Fertility Clinic			
Hosp	FullField Digital Mammography (FFDM)			YES
Hosp	General Surgery	YES		
Hosp	Genetic Testing/Counseling			
Hosp	Geriatric Services			
	Heart	YES		
	Hemodialysis			
	Hematology	YES		
	HIV/AIDSServices			
	Image-Guided Radiation Therapy (IGRT)			
	Inpatient Acute Care - Hospital services	YES		
	Intensity-Modulated Radiation Therapy (IMRT) 161			
	Intensive Care Unit			
	Intermediate Care Unit			
	Interventional Cardiac Catherterization			
	Isolation room	YES		
	Kidney			
	Liver			
	Lung	YES		
	MagneticResonance Imaging (MRI)	YES		
	Mammograms	7/=0		YES
	Mobile Health Services	YES		
Hosp	Multislice Spiral Computed Tomography (<64 slice CT)			
Hosp	Multislice Spiral Computed Tomography (64+ slice CT)	YES		
Hosp	Neonatal			
Hosp	Neurological services	YES		
	Obstetrics			
	Occupational Health Services	YES	YES	YES
	Oncology Services	YES		
	Orthopedic services	YES		
	Outpatient Surgery	YES		
Hosp	Pain Management	YES		_

	Inventory of Health Services in Decatur	County	IA - 2025	
Cat	HC Services Offered in county: Yes / No	Hospital	HLTH Dept	Other
Hosp	Palliative Care Program			YES
Hosp	Pediatric			
	Physical Rehabilitation	YES	YES	YES
Hosp	Podiatry	YES		
Hosp	Positron Emission Tomography (PET)			
Hosp	Positron Emission Tomography/CT (PET/CT)	YES		
Hosp	Psychiatric Services			YES
Hosp	Radiology, Diagnostic	YES		
Hosp	Radiology, Therapeutic	YES		
Hosp	Reproductive Health	YES		
Hosp	Robotic Surgery			
Hosp	Shaped Beam Radiation System 161			
Hosp	Single Photon Emission Computerized Tomography			
Hosp	Sleep Center	YES		
Hosp	Social Work Services	YES		YES
	Sports Medicine	YES		IES
	Stereotactic Radiosurgery	TES		
	Swing Bed Services	YES		
		TES		
	Transplant Services	VEC		
Hosp	Trauma Center -Level IV	YES		
	Ultrasound	YES		
	Urology Services	YES		
Hosp	Vascular Surgery	YES	\/=o	\/=0
Hosp	Women's Health Services	YES	YES	YES
Hosp	Wound Care	YES		
SR	Adult Day Care Program			YES
SR	Assisted Living			YES
SR	Home Health Services			YES
SR	Hospice	YES		YES
SR	LongTerm Care			YES
SR	Nursing Home Services			YES
SR	Retirement Housing			YES
SR	Skilled Nursing Care	YES		YES
	E-manuscrave Complete	VEC		
ER	Emergency Services	YES		VEC
ER	Urgent Care Center	VEO		YES
ER	Ambulance Services	YES		
SERV	Alcoholism-Drug Abuse			YES
SERV	Blood Donor Center			
SERV	Chiropractic Services			YES
SERV	Complementary Medicine Services	YES		YES
SERV	Dental Services			YES
SERV	Diabetic Education	YES		
SERV	Fitness Center		YES	YES
SERV	Health Education Classes	YES	YES	YES
SERV	Health Fair (Annual)	YES		YES
SERV	Health Information Center		YES	
	Health Screenings	YES		YES
SERV	Meals on Wheels	YES		YES
SERV	Nutrition Programs	YES	YES	YES
SERV	Patient Education Center	YES	YES	_
SERV	Support Groups	YES		YES
SERV	Teen Outreach Services			YES
SERV	Tobacco Treatment/Cessation Program			YES
SERV	Transportation to Health Facilities	YES	YES	YES
SERV	Wellness Program		YES	YES
		I.		0

Providers Delivering Care in Decatur Co IA - 2025					
	Decatur County Hospital Primary Service Area				
	FTE Physicians FTE Allie				
# of FTE Providers working in county	PSA Based DRs		PA/NP		
Primary Care:					
Family Practice	1.00	0.0	5.00		
Internal Medicine / Geriatrician					
Pediatrics					
Medicine Specialists:					
Allergy/Immunology					
Cardiology		0.50			
Dermatology		0.25			
Endocrinology		0.25			
Gastroenterology		3.20			
Oncology/RADO		0.25			
Obstetrics/Gynecology		0.15			
Infectious Diseases					
Medical Weight Loss		1.00			
Nephrology					
Neurology		0.75			
Psychiatry					
Pulmonary		0.10			
Rheumatology		1.00			
Surgery Specialists:					
General Surgery / Colon / Oral	0.40				
Gynecology	0110	0.15			
Neurosurgery					
Ophthalmology					
Orthopedics		0.25			
Otolaryngology (ENT)					
Plastic/Reconstructive					
Vascular	0.40				
Urology	0110	0.10			
Podiatry		0.20			
Hospital Based: Anesthesia/Pain			0.15		
Emergency	1.00	0.00	2.00		
Radiology	1.00	0.00	2.00		
Pathology					
Hospitalist					
Neonatal/Perinatal					
Physical Medicine/Rehab					
Occ Medicine					
Audiology					
TOTALS	2 90	4.05	7 15		
* Tatal # of FTE Considiate commitment of the constraint of the co	2.80	4.95	7.15		

<sup>\*</sup> Total # of FTE Specialists serving community whose office outside PSA.

2025 Visiting Specialists to Decatur Co Hospital IA				
SPECIALTY	Physician Name/Group	Office Location (City/State)	SCHEDULE	Days per YR
Cardiology	Steven Mehta, MD Ernesto Cruz, MD	Phoenix, Arizona California	8 x monthly	96
Dermatology	Oben Ojong, DO	The Woodlands, TX	4x Monthly	48
Endocrinology	Haytham Kawji, MD	Baton Rouge, LA	4x Monthly	48
ENT				
General Surgeon	Edwin Wehling, MD	Mt Ayr, IA	8x Monthly	96
Gynecology	Denniz Zolnoun, MD	Chapel Hill, NC	3x Monthly	36
Medical Weight Loss	Elizabeth Allen, ARNP	Leon, IA	18x Monthly	216
Marmalami	Maher Loutfi, MD	Woodbridge, VA	10x Monthly	120
Neurology	Basil Holoyda, MD	Macon, GA	5x monthly	60
Oncology/Hemo	Zeeshan Jawa MD	Des Moines, IA	1x weekly	52
Orthopedic	Shehada Homedan, MD (General)		2x Monthly	
	Tyson Cobb, MD (Hand-to-Shoulder)	InReach Health	2x Monthly	24 each
Surgery	Rebecca Kuo, MD (Cervical/Spine)		2x Monthly	
Pain Clinic	Keith Barnhill, CRNA, ARNP	rtland Pain Managen	2x Monthly	24
Pod (Foot)	Randy Metzger, DPM	Des Moines, IA	4x Monthly	48
Pulmonology	Daniel J. Barth, DO Matthew Trump, DO	Des Moines, IA	Every 3 Weeks	17
Rheumatology	Elizabeth Allen, ARNP	Leon, IA	18x Monthly	216
Urology	Brian Gallagher, MD Vilma Bramasco, NP	Des Moines, IA	2x Monthly	24

# 2025 Decatur County Iowa Healthcare Services Directory

### **Emergency Numbers**

Police/Sheriff	911
Fire	911
Ambulance	911

### **Non-Emergency Numbers**

Decatur County Sheriff	641-446-4111
Decatur County Ambulance	641-446-4871

### **Municipal Non-Emergency Numbers**

	Police	Fire
Leon	641-446-4111	641-446-6221
Lamoni	641-784-8711	641-784-6791
Garden Grove		641-443-2463
Grand River		641-773-5436
Weldon		641-445-5637

#### **Decatur County Offices**

Assessor

207 N Main St (3<sup>rd</sup> Floor)

Leon, IA 50144

Phone: 641-446-4314

Attorney

207 N Main St (3rd Floor)

Leon, IA 50144

Phone: 641-446-3773

Auditor

207 N Main St (2<sup>nd</sup> Floor)

Leon, IA 50144

Phone: 641-446-4323

**Board of Supervisors** 

207 N Main St (2<sup>nd</sup> Floor)

Leon, IA 50144

Phone: 641-446-4382

Case Management / Waivers & Mental Health

Services

201 NE Idaho St

Leon, IA 50144

Phone: 641-446-7178

Clerk of Court

207 N Main St (2<sup>nd</sup> Floor)

Leon, IA 50144

Phone: 641-219-4265

Conservation

20485 NW Little River Rd

Leon, IA 50144

Phone: 641-446-7307

County Fair Association

1700 NW Church St

Leon, IA 50144

Phone: 641-446-4723

Economic Development

207 N Main St (2<sup>nd</sup> Floor)

Leon, IA 50144

Phone: 641-446-4991

**Emergency Management** 

207 NE Idaho St.

Leon, IA 50144

Phone: 641-572-0665

Engineer's Office 1306 S Main St

Leon, IA 50144

Phone: 641-446-6531

Public Health & Home Care

207 NE Idaho St

Leon, IA 50144

Phone: 641-446-6518

Recorder's Office

207 N Main St (2<sup>nd</sup> Floor)

Leon, IA 50144

Phone: 641-446-4322

Sherriff's Office

203 NE Idaho St

Leon, IA 50144

Phone: 641-446-4111

Treasurer's Office

207 N Main St (2<sup>nd</sup> Floor)

Leon, IA 50144

Phone: 641-446-4321

Veterans Affairs & General Assistance Office

207 N Main St (1st Floor)

Leon, IA 50144

Phone: 641-446-7494

#### **ABUSE & PREVENTION**

#### Alcoholics Anonymous Area 24 District 20

Intergroup Central Office

1620 Pleasant St. Suite 228

Des Moines, IA 50314

Phone: 515-282-8550

Leon Group

Leon Community Center

203 NE 2<sup>nd</sup> St.

Leon, IA 50144

Lamoni Group

Lamoni Community Center

108 S. Locust St.

Lamoni, IA 50140

#### **Crossroads Behavioral Health Services**

405 E. McLane

Osceola, IA 50213

Phone: 641-342-4888

#### Zion Recovery Services, Inc.

1500 E. 10<sup>th</sup> St. Atlantic, IA 50022 Phone: 712-243-5091

#### **Infinity Health**

Leon Location 302 NE 14<sup>th</sup> St. Leon, IA 50144 Phone: 641, 446, 23

Phone: 641-446-2383

#### Lamoni Location

802 E. Ackerly St. Lamoni, IA 50140 Phone: 641-784-7911

#### **Department of Human Services**

109 S. Main St. Osceola, IA 50213 Phone: 641-342-6516

Child Abuse Hotline: 1-800-362-2178

#### ADVOCACY/ OUTREACH/ REFERRAL

#### **Crisis Intervention & Advocacy Center**

1510 Greene St. Adel, IA 50003 Phone: 515-993-4095

1-800-400-4884 24 hour Domestic Violence and

Sexual Assault Hotline

#### **Iowa Protection and Advocacy Services**

400 E. Court Ave. Suite 300 Des Moines, IA 50309

Phone: 515-278-2502 or 800-779-2502

#### **ASSISTANCE** - Clothing

#### **Lamoni Thrift Center**

118 S. Linden St. Lamoni, IA 50140 Phone: 641-784-3821

#### **New-2-U Thrift Store**

210 N. Main St. Leon, IA 50144 Phone: 641-446-7995

#### **ASSISTANCE** – Financial

#### **Child Support Recovery**

1103 S. Sumner St. Creston, IA 50801 Phone: 1-866-219-9120

#### **Department of Human Services**

109 S. Main St. Osceola, IA 50213 Income Maintenance – 641-342-6516

#### **ASSISTANCE** - Food & Nutrition

#### Child & Adult Care Food Program

Clarke County Extension 154 W. Jefferson Osceola, IA 50213

Phone: 641-342-3316 or 641-342-3844

#### Women, Infant, & Children Program (WIC)

MATURA 210 Russell St. Creston, IA 50801 Phone: 641-202-7114

#### Leon Community Meal Site & Meal Delivery

203 NE 2<sup>nd</sup> St. Leon, IA 50144 Phone: 641-446-2289

#### **Food Pantries**

#### Lamoni Food Pantry

416 E. Main Street Lamoni, IA 50140 Phone: 641-784-4106

#### **Decatur County SCICAP Outreach Center**

306 N. Main St. Suite 1 Leon, IA 50144 Phone: 641-446-4454

#### **ASSISTANCE – General**

#### **Decatur County General Assistance**

207 N. Main St. (1st Floor) Leon, IA 50144

Phone: 641-446-7494

#### **ASSISTANCE** – Utility

#### **LIHEAP & Weatherization Assistance**

Decatur County SCICAP Outreach Center 306 N. Main St. Suite 1 Leon, IA 50144

Phone: 641-446-4454

#### **BUSINESS & ECONOMIC DEVELOPMENT**

#### **Natural Resources Conservation Service**

303 SW Lorraine St. Leon, IA 50144 Phone: 641-446-4135

#### **USDA Farm Service Agency**

Clarke-Decatur County 709 Furnas Dr. Osceola, IA 50213 Phone: 641-342-2162

#### **USDA Rural Development**

909 E. 2<sup>nd</sup> Ave. Suite C Indianola, IA 50125 Phone: 515-961-5365

#### **Decatur County Development**

207 N. Main St. (2<sup>nd</sup> Floor) Leon, IA 50144 Phone: 641-442-6511

#### Lamoni Chamber of Commerce

190 S. Chestnut St. Lamoni, IA 50140 Phone: 641-784-6311

#### **Leon Chamber of Commerce**

PO Box 351 Leon, IA 50144 www.leonchamber.org

### Small Business Development Center (SBDC)

1501 W. Townline St. Creston, IA 50801

Phone: 800-247-4023 Ext. 483

#### **Southern Iowa Council of Governments**

101 E. Montgomery St PO Box 102 Creston, IA 50801

Phone: 641-782-8491

#### <u>CHILD CARE</u> – Finding Care Child Care Resource & Referral

808 5th Ave.

Des Moines, IA 50309 Phone: 1-877-216-8481

#### <u>CHILD CARE</u> – Child Care Centers Funshine Learning Center

423 North Walnut St. Lamoni, IA 50140 Phone: 641-784-7505

## <u>CHILD CARE</u> – Resources and Education for Child Care Providers Child Care Resource & Referral

808 5<sup>th</sup> Ave.

Des Moines, IA 50309 Phone: 1-877-216-8481

#### **CHIROPRACTIC**

#### **Heffron Chiropractic Clinic**

311 N. Main St. Leon, IA 50144 Phone: 641-446-3131

#### **Honey Tree Chiropractic**

302 NW 10<sup>th</sup> Street Leon, IA 50144 641-442-5002

### Lamoni Family Care Chiropractic Health Center

303 S. Linden St. Lamoni, IA 50140 Phone: 641-784-6677

#### **CHURCHES**

#### **Leon Ministerial Alliance**

201 W. 1<sup>st</sup> St. Leon, IA 50144 Phone: 641-446-7343

#### **Davis City**

#### **New Salem Baptist Church**

24424 207<sup>th</sup> Ave. Davis City, IA 50065 Phone: 641-442-2911

#### **Community of Christ**

23603 Dale Miller Rd. Davis City, IA 50065 Phone: 641-442-3333

#### **Decatur City**

#### **Trinity Christian Church**

16773 State Hwy. 2 Decatur City, IA 50067 Phone: 641-446-8654

#### <u>Lamoni</u>

#### **Community of Christ**

531 W. Main St. Lamoni, IA 50140 Phone: 641-784-4405

### Community of Christ – Bloomington Congregation

25658 Elk Chapel Rd. Lamoni, IA 50140 Phone: 641-784-7728

#### First Baptist Church

106 S. Cedar St. Lamoni, IA 50140 Phone: 641-784-6734

#### Kingdom Hall of Jehovah's Witness

28871 163<sup>rd</sup> Ave. Lamoni, IA 50140 Phone: 641-784-7878

#### **United Methodist Church**

302 N. Maple St. Lamoni, IA 50140 Phone: 641-784-6868

#### Leon

#### **Assembly of God Church**

206 NE Q St. Leon, IA 50144 Phone: 641-446-4390

#### **Calvary Baptist Church**

1302 NE Poplar St. Leon, IA 50144 Phone: 641-446-6798

#### **Leon Bible Church**

407 SE Idaho Leon, IA 50144 Phone: 641-446-4416

#### **Leon Brethren Church**

604 N. Main St. Leon, IA 50144 Phone: 641-446-7576

#### **Loving Chapel United Methodist Church**

201 W. 1<sup>st</sup> St. Leon, IA 50144 Phone: 641-446-7343

#### Mt. Zion Mennonite Chapel

909 W. 1<sup>st</sup> St. Leon, IA 50144 Phone: 641-446-4897

#### **Our Saviors Lutheran Church**

709 W. 1<sup>st</sup> St. Leon, IA 50144 Phone: 641-446-4138

#### Presbyterian Church

301 E. 1<sup>st</sup> St. Leon, IA 50144 Phone: 641-446-6179

#### Saint Brendan's Catholic Church

1001 NW Church St. Leon, IA 50144 Phone: 641-446-4789

#### Salem Mennonite Church

21033 Lineville Rd. Leon, IA 50144 Phone: 641-446-4537

#### Van Wert

#### **United Methodist Church**

305 S. Washington Van Wert, IA 50262 Phone: 641-446-7343

#### **COMMUNITY GROUPS**

#### **Decatur County 4-H**

ISU Extension Office 309 N. Main St. Leon, IA 50144 Phone: 641-446-4723

#### Mid-Iowa Council Boy Scouts

6123 Scout Trail Des Moines, IA 50321 Phone: 515-266-2135

#### Girls Scouts of Greater Iowa

10715 Hickman Rd. Des Moines, IA 50322

Phone: 515-278-2881 or 800-342-8389

#### **COUNSELING & CONSULTATION SERVICES**

#### Children & Families of Iowa

105 E. McLane St. Suite 400

Osceola, IA 50213 Phone: 641-342-3444

#### **DISABILITY SERVICES**

#### **CROSS Mental Health**

201 NE Idaho St. Leon, IA 50144

Phone: 641-446-7178

#### **Child Health Specialty Clinics**

904 E. Taylor St. Suite B Creston, IA 50801 Phone: 641-782-9500

#### **Iowa Compass**

100 Hawkins Dr. Suite 295 Iowa City, IA 52242 Phone: 800-779-2001

#### **Vocational Rehabilitation**

1501 W. Townline St. Creston, IA 50801 Phone: 641-782-8538

#### **Specialized Support Services**

119 N. Elm St. Creston, IA 50801 Phone: 641-782-4119

#### **Social Security Administration**

906 E. Taylor St. Creston, IA 50801 Phone: 866-613-2827 TTY: 641-782-8072

#### **DENTAL**

#### Terry Lesan, DDS

1330 E. Main St. Lamoni, IA 5040 Phone: 641-784-6059

#### **Infinity Health**

Leon Location 302 NE 14<sup>th</sup> St. Leon, IA 50144 Phone: 641-446-2383

#### DISASTER ASSISTANCE

#### **American Red Cross**

2116 Grand Ave. Des Moines, IA 50312 Phone: 515-243-7681

#### **EDUCATION** – Family Services

#### Children in the Middle

Southwestern Community College 2520 College Dr. Osceola, IA 50213

Phone: 641-342-3531 or 1-800-247-4023

#### **Decatur County Parents as Teachers**

Clarke County Public Health 144 W. Jefferson St. Osceola, IA 50213 Phone: 641-342-3724

#### Iowa State University Extension and Outreach

909 W First Street Leon, IA 50144 Phone: 641-446-4723

1110116. 041-440-472

#### **Early Access**

Green Hills Area Education Agency 257 Swan St. Creston, IA 50801 Phone: 844-362-0503

#### **EDUCATION** – College

#### **Graceland University**

1 University Place Lamoni, IA 50140 Phone: 641-784-5000

#### Southwestern Community College

1501 W. Townline St. Creston, IA 50801

Phone: 641-782-7081 or 1-800-247-4023

Osceola Center 2520 College Dr. Osceola, IA 50213 Phone: 641-342-3531

### <u>EDUCATION</u> – Preschool, Elementary, Middle, High School, & Alternative

#### **District Offices**

#### **Central Decatur Community School District**

1201 NE Poplar St. Leon, IA 50144 Phone: 641-446-4819

#### **Lamoni Community School District**

202 N. Walnut St. Lamoni, IA 50140 Phone: 641-784-3342

#### **Mormon Trail Community School District**

403 S. Front St. Humeston, IA 50123 Phone: 641-877-2521

#### Preschool

#### **Central Decatur Little Cards Preschool**

201 SE 6<sup>th</sup> St. Leon, IA 50144 Phone: 641-446-6521

#### **Kids Express**

202 N. Walnut St. Lamoni, IA 50140 Phone: 641-784-3422

#### Elementary

### Central Decatur South Elementary (Grades PK-2)

201 SE 6<sup>th</sup> St. Leon, IA 50144 Phone: 641-446-6521

### Central Decatur North Elementary (Grades 3-6)

1203 NE Poplar St. Leon, IA 50140 Phone: 641-446-4452

#### Lamoni Elementary School (Grades K-5)

202 N. Walnut St. Lamoni, IA 50140 Phone: 641-784-3422

#### Mormon Trail Elementary (Grades K-6)

403 S. Front St. Humeston, IA 50123 Phone: 641-877-2521

#### Middle School

#### Lamoni Middle School (Grades 6-8)

202 N. Walnut St. Lamoni, IA 50140 Phone: 641-784-7299

#### High School

### Central Decatur Community Schools (Grades 7-12)

1201 NE Poplar St. Leon, IA 50144 Phone: 641-784-7299

#### Lamoni High School (Grades 9-12)

202 N. Walnut St. Lamoni, IA 50140 Phone: 641-784-3351

#### Mormon Trail (Grades 7-12)

403 S. Front St. Humeston, IA 50123 Phone: 641-877-2521

#### <u>EDUCATION</u> – Special Services Green Hills Area Education Agency

257 Swan St. Creston, IA 50801

Phone: 712-366-0503 or 1-844-366-0503

#### **SWCC Educational Talent Search**

1501 W. Townline St. Creston, IA 50801 Phone: 641-782-1392

#### **SWCC Adult & Continuing Education**

1501 W. Townline St. Creston, IA 50801

Phone: 641-782-1441 or 1-800-247-4023 ext 441

#### **ELECTED OFFICIALS**

**City Offices** 

#### **Decatur City Hall**

302 NE 4<sup>th</sup> St.

Decatur, IA 50067 Phone: 641-446-6273

#### **Davis City Hall**

209 N. Bridge St.

Davis City, IA 50065 Phone: 641-442-8156

#### **Garden Grove City Hall**

PO Box 120

Garden Grove, IA 50103 Phone: 641-443-2965

#### **Grand River City Hall**

126 Broadway St. PO Box 475 Grand River, IA 50108

#### Lamoni City Hall

190 S. Chestnut St. Leon, IA 50144

Phone: 641-784-6311

#### **Leon City Hall**

104 W. 1<sup>st</sup> St. Leon, IA 50144 Phone: 641-446-6221

#### Van Wert City Hall

101 E. 1<sup>st</sup> St. Van Wert, IA 50262 Phone: 641-445-5358

#### <u>US Senators</u> Senator Joni Ernst

Des Moines Office 733 Federal Bldg 210 Walnut St. Des Moines, IA 50309 Phone: 515-284-4574

#### Washington DC Office

111 Russell Senate Office Bldg. Washington, DC 20510

Phone: 202-224-3254

#### **Senator Chuck Grassley**

Des Moines Office 721 Federal Bldg. 210 Walnut St. Des Moines, IA 50309

Phone: 515-288-1145 Fax: 515-288-5097

#### Washington DC Office

135 Hart Senate Office Bldg. Washington, DC 20510 Phone: 202-224-3744

Fax: 202-224-6020

#### <u>US Representative</u> Representative Zach Nunn

Washington DC Office 1232 Longworth House Office Building

Washington, DC 20515 Phone: 202-225-5476

#### Creston Office

208 W Taylor Street Creston, IA 50801 Phone: 641-220-9093

#### Ottumwa Office

105 E 3rd Street Ottumwa, IA 52501 Phone: 641-220-9641

#### Des Moines Office

400 Locust Street

Suite 250

Des Moines, IA 50309 Phone: 515-400-8180

#### State Senator

#### Senator Amy Sinclair

1007 E. Grand Ave. Des Moines, IA 50319 Phone: 515-281-3371 Fax: 515-242-6108

#### State Representative

#### Representative Sam Wengryn

1007 E. Grand Ave. Des Moines, IA 50319 Phone: 515-281-3221 Fax: 515-281-5868

#### **EMPLOYMENT SERVICES**

#### **Iowa Workforce Development**

215 N. Elm St.

Phone: 641-782-2119

### HEALTH CARE SERVICES & MEDICAL ASSISTANCE

#### Affordable Care Act

Health Insurance Marketplace Department of Health and Humans Services 465 Industrial Blvd. London, KY 40750-0001

Phone: 844-368-4378 Phone: 800-318-2596

#### **Department of Human Services**

109 South Main St. Osceola, IA 50213

Income Maintenance: 641-342-6516

#### **HOSPICE & HOME HEALTH**

**Circle of Friends Home Care** 

1010 N. 7<sup>th</sup> St. Chariton, IA 50049 Phone: 641-774-2339

#### **Circle of Life Hospice Care**

220 Northwestern Ave. Chariton, IA 50049

Phone: 641-774-3490 or 877-574-3490

#### **EveryStep Hospice**

107 S. Fillmore Street Mount Ayr, IA 50854 641-464-2088 800-806-9934

#### **HOSPITALS & CLINICS**

**Child Health Specialty Clinics** 

904 E. Taylor Suite B Creston, IA 50140 Phone: 641-782-9500

#### **Decatur County Hospital**

1405 NW Church St. Leon, IA 50144 Phone: 641-446-4871

#### **Infinity Health**

Leon Location 302 NE 14<sup>th</sup> St. Leon, IA 50144 Phone: 641-446-2383

#### Lamoni Location

802 E. Ackerly St. Lamoni, IA 50140 Phone: 641-784-7911

#### **HOTLINES & INFORMATION**

2-1-1 Resources and Referral Hotline

Phone: 2-1-1

#### **AIDS Information Hotline**

Phone: 800-448-0440

#### **Al-Anon Hotline**

Phone: 1-888-4AL-ANON (1-888-425-2666)

Business Office: 757-563-1600

#### Americans with Disabilities (ADA) Hotline

Phone: 800-514-0301

#### Gay and Lesbian National Hotline

Phone: 888-THE-GLNH (888-843-4564)

#### **Central Iowa Crisis Line**

Toll-Free Crisis Line: 844-258-8858

#### **Iowa Compass Hotline**

Phone: 800-779-2001

#### **Iowa Gambling Treatment Program**

Phone: 800-BETS-OFF

#### **Iowa Healthy Family Hotline**

Phone: 800-369-2229

#### **Lawyer Referral Services Hotline**

Phone: 800-532-1108

Medline Plus: www.medlineplus.gov

#### National Alliance on Mental Illness

Helpline

Phone: 800-950-6264

#### National Council on Alcoholism and Drug

Dependence Hope Line

Phone: 800-622-2255

#### Mental Health America

Phone: 800-969-6642

#### **National Life Center**

Phone: 800-848-5683

#### **National Runaway Switchboard**

Phone: 800-RUNAWAY or 800-786-2929

#### **National Suicide Prevention Lifeline**

Phone: 800-273-TALK or 800-273-8255

#### Rape, Abuse & Incest National Hotline

(RAINN)

Phone: 800-656-HOPE or 800-656-4673

#### **Quitline Iowa**

Phone: 800-784-8669

#### **HOUSING** – Subsidized & Low Income

#### **Westward Properties**

606 N. Main St. Leon, IA 0144

Phone: 641-344-3636

#### **Crown Colony Housing**

200 Crown Colony Lamoni, IA 50140 Phone: 641-784-7777

#### **Parkview Low Rent Housing**

401 SE Q St. Leon, IA 50144 Phone: 641-446-4163

### Southern Iowa Regional Housing Authority (SIRHA)

219 N. Pine St. Creston, IA 50801 Phone: 641-782-8585

#### **USDA Rural Development**

909 E. 2<sup>nd</sup> Ave. Suite C Indianola, IA 50125 Phone: 515-961-7473

### Southern Iowa Council of Governments (SICOG)

101 E. Montgomery St. Creston, IA 50801 Phone: 641-782-8491

### LAW ENFORCEMENT & FIRE DEPARTMENT Decatur County Sheriff

203 NE Idaho St. Leon, IA 50003

Phone: 641-446-4111

#### **Garden Grove Fire Department**

200 S. Jefferson St. Garden Grove, IA 50103 Phone: 641-443-3135

#### **Grand River Fire Department**

226 E. 3rd St.

Grand River, IA 50108 Phone: 641-783-2514

#### **Iowa State Patrol Office**

1619 Truro Pavement Osceola, IA 50213 Phone: 641-342-2108

#### **Lamoni Police Department**

135 S. Linden St. Lamoni, IA 50140 Phone: 641-784-8711

#### **Lamoni Fire Department**

190 S. Chestnut St. Lamoni, IA 50140 Phone: 641-784-6791

#### **Leon Fire Department**

104 W. 1<sup>st</sup> St. Leon, IA 50144 Phone: 641-446-6221

#### Van Wert Fire Department

202 Main St. Van Wert, IA 50262 Phone: 641-445-6277

#### **Weldon Fire Department**

104 N. Main St. Weldon, IA 50264 Phone: 641-445-5637

#### **LEGAL SERVICES**

#### **Juvenile Court Services**

211 N. Elm St. Suite B Creston, IA 50801 Phone: 641-782-2519

#### Legal Aid of Iowa

112 E. 3<sup>rd</sup> St. Ottumwa, IA 52501 Phone: 800-532-1275

#### MEDICAL SUPPLIES

#### Apria Healthcare

701 W. Townline St. Suite B Creston, IA 50801 Phone: 641-782-6892

#### **Hammer Medical Supply**

609 W. Taylor St. Creston, IA 50801 Phone: 641-782-7995

#### **Hammer Medical Supply**

914 Court Ave. Chariton, IA 50049 Phone: 641-774-4600

### NURSING HOMES, ASSISTED & INDEPENDENT LIVING

**Lamoni Assisted Living** 

810 E. 3<sup>rd</sup> St. Lamoni, IA 50140 Phone: 641-784-8910

#### Lamoni Specialty Care

215 S. Oak St. Lamoni, IA 50140 Phone: 641-784-3388

#### **Terrace Park Assisted Living**

201 SW Lorraine St. Leon, IA 50144 Phone: 641-446-8396

#### **Westview Acres Care Center**

203 SW Lorraine St. Leon, IA 50144 Phone: 641-446-4165

#### **PHARMACIES** Infinity Health

302 NE 14<sup>th</sup> St Leon, IA 50144 Phone: 641-446-4242

#### Hy-Vee Pharmacy (Lamoni)

101 E. Main St. Lamoni, IA 50140 Phone: 641-784-6322

#### **PUBLIC HEALTH PROGRAMS**

#### **Immunization Clinic**

Decatur County Public Health 207 NE Idaho St. Leon, IA 50144 Phone: 641-446-6518

#### Care for Yourself Women's Health Program for Clarke, Warren, & Decatur

144 W. Jefferson Osceola, IA 50213 Phone: 641-342-3724

Marion County Public Health Department 2003 N. Lincoln Knoxville, IA 50138 Phone: 641-828-2238

#### Maternal, Child & Adolescent Health

Marion County Public Health Department 2003 N. Lincoln Knoxville, IA 50138 Phone: 641-828-2238

#### 1st Five Program

Marion County Public Health Department 2003 N. Lincoln Knoxville, IA 50138

Phone: 641-828-2238

#### Hawk-I (Healthy & Well Kids in Iowa) & Hawk-I Dental Only

Marion County Public Health Department 2003 N. Lincoln Knoxville, IA 50138

Phone: 641-828-2238

#### RECREATION

#### **Indoor**

#### **Decatur County Wellness Center**

(Back of Public Health Building) 207 NE Idaho St. Leon, IA 50144

Phone: 641-446-6518

#### Northside Iron

300 N. Main St. Leon, IA 50144

#### Doc Heff's Academy to Fitness

311 N. Main St. Leon, IA 50144 Phone: 641-446-3131

#### Coliseum Movie Theater

100 N. Maple St. Lamoni, IA 50140 Phone: 641-784-5665

#### **Liberty Hall Historic Center**

1138 W. Main St. Lamoni, IA 50140 Phone: 641-784-6133

#### **SCIT Theater**

208 N. Main St. Leon, IA 50144 Phone: 641-446-7444

#### **Helene Center for the Visual Arts**

**Graceland University Campus** 1 University Pl. Lamoni, IA 50140

Phone: 641-784-7288

#### **The Shaw Center**

Graceland University Campus 1 University Pl. Lamoni, IA 50140

Phone: 641-784-5296

#### Lamoni Public Library

301 W. Main St. Lamoni, IA 50140 Phone: 641-784-6686

#### **Leon Public Library**

200 W. 1<sup>st</sup> St. Leon, IA 50144 Phone: 641-446-6332

#### Fredrick Madison Smith Library

Graceland University 1 University Pl. Lamoni, IA 50140 Phone: 641-784-5483

#### **Outdoor**

#### **Decatur County Parks**

Elk Creek Wildlife Area (14265 Hwy. 2, Leon, IA 50144)

Kobville (1368 270<sup>th</sup> St., Garden Grove, IA 50103) Little River Recreation Area (20401 NW Little River Rd., Lamoni, IA 50140)

Slip Bluff Park (Slip Bluff Rd., Davis City, IA 50065)

Shewmaker Park (13818 160<sup>th</sup> St., Grand River, IA 50108)

Springer Woods (17401 198<sup>th</sup> St., Decatur City, IA 50067)

Trailside Park (30308 Mormon Trail Rd., Garden Grove, IA 50103)

#### Lamoni Golf & Country Club

932 S. Smith St. Lamoni, IA 50140 Phone: 641-784-6022

#### Leon Golf and Country Club

1204 W. 1<sup>st</sup> St. Leon, IA 50144 Phone: 641-446-4529

#### J&B Rolling Hills Disc Golf Course

US 69 & Spruce Dr. Lamoni, IA 50140 Phone: 641-784-3193

#### Colonel George Barrett Disc Golf Course

Graceland University Campus 1 University Pl. Lamoni, IA 50140

Phone: 641-784-7288

#### Central Park

West 4<sup>th</sup> St. & South Chestnut St. Lamoni, IA 50140

#### Lamoni Parks & Rec

108 S. Chestnut St. Lamoni, IA 50140 Phone: 641-784-6742

#### **Lamoni Community Pool**

133 S. Linden St. Lamoni, IA 50140 Phone: 641-784-3333

#### Nine Eagles State Park

23678 Dale Miller Rd. Davis City, IA 50065 Phone: 641-442-2855

#### North Park (George Foreman Park)

N. Linden St. Lamoni, IA 50140

#### **Recreation Trail (Lamoni)**

Starting points of Iowa Gateway Welcome Center, Central Park, or Liberty Hall Lamoni, IA 50140

#### Little River Scenic Pathway (Leon)

Starting points of Decatur County Fairgrounds, Masonic Park, or Lake Road Leon, IA 50144

#### SENIOR SERVICES

### Senior Health Insurance Information Program (SHIIP)

Decatur County Hospital 1405 NW Church St. Leon, IA 50144 Phone: 641-446-2200

#### **Social Security Administration**

906 E. Taylor St. Creston, IA 50801

Phone: 641-782-2779 or 866-613-2827

TTY: 641-782-8072

#### **Connections Area Agency on Aging**

109 N. Elm St. Creston, IA 50801 Phone: 800-432-9209

#### AARP Reset

215 N. Elm St. Creston, IA 50801

Phone: 641-782-2119 ext. 31

#### **Housing**

#### Home-In-Stead, Inc.

1103 NW Church St. Leon, IA 50144 Phone: 641-446-6720

#### **Country View Senior Housing Community**

1600 NE Poplar St. Leon, IA 50144 Phone: 641-342-0976

#### **Senior Life Solutions**

504 N. Cleveland Mt. Ayr, IA 50854 Phone: 641-464-4468

#### **TRANSPORTATION**

#### **Amtrak**

251 N. Main St. Osceola, IA 50213 Phone: 1-800-872-7245

#### **Decatur County Healthcare Courtesy Van**

Phone: 1-844-782-5420

#### Osceola Cab

114 W. Logan St. Osceola, IA 50213 Phone: 641-342-3025 **Southern I owa Trolley** 215 E. Montgomery St.

Creston, IA 50801

Phone: 641-782-6571 or -866-782-6571

#### **Jefferson Bus Lines**

Amish Country Store 109 S. Spruce Dr. Lamoni, IA 50140 Phone: 641-784-5300

#### **UTILITIES, WATER & SANITATION**

Alliant Energy

Phone: 1-800-255-4268

#### **Clarke Electric Cooperative**

1103 North Main St.

PO Box 161

Osceola, IA 50213

Phone: 641-342-2173 or 1-800-362-2154

#### **Lamoni Municipal Utilities**

111 S Chestnut St. Lamoni, IA 50140 Phone: 641-784-6911

#### Lamoni Trash Service

City of Lamoni (City Hall) 190 S. Chestnut St. Lamoni, IA 50140 Phone: 641-784-6311

#### **Leon Municipal Utilities**

104 W. 1<sup>st</sup> St. Leon, IA 50144 Phone: 641-446-6221

#### Mid-American Energy

Customer Service: 1-888-427-5632 Gas Leak: 1-800-595-5325 Power Outage: 1-800-799-4443

### Southern Iowa Rural Water Association (SIRWA)

1391 190<sup>th</sup> St. Creston, IA 50801 Phone: 641-782-5744

#### Southwest Iowa REC

1502 W. South St. Mount Ayr, IA 50854

Phone: 641-464-2369 or 1-888-220-4869 **Leon Street & Refuse Department** 

105 SW Church St. Leon, IA 50144 Phone: 641-446-6232

#### **VOLUNTEER SERVICES**

#### **Retired and Senior Volunteer Program**

1 University Place Lamoni, IA 50140 Phone: 641-784-5046

#### **Americorps Youth Launch**

1 University Place Lamoni, IA 50140 Phone: 641-784-5495

# V. Detail Exhibits

[VVV Consultants LLC]

## a.) Patient Origin Source Files

[VVV Consultants LLC]

### Patient Origin History 2022- 2024 for IP, OP and ER – Decatur County, IA

	Inpatient Visits: Decatur County, Iowa Residents							
#	Source: IHA Dimensions	2022 FFY	2023 FFY	2024 FFY	Total			
1	Leon - Decatur County Hospital	192	206	142	540			
	% of patients receiving care at home	28.1%	28.8%	22.9%	26.7%			
2	Des Moines - MercyOne Des Moines Medical Center	117	158	116	391			
3	Des Moines - UnityPoint Health - Iowa Meth Med Center	124	106	133	363			
4	Corydon - Wayne County Hospital and Clinic System	45	53	44	142			
5	Osceola - Clarke County Hospital	41	33	33	107			
6	West Des Moines - UnityPoint Health - Methodist West Hosp	39	40	27	106			
7	Iowa City - Univ. Of Iowa Hospitals & Clinics	18	20	24	62			
	Total	684	715	621	2,019			

	Outpatient Visits: Decatur County, Iowa Residents						
#	Source: IHA Dimensions	2022 FFY	2023 FFY	2024 FFY	Total		
1	Leon - Decatur County Hospital	6,999	7,434	6,951	21,384		
	% of patients receiving care at home	52.9%	53.4%	53.2%	53.2%		
2	Osceola - Clarke County Hospital	2,275	2,366	2,250	6,891		
3	Mount Ayr - Ringgold County Hospital	801	851	883	2,535		
4	Creston - Greater Regional Health	733	755	730	2,218		
5	Des Moines - UnityPoint Health - Iowa Meth Med Center	632	639	671	1,942		
6	Corydon - Wayne County Hospital and Clinic System	609	562	441	1,612		
7	Iowa City - Univ. Of Iowa Hospitals & Clinics	352	347	353	1,052		
	Total	13,237	13,923	13,071	40,231		

Emergency Room: Decatur County, Iowa Residents						
#	Source: IHA Dimensions	2022 FFY	2023 FFY	2024 FFY	Total	
1	Leon - Decatur County Hospital	2,112	2,039	2,269	6,420	
	% of patients receiving care at home	67.6%	66.5%	70.6%	68.3%	
2	Osceola - Clarke County Hospital	504	436	450	1,390	
3	Mount Ayr - Ringgold County Hospital	141	130	117	388	
4	Des Moines - UnityPoint - Meth Med	98	132	115	345	
5	Corydon - Wayne County Hospital and Clinic	105	108	98	311	
6	Des Moines - MercyOne Medical Center	44	55	29	128	
7	Creston - Greater Regional Health	25	26	37	88	
	Total	3,125	3,065	3,212	9,402	

# b.) Town Hall Attendees, Notes, & Feedback

[VVV Consultants LLC]

	Attendance Decatur County PSA CHNA Town Hall 2/13/25 12:00-1:30pm N=30						
#	Table	Attend	Last	First	Organization		
1	Α	х	Suazo	Amber	Decatur County Public Health		
2	Α	х	Rash	Holly	Decatur County Public Health		
3	Α	х	Patterson	Jamie	Decatur County Public Health		
4	Α	х	Smith	JoBeth	Retired DCH		
5	Α	х	Shrock	Joel	Graceland University		
6	Α	х	Johnston	Mike	Decatur County Hospital		
7	Α	х	Cummings	Peg	Decatur County Public Health		
8	Α	х	Metcalf	Phil	Retired community member from Leon, former pharmacist		
9	Α	х	Erb	Shannon	Decatur County Hospital		
10	Α	х	Frost	Sheri	DCH Trustee		
11	Α	х	Spidle	Tara	Decatur County Hospital		
12	Α	х	Hampton	Tina	HMA Alliance		
13	В	х	Porter	Athena	Infinity Health		
14	В	х	Morain	Bill	Infinity Health		
15	В	х	Coffelt	Chris	Central Decatur and Lamoni Superintendent		
16	В	х	Cooper	Cody	Infinity Health		
17	В	х	O'Brien-Day	Danielle	Behavioral Health Director Infinity Health		
18	В	х		Dr Lisa	Graceland, Mental Health Specialist		
19	В	х	Schmidt	Elizabeth	Southern Iowa Resources for Families		
20	В	х	Dykes	Erin	Infinity Health		
21	В	х	Boswell	Heather	Central Decatur Elementary Nurse		
22	В	х	Arnold	Holly	Infinity Health		
23	В	х	Buckingham	Justine	Central Decatur secondary nurse		
24	В	х	Welch	Kerry	Central Decatur Schools		
25	В	х	Ahlenstorf	Kyle	Infinity Health		
26	В	х	Stephens	Marcia	Leon Chamber		
27	В	х	Muir	Michele	Decatur County Public Health		
28	В	х	Leonard	Michelle	Infinity Health		
29	В	х	Magle	Pat	MD retired (Lamoni)		
30	В	х	Martin	Ryan	Lamoni Schools		

## Decatur County Hospital, Decatur County DOH, and Infinity Health Virtual Town Hall Event Notes

Date: 2/13/2025: 12:00-1:30 p.m. Via Zoom Attendance: N=30

INTRO: Following is a recap of the community conversation during CHNA 2025 Virtual Town Hall

- Schools actively partner with Infinity Health for on-site mental health services for students.
- Less support from the AEA for vision and hearing screenings causing a gap for all students getting screenings. It has been harder to meet student needs this year especially for low-income families that rely on PH to help meet health needs (ex. vision, dental) Public health entities are spread thinner as their coverage areas are larger.
- The community voiced concern for more mental health providers, MD/DO for primary care, dental (pediatric), and pediatrics.
- The community agreed that depression is high in Decatur County. They expressed a mental health crisis in schools and growing levels of suicidal ideation (k-12). A community member shared that "Decatur has a higher risk of suicide due to rural status with guns/firearms in the home, and high levels of substance use."
- As for drugs, in Decatur County, the community mentioned Methamphetamines, Marijuana, and Vaping prevalent, often in combination.
- Sleep has become an issue for children. "Sleep for kids is a big deal with cell phones and access to social media. This also goes with the increase of anxiety and depression."
- Access to exercise has increased with trail expansions, a new gym in Leon, and county lakes kayaking/canoeing initiatives.

#### What is coming/occurring that will affect health of the community:

- Behavioral Health
   Districts/regionalization in Iowa
- Decatur County Hospital Child Care center
- Diminished state funding for public education
- Medicaid reconstruction

#### Things going well for healthcare in the community:

- Access to health care
- Chronic disease management education
- Collaboration

- Emergency Department
- Hospital (Quality & Facility)
- Pharmacy (extended hours)
- Recreation
- Telehealth
- Transportation Van

#### Areas to improve or change in the community:

- Abuse / Violence
- Awareness of Health Services (Preventative Health/Wellness)
- Cancer and Chronic Disease Management
- Child Care

- Dentists
- Food Insecurity
- Home Health
- Housing
- Lack of Providers / Qualified Staff
- Mental Health
- Obesity

- Optometry / Ophthalmology Services
- Senior Living Options
- Substance Abuse (Drug & Alcohol)
- Veteran Services
- Water Quality

	Round #5 CHNA - Decatur Co IA PSA						
	Virtual Town Hall Conversation - Strengths (Big White Cards) N=30						
Card #	What are the strengths of our community that contribute to health?	Card #	What are the strengths of our community that contribute to health?				
3	Access to providers and specialists	10	Healthcare providers				
11	Ambulance	15	I would agree with the access to pharmacy				
8	Ambulance/ER services	13	Pharmacy				
1	Chronic disease management education	6	Pharmacy available				
9	Chronic disease mgmt services	5	Primary Care				
7	Collaboration	10	Rec opportunities				
12	Collaboration	6	Specialty available				
13	Collaborative services	7	Specialty care				
4	DER, hospital access	9	Telehealth				
7	Emergency response	13	Telehealth				
14	Emergency services are good / PHN	6	Transporatation				
2	Emergency/Urgent Care	16	Transportation				
11	ER	8	Visiting doctors				
10	Health services	12	Visiting doctors				
8	healthcare collabs	9	Visiting providers				
11	Healthcare cooperation						

	Round #5 CHNA -	Dec	atur Co IA PSA
	Virtual Town Hall Conversation -	Weakn	esses (Color Cards) N= 30
Card #	What are the weaknesses of our community that contribute to health?	Card #	What are the weaknesses of our community that contribute to health?
11	Anxiety and suicide evals are up at Lamoni Schools	19	Need more MD/DO for primary care
13	Anxiey and depression in kids	3	Needs to be more MD/DO providers for primary care
2	Better access for Mental Health	22	Optometry
1	Dental Staff - Dentist, DH and DA	4	Pediatric dental
8	Depression becoming common in elementary setting	5	Peds
14	Elementary aged students are not getting enough sleep	13	Sleep for kids
18	High Deductibles	12	Students coming to school tired and not ready to learn
17	High health insurance premiums	9	Suicide in our K-12 population
16	Insurance coverage is lacking	10	Suicide,guns/firearms in the home, high substance use
15	Insurance providers. Medicare advantage, Wellmark	23	Water quality is a definite concern
20	More Dental Staff	6	Yes, high rates of depression
21	More Mental Health professionals	7	Yes, high rates of depression

#### Round #5 CHNA - Community Hospital - Decatur IA PSA Social Determinants "A" Card Themes (N = 25 with 70 Votes): E=19, N=12, ED=0, C=4, F=0 & P=3 The social determinants of health Language · Expenses Early childhood education - Provider bias Community engagement - Debt · Parks · Discrimination · Support Walkability First Impressions on Social Determinants Impacting First Impressions on Social Determinants Impacting Card # Code Card # Code Delivery 16 Е С Social/Community Context Economic stability 2 Ε С Family 17 Economic stability 9 18 Е С Family Economic 12 С Family 19 **Economic Stability** 3 Economic Stability Neighborhood/Built 2 4 Ε Economic Ν Environment 3 5 **Econ Stability** Neighborhood/Built 4 Е Economic 6 Ν Neighborhood/Built 5 6 Е Econ Stability Ν Neighborhood/Built 6 Economic Stability 7 Neighborhood/Built 6 11 Neighborhood Е Economic Stability 14 7 Е **Economic Stability** 8 15 Neighborhood and built environments Ε **Economic Stability** Ν 9 **Economic Stability** 16 Neighborhood 10 Е **Economic Stability** 17 Ν Neighborhood and enviroment Neighborhood and built environment 11 18 Е Economic 13 Е Economic Stability 10 Р Health Care Access and Quality 14 Е Economics 13 Health Care Access 15 Е 19 Economic Stability Healthcare Access and Quality

## **EMAIL Request to CHNA Stakeholders**

From: Shannon Erb Date: 11/1/2024

To: Community Leaders, Providers, Hospital Board and Staff

Subject: CHNA Round #5 Community Online Feedback Survey – Decatur Co. IA

Decatur County Hospital in partnership with Infinity Health, and Decatur County Health Department – Decatur County, IA; will be working with other area providers over the next few months to update the 2025 Decatur County, IA Community Health Needs Assessment (CHNA). We are seeking input from community members regarding the healthcare needs in Decatur County in order to complete the 2025 CHNA.

The goal of this assessment update is to understand progress in addressing community health needs cited in 2013, 2016, 2019, and 2022 CHNA reports while collecting up-to-date community health perceptions and ideas.

Your feedback and suggestions regarding current community health delivery are especially important to collect in order to complete this comprehensive report. To accomplish this work, a short online survey has been developed for community members to take. Please visit our hospital webpage, facebook page, or utilize the link below to complete this survey.

LINK: https://www.surveymonkey.com/r/DecaturCoOnlineSurvey

All community residents and business leaders are encouraged to **complete the 2025 online CHNA survey by December 9**<sup>th</sup>, **2024.** All responses are confidential.

Please Hold the Date A community Town Hall is scheduled for Thursday, February 13<sup>th</sup>, 2025, from 12:00-1:30pm via Zoom. This meeting is to discuss the survey findings and identify unmet needs.

If you have any questions about CHNA activities, please call 641-446-2345

Thank you for your time and participation.

## PR#1 News Release

<u>Local Contact:</u> Shannon Erb **Media Release:** 11/1/2024

## Community Health Needs Assessment to start – Decatur County, IA

Decatur Community Hospital in partnership with Infinity Health, and Decatur County Health Department are seeking community input on local conditions that impact health, such as the ability to eat healthy foods and stay physically active in Decatur County.

Over the next few months, Decatur Community Hospital, Infinity Health, and Decatur County Health Department will be working together with other area community leaders to update the Decatur County, IA 2025 Community Health Needs Assessment (CHNA). Today we are requesting Decatur County community members' input regarding current healthcare delivery and unmet resident needs.

The goal of this assessment update is to understand progress from past community health needs assessments conducted in 2013, 2016, 2019, and 2022 while collecting up-to-date community health perceptions and ideas. VVV Consultants LLC, an independent research firm from Olathe, KS has been retained to conduct this countywide research.

A brief community survey has been developed to accomplish this work. <Note: The CHNA survey link can be accessed by visiting Decatur County Hospital website and/or Facebook page. You may also utilize the QR code below for quick access.



All community residents and business leaders are encouraged to complete this online survey by **December 9<sup>th</sup>**, **2024**. In addition, a CHNA Town Hall meeting to discuss the survey findings and identify unmet needs will be held on **Thursday**, **February 13<sup>th</sup>**, **2025**, **from 12:00pm-1:30pm via Zoom**. More info to come soon! Thank you in advance for your time and support!

If you have any questions regarding CHNA activities, please call 641-446-2345

## **EMAIL #2 Request Message**

From: Shannon Erb Date: 12/27/24

**To:** Area Community Leaders, Providers and Hospital Board & Staff

**Subject:** Decatur County Community Health Needs Assessment Town Hall –

February 13, 2025

**Decatur County Hospital, Infinity Health, and Decatur County Health Department** will host a Town Hall Community Health Needs Assessment (CHNA) on Thursday, February 13<sup>th</sup>. The purpose of this meeting will be to review collected community health indicators and gather community feedback opinions on key unmet health needs for Decatur Co, IA. **Note: This event will be held on Thursday, February 13<sup>th</sup> from 12-1:30pm via Zoom.** 

We hope you find the time to attend this important event. All business leaders and residents are encouraged to join us. To adequately prepare for this event, it is imperative all RSVP who plan to attend town hall.

LINK: https://www.surveymonkey.com/r/DecaturCo TownHall RSVP



Thanks in advance for your time and support!

If you have any questions regarding CHNA activities, please call (641) 446-4871.

# Join Decatur County Hospital, Infinity Health, and Decatur County Health Department's CHNA Town Hall Thursday, February 13, 2025.

Media Release: 12/27/24

To gauge the overall community health needs of residents, **Decatur County Hospital, Infinity Health, and Decatur County Health Department** invites the public to participate in a Community Health Needs Assessment Town Hall roundtable on **Thursday, February 13**<sup>th</sup> **from 12: 00p.m – 1:30p.m via Zoom.** 

This event is being held to identify and prioritize the community health needs. Findings from this community discussion will also serve to fulfill both federal and state mandates.

To adequately prepare for this event, is vital everyone planning to attend this event RSVPs. Please visit our hospital website and social media sites to obtain the link to complete your RSVP OR please utilize the QR code below.



We hope that you will be able to join us for this discussion on <u>February 13<sup>th</sup>.</u> Thanks in advance for your time and support!

If you have any questions about CHNA activities, please call (641) 446-4871).

###

## d.) Primary Research Detail

[VVV Consultants LLC]

	CH	INA 202	25 Co	mmui	nity F	Feedback: Decatur County, IA (N=109)
ID	Zip	Rating	c1	c2	c3	Q10. Being this a strong topic of interest, do you have any thoughts, ideas, and/or specific suggestions (food, housing, transportation, support, etc.) to address these 5 social determinants to improve our community health?  (Please Be Specific)
1086	50140	Average	ACC	FUND		Access to funding.
1077	50144	Very Good	ACC	TRAIN		Having access to a stable, trained, employee base that can provide a workforce for potential employment.
1014	50144	Good	CC	SAFE	REC	Overall, child care, and safety are the two main things I see in Decatur County.  Childcare is severely lacking, and the safety of our roads, lack of access to sidewalks, and dilapidated housing creates issues in providing quality opportunities for outdoor recreation.
1016	50144	Good	CLIN	DOH	HOUS	Improved coordination between the clinic, hospital and public health. A housing development for young professionals would be a great addition to help recruit new families.
1005	50213	Very Good	COLLAB	FF	DOCS	Collaboration with and consistent follow up with community health partners/providers. This can ensure the whole patient is being treated, including SDOH gaps.
1006	50140	Very Good	COLLAB	TRAN	POV	I feel that the three organizations (DCH, IH, and DCPH) are working together. The transportation van and paramedic program are both excellent ideas. The problem is the baseline poverty in our county.
1019	50147	Very Poor	DOCS	COLLAB		Hire more Doctors Better collaboration between primary Dr. and specialty Dr.
1109	50144	Very Good	ECON	FINA		If there were better opportunities for businesses to come in that would provide jobs, that would help economic stability. Addressing taxes on businesses would be a step forward.
1072	50144	Average	ECON	SPRT	NH	The economy needs be supported and community support for local businesses and restaurants as long assistance with elderly living
1049		Good	ECON	YOUTH		2) Economic stability. Everywhere I look, I see help wanted signs. Beginn8ng with
1101	50144	Very Good	ECON			our youth, we need to reintroduce the work ethic.  Economic stabiliry
1015		Very Good	ECON			Secure jobs
1024	50144	Good	EDU	PREV	FIT	Education in the areas of healthy lifestyles including physical, emotional and mental
1022		Good	FIT	OPTH	DOCS	lack of exercise facilities. poor vision doctors
1057	50140	Good	FIT	REC	ACC	It would be awesome to have a community center/ exercise facility that is open to the public, possibly free or put the cost of the facility into yearly taxes. Pool, weights, treadmills, Zumba etc.
1023	50140	Very Good	GOV	EDU	NUTR	Decrease of state and federal assistance moneys in healthcare and public education. Need senior living options. Need better nutrition education and assistance.
1048	50140	Average	GOV	EDU	SERV	Politics and information silos have seriously hurt trust in science-based healthcare. There is a massive need for education that is compelling and effective, but that will be difficult in the current climate. Trust in science and services (often provided by govt) is at a low and that needs to change.
1017	50140	Average	GOV	INSU		Stop electing MAGA Republicans Join other industrialized countries and have a nationwide health insurance program
1090	50144	Good	НН	DOH	SPRT	Home health needs to step up and help more. Be a more active roll in this community. If they want us to support and pay for their wages, they should earn it!
1043	50144	Very Good	HOUS	ACC	SPRT	Incentives for individuals to build housing for themselves or aging parents to allow them to stay in their homes longer.
1021	50262	Poor	HOUS	ECON	SH	Yes need more housing. Need more business in the area for jobs. So much closed down. Really nothing opened to replace. More affordable childcare is needed for under school age. I think there's one center in the whole county?
1033	50140	Very Good	MRKT	SPIR	SPRT	A newspaper article might be helpful. Church groups. Social clubs, etc.
	50144	Very Good	NH	HOUSE		More Senior Housing
1040	50140	Average	NH	SCH	TRAN	working with elderly/disabled sometimes they can't get ride to doctor appointments
1096	50065	Good	NUTR	ACC		Access to cheaper food. Bring in an aldis
1080	50833	Good	NUTR	ACC		Food choices are very low in this town. We have one grocery store that is sky high. DG has few items. No resturants except Mexican at night and gas station food
1097	50144	Average	NUTR	FINA	DRUG	Meals on wheels more affordable. More housing for low income. Control drug population. Need for more senior services, daytime/nighttime care
1001	50144	Average	NUTR	FINA	REF	The people who want/need to eat healthy can't afford to purchase healthy foods.  People who are referred to a specialist in DesMoines by a local health care provider don't have transportation to get to Des Moines.
1031	50144	Very Good	NUTR	PREV	EDU	Additional health and nutrition outreach to improve education.
1054	50144	Very Good	NUTR	PREV	SPRT	The most unhealthy population are those that seem to be noncompliant with services that are available or have no motivation to improve themselves. I am not convinced that we have a "support availability" issue.
1004	52544	Average	NUTR	WAG	ECON	Limited availability for quality food in these areas leading to poor health.  Vegetables and fruits and such are more expensive than what food stamps is allowing. Also wages are not supportable for the living economy today. And lack of education regarding health as well.
1018	50144	Average	OWN			Nope, you can only help people that want to be helped and people have to want to change, you can't do it for them.
1066	50144	Good	QUAL			???1-good 2-needs work 3-
1002	50144	Good	QUAL			There are generations of people who know nothing more than assistance, and seem not to care.

	CH	INA 202	25 Co	mmui	nity F	Feedback: Decatur County, IA (N=109)
ID	Zip	Rating	с1	c2	с3	Q10. Being this a strong topic of interest, do you have any thoughts, ideas, and/or specific suggestions (food, housing, transportation, support, etc.) to address these 5 social determinants to improve our community health?  (Please Be Specific)
1027	50144	Good	SPRT	DOH		Having a central contact that can point people to the correct people/departments that they need to see for their needs/issues.
1042	50144	Good	SPRT	SERV		Lots of unfounded bad mouthing of local health care—don't know the solution. I always SUPPORT local services. Sometimes, I think it's a prestige "thing" to bad mouth!! SAD!!
1046	50144	Good	STROK	EDU	RESO	we offer alot here at the hospital but again i see nothing for stroke survivors. We have a parkinsons group that comes in every month for a free meal and education on their disease. Why can't that be done for others? Strokes affect so many different people of ALL ages. It would be nice for the care givers to get some extra resources as far as learning different techniques for maybe therapy at home, dealing with finances, offering assistance in medication management, ect. If you offer all of this for one group, i feel other groups need to be offered the same opportunity.
1026	50144	Poor	TRAN	EMER		Transportation for people who need a higher level of care. Not including Emergecy transport.
1070		Average	WAG	ECON	OBG	Increase opportunities for higher than minimum wage employment. Start access to maternal and pregnancy care.

	CHI	NA 202	25 Co	mmı	ınity	Feedback: Decatur County, IA (N=109)
ID	Zip	Rating	c1	c2	с3	Q8. In your opinion, what are the root causes of "poor health" in our community? Other (Be Specific)
1056		Very Good	CANC	H2O		We seem to have a higher incidence of cancer in this county, and I am curious if it is something to do with the Content of our water from runoff from fields??? Also, I think lack of education/ Knowledge is part of it.
1002	50144	Good	CHRON	OWN		chronic low functioning people, poor choices, lack of abition
1107		Very Good	EDU	OWN		stupid people that don't care
1016	50144	Good	EDU			Health Literacy
1050	50140	Good	INSU			Senior programs.
1001	50144	Average	NUTR	FINA		Shopping for healthy foods is expensive.
1096	50065	Good	NUTR	FINA		The healthy foods cost to much for families to purchase in our area.
1097	50144	Average	OWN			Laziness
1020	50213	Very Good	OWN			Motivation to be healthy
1054	50144	Very Good	OWN			No self accountability due to safety nets and hand outs
1066	50144	Good	OWN			We lazy
1006	50140	Very Good	POV			Poverty
1095	50065	Average	POV			poverty
1017	50140	Average	POV			rural poverty and lack of nationwide health care insurance ("Medicare for All")
1070		Average	STD	DIAG		No effort to use state funded STI surveillance, diagnosis, and treatment.

	СН	NA 202	25 Co	mmu	nity F	Feedback: Decatur County, IA (N=109)
ID	Zip	Rating	c1	c2	c3	Q13. What "new" community health programs should be created to meet
יוו	Zip	Katilig	CI	62	CS	current community health needs?
4040	50440	Δ	****	MOLET		Weekly articles in the paper by local health care professional that are short and
1048	50140	Average	AWARE	MRKT		informative. We are more likely to read it if it is written my someone we know rather than a canned piece. Repost the article on Lamoni Exchange
						I am retired, but I feel that there should be a focus on child care and well-woman
1006	50140	Very Good	CC	FEM		care for those with young families.
1100	50144	Poor	CC	FINA	MH	Help securing affordable health care child care mental care drug programs
1109	50144	Very Good	CC	SERV		childcare services
1069		Average	DENT	OPTH	DERM	Local Dentist, Eye Doctor and Dermatologist
1081	50144	Very Good	DOCS	ACC	NURSE	Better accessibility to Doctor's and Nurse's when necessary for questions to be answered.
1005	50213	Very Good	DRUG	EDU	SPRT	Substance use programs, more NA & AA meetings. More educational events.
						Substance use programs or all in one day stop shops. So getting an eye
1004	52544	Average	DRUG	OPTH	AUD	screening, hearing screen, general health, mental health, sub use eval all in one day.
1024	50144	Good	FIT	AWARE	DOM	Exercise incentives, healthy relationship awareness, domestic abuse awareness
1019	50147	Very Poor	FIT	NH	FINA	Exercise facility other than what public health offers. Should be free for seniors
.5.5	30117	. 0. , 1 001		.,,,	, .	and tv Hose on fixed income
1030	50140	Poor	FIT	NUTR	COUN	A fitness center would be great in Lamoni. If it could have a place for nutrition
1022	50140	Very Good	FIT	NUTR	EDU	also and possibly a place for them to be seen by a counselor.  Exercise programs that include information on healthy eating.
		Very Good	FIT	OPTH	CC	Community Gym, Vision Clinic, More daycare providers
$\overline{}$	50144	Good	FIT	OFIN	CC	A fitness center
	50144	Average	HH	SERV		Home Health services
	50144	Good	HH	SERV		Home health visits
$\overline{}$	50144	Good	MH	DRUG		More mental health/substance abuse services
$\overline{}$		Good	MH	SERV		Mental health services.
						Mental health is a huge concern in this county with more and more people
1094	50144	Good	MH	SPRT		needing help and being unable to get the assistance they need.
1096	50065	Good	MH	YOUTH		Mental health in children.
-	50144	Average	MH			Mental Health is extremely underserved.
	50144	Average	NH	FIT		Senior exercise-nursing home and assisted living
$\overline{}$		Very Good	NH	HOME	FIT	Senior living, homelessness, exercise facilities
	50140	Good	NH	RESO		Senior health programs.
1070		Average	NH	RESO		Senior meal site with education and screening available. (Leon and Lamoni)
1040	50140	Average	NH			presentations at Senior Living locations
1088	50108	Good	NUTR	МН		Bring back the meal site. They actually get out of the house. It will help them with deppression and them being lonely.
1072	50144	Average	NUTR	NH		Free meals for elderly
1101		Very Good	OPTH	CC		Eye care, child care
1022	30144	Good	OPTH	FIT		optomologist service. exercise facility
	50140	Average	OPTH	FIT		Vision and access to exercise equipment for those who can't be outside
	50144	Good	OPTH			Vision optimally
	50262	Poor	PEDS	DENT	OBG	Pediatric dentistry. Obgyn. More oncology options. Just get rid of inconsistent walk in clinic and allow a separate urgent care to be available during clinic afterhours.
1026	50144	Poor	PRIM			Family doctors that give a shit and are willing to do anything besides shuffle you in and back out as quick as possible.
1086	50140	Average	PRIM			More PCPs with greater experience.
1054	50144	Very Good	QUAL	SPRT		We need to put more emphasis on what we already have. We do not need to
	00114	-		0		reinvent the wheel.
1049	E04.46	Good	QUAL			Just more of what we have would be good.
1017	50140	Average	QUAL			start with the basics and build out
1014	50144	Good	RET	CLIN	DOCS	Joint recruiting between the hospital and clinic for MD/DO level providers, and optometry/opthalmalolgy.
1016	50144	Good	SPRT	CC		Additional access and support of childcare would be a huge help for business development and reengagement of workforce.
1046	50144	Good	STROK	ОРТН	PRIM	I would love to see a stroke caregivers group started or a stroke survivor group started. Also a local optometrist would be nice to have. But mostly getting another primary care provider would help alot.

#### Year 2025 - Let Your Voice Be Heard!

Decatur Community Hospital, Infinity Health, & Decatur County Health Department along with area providers have begun the process of updating a comprehensive community-wide 2025 Community Health Needs Assessment (CHNA) to identify unmet health needs. To gather current area feedback, a short online survey has been created to evaluate current community health needs and delivery. NOTE: Please consider your answers to the survey questions as it relates to ALL healthcare services in our community, including but not limited to our local hospital.

While your participation is voluntary and confidential, all community input is valued. Thank you for your immediate attention! CHNA 2025 online feedback deadline is set for December 27th, 2024.

-	ion, how wo	ould you rate	the "Overa	ıll Quality" of healthcare delivery in our
community?				
O Very Good	Good	Average	OPoor	Very Poor

2. How would our community area residents rate each of the following health services?

	Very Good	Good	Fair	Poor	Very Poor
Ambulance Services					
Child Care					
Chiropractors					
Dentists					
Emergency Room					
Eye Doctor/Optometrist		$\bigcirc$		$\bigcirc$	
Family Planning Services				$\bigcirc$	
Home Health					
Hospice/Palliative					
Telehealth		$\bigcirc$			

Very Good   Good   Fair   Poor   Very Pool   Inpatient Hospital   Services   Ook   Ook	Continued)					
Mental Health Services  Nursing Home/Senior Living  Outpatient Hospital Services  Pharmacy Primary Care Public Health School Health Visiting Specialists  A. In your own words, what is the general perception of healthcare delivery for our community (i.e. hospitals, doctors, public health, etc.)? Be Specific.		Very Good	Good	Fair	Poor	Very Poor
Services  Nursing Home/Senior Living  Outpatient Hospital Services  Pharmacy  Primary Care  Public Health  School Health  Visiting Specialists  A. In your own words, what is the general perception of healthcare delivery for our community (i.e. hospitals, doctors, public health, etc.)? Be Specific.						
Outpatient Hospital Services  Pharmacy Primary Care Public Health School Health Visiting Specialists  In your own words, what is the general perception of healthcare delivery for our ommunity (i.e. hospitals, doctors, public health, etc.)? Be Specific.			$\bigcirc$			
Services  Pharmacy  Primary Care  Public Health  School Health  Visiting Specialists  In your own words, what is the general perception of healthcare delivery for our ommunity (i.e. hospitals, doctors, public health, etc.)? Be Specific.			$\bigcirc$			
Primary Care  Public Health  School Health  Visiting Specialists  In your own words, what is the general perception of healthcare delivery for our community (i.e. hospitals, doctors, public health, etc.)? Be Specific.		$\bigcirc$	$\bigcirc$		$\bigcirc$	
Public Health  School Health  Visiting Specialists  In your own words, what is the general perception of healthcare delivery for our community (i.e. hospitals, doctors, public health, etc.)? Be Specific.	Pharmacy					
School Health  Visiting Specialists  In your own words, what is the general perception of healthcare delivery for our ommunity (i.e. hospitals, doctors, public health, etc.)? Be Specific.  In your opinion, are there healthcare services in our community/your neighborhood the	Primary Care		$\bigcirc$			
Visiting Specialists  In your own words, what is the general perception of healthcare delivery for our ommunity (i.e. hospitals, doctors, public health, etc.)? Be Specific.  In your opinion, are there healthcare services in our community/your neighborhood the	Public Health					
. In your own words, what is the general perception of healthcare delivery for our ommunity (i.e. hospitals, doctors, public health, etc.)? Be Specific.  . In your opinion, are there healthcare services in our community/your neighborhood the	School Health		$\bigcirc$			
ommunity (i.e. hospitals, doctors, public health, etc.)? Be Specific.  5. In your opinion, are there healthcare services in our community/your neighborhood the	Visiting Specialists					
	community (i.e. hos	pitals, doctors,	public health,	etc.)? Be Spec	ific.	
						porhood that

3. How would our community area residents rate each of the following health services?

$6.\ From\ our\ past\ CHNA,\ a\ number\ of\ health\ need \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \$	eds were identified as priorities. Are any of
these an ongoing problem for our community? $\ensuremath{\mathbf{l}}$	Please select top three.
Mental Health (Diagnosis, Placement, Aftercare, Providers)	Water
Awareness of Health Services	Suicide
Substance Abuse (Alcohol/Drugs)	Obesity (Nutrition/Exercise)
Child Care (Accessible, Affordable, Safe)	Primary Care
Economic Development/Employment Readiness	Medicaid enrollment  Amish (No insurance or vaccinations)
Food Insecurity	Poverty
Healthcare Transportation	Dentists
Visiting Specialists	Establish local DHS office - better access
Public Health Perception (encourage patients to seek care in Decatur Co)	Increase Amish Healthcare services/education
Collaboration and Communication of Healthcare	Provide Adult Day Care Services
Partners	Meal Coordination
Housing (Accessible, Affordable, Safe)	Expand Medicaid
Healthcare Literacy	Provide prenatal/postnatal services
Lack of Optometry / Ophthalmology Services	Offer more assisted living options
Healthcare Staffing	Improve IA works
Access to DHS enrollment	Offer new patient health education
Senior Living Options	Open Lamoni fitness center
Disadvantaged Population	
Senior Exercise	

7. Which past CHNA needs are NOW the most $\boldsymbol{p}$	pressing for improvement? Please select top 3.
Mental Health (Diagnosis, Placement, Aftercare, Providers)	Water
Awareness of Health Services	Suicide Obesity (Nutrition/Exercise)
Substance Abuse (Alcohol/Drugs)	
Child Care (Accessible, Affordable, Safe)	Primary Care  Medicaid annullment
Economic Development/Employment Readiness	Medicaid enrollment
Food Insecurity	Amish (No insurance or vaccinations)
Healthcare Transportation	Poverty
Visiting Specialists	Dentists  Fetablish level DUC office hotten access
Public Health Perception (encourage patients to seek care in Decatur Co)	Establish local DHS office - better access  Increase Amish Healthcare services/education
Collaboration and Communication of Healthcare	Provide Adult Day Care Services
Partners	Meal Coordination
Housing (Accessible, Affordable, Safe)	Expand Medicaid
Healthcare Literacy	Provide prenatal/postnatal services
Lack of Optometry / Ophthalmology Services	Offer more assisted living options
Healthcare Staffing	Improve IA works
Access to DHS enrollment	Offer new patient health education
Senior Living Options	Open Lamoni fitness center
Disadvantaged Population	
Senior Exercise	
8. In your opinion, what are the root causes of "top three.	poor health" in our community? Please select
Chronic Disease Management	Limited Access to Mental Health
Lack of Health & Wellness	Family Assistance Programs
Lack of Nutrition / Access to Healthy Foods	Lack of Health Insurance
Lack of Exercise	Neglect
Limited Access to Primary Care	Lack of Transportation
Limited Access to Specialty Care	
Other (Be Specific).	

	Very Good	Good	Fair	Poor	Very Poor
Behavioral/Mental Health					
Emergency Preparedness		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Food and Nutrition Services/Education				$\bigcirc$	
Health Wellness Screenings/Education				$\bigcirc$	
Prenatal/Child Health Programs	$\bigcirc$				
Substance Use/Prevention	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Suicide Prevention					
Violence/Abuse Prevention		$\bigcirc$	$\bigcirc$	$\bigcirc$	
Women's Wellness Programs	$\bigcirc$				
Exercise Facilities / Walking Trails etc.				$\bigcirc$	
10. Social Determinar Education Access and Neighborhood / Environce of interest, do you can sportation, supportation, supportation of the Education of Education	Quality, 2) E conment, and ou have any t rt, etc.) to ad	conomic Stabil 5) Access to Qu houghts, ideas	ity, 3) Social / ( nality Health So and/or specific	Community sur ervices. Being c suggestions (	oport, 4) this a strong (food, housing,
Education Access and Neighborhood / Envir copic of interest, do yo cransportation, suppo	Quality, 2) E conment, and ou have any t rt, etc.) to ad	conomic Stabil 5) Access to Qu houghts, ideas	ity, 3) Social / ( nality Health So and/or specific	Community sur ervices. Being c suggestions (	oport, 4) this a strong (food, housing,
Education Access and Neighborhood / Envir copic of interest, do yo cransportation, suppo	Quality, 2) E conment, and ou have any t rt, etc.) to ad	conomic Stabil 5) Access to Qu houghts, ideas	ity, 3) Social / ( nality Health So and/or specific	Community sur ervices. Being c suggestions (	oport, 4) this a strong (food, housing,

	○ No	
If NO, please specify what is needed	where. Be specific.	
. What "new" community healt	th programs should be created	to meet current community
alth needs?		
14. Are there any other health	needs (listed below) that need	to be discussed further at ou
•	needs (listed below) that need eeting? Please select <u>all that a</u> r	
•		
upcoming CHNA Town Hall m	eeting? Please select <u>all that a</u> p	oply.  Poverty
upcoming CHNA Town Hall m  Abuse/Violence	eeting? Please select <u>all that ap</u> Health Literacy	Oply.  Poverty  Preventative Health/Wellnes
upcoming CHNA Town Hall m  Abuse/Violence  Access to Health Education  Alcohol	eeting? Please select <u>all that ap</u> Health Literacy  Heart Disease  Housing	Poverty Preventative Health/Wellnes Sexually Transmitted Disease
upcoming CHNA Town Hall m  Abuse/Violence  Access to Health Education  Alcohol  Alternative Medicine	eeting? Please select <u>all that ap</u> Health Literacy  Heart Disease	Poverty Preventative Health/Wellnes Sexually Transmitted Diseas Suicide
upcoming CHNA Town Hall m  Abuse/Violence  Access to Health Education  Alcohol  Alternative Medicine  Behavioral/Mental Health	eeting? Please select all that ap Health Literacy Heart Disease Housing Lack of Providers/Qualified	Poverty Preventative Health/Wellnes Sexually Transmitted Diseas Suicide Teen Pregnancy
upcoming CHNA Town Hall m  Abuse/Violence  Access to Health Education  Alcohol  Alternative Medicine  Behavioral/Mental Health  Breastfeeding Friendly	eeting? Please select all that ap  Health Literacy Heart Disease Housing Lack of Providers/Qualified Staff Lead Exposure	Poverty Preventative Health/Wellnes Sexually Transmitted Diseas Suicide
upcoming CHNA Town Hall m  Abuse/Violence  Access to Health Education  Alcohol  Alternative Medicine  Behavioral/Mental Health  Breastfeeding Friendly Workplace	eeting? Please select all that ap  Health Literacy Heart Disease Housing Lack of Providers/Qualified Staff Lead Exposure Neglect	Poverty Preventative Health/Wellnes Sexually Transmitted Diseas Suicide Teen Pregnancy
upcoming CHNA Town Hall m  Abuse/Violence  Access to Health Education  Alcohol  Alternative Medicine  Behavioral/Mental Health  Breastfeeding Friendly Workplace  Cancer	eeting? Please select all that ap Health Literacy Heart Disease Housing Lack of Providers/Qualified Staff Lead Exposure Neglect Nutrition	Poverty Preventative Health/Wellnes Sexually Transmitted Disease Suicide Teen Pregnancy Telehealth
upcoming CHNA Town Hall m  Abuse/Violence  Access to Health Education  Alcohol  Alternative Medicine  Behavioral/Mental Health  Breastfeeding Friendly Workplace	eeting? Please select all that ap  Health Literacy Heart Disease Housing Lack of Providers/Qualified Staff Lead Exposure Neglect	Poverty Preventative Health/Wellnes Sexually Transmitted Diseas Suicide Teen Pregnancy Telehealth Tobacco Use
upcoming CHNA Town Hall m  Abuse/Violence  Access to Health Education  Alcohol  Alternative Medicine  Behavioral/Mental Health  Breastfeeding Friendly Workplace  Cancer	eeting? Please select all that ap Health Literacy Heart Disease Housing Lack of Providers/Qualified Staff Lead Exposure Neglect Nutrition	Poverty Preventative Health/Wellnes Sexually Transmitted Diseas Suicide Teen Pregnancy Telehealth Tobacco Use Transportation Vaccinations
upcoming CHNA Town Hall m  Abuse/Violence  Access to Health Education  Alcohol  Alternative Medicine  Behavioral/Mental Health  Breastfeeding Friendly Workplace  Cancer  Care Coordination	eeting? Please select all that ap Health Literacy Heart Disease Housing Lack of Providers/Qualified Staff Lead Exposure Neglect Nutrition Obesity	Poverty Preventative Health/Wellnes Sexually Transmitted Diseas Suicide Teen Pregnancy Telehealth Tobacco Use Transportation
upcoming CHNA Town Hall m  Abuse/Violence  Access to Health Education  Alcohol  Alternative Medicine  Behavioral/Mental Health  Breastfeeding Friendly Workplace  Cancer  Care Coordination  Diabetes	eeting? Please select all that ap Health Literacy Heart Disease Housing Lack of Providers/Qualified Staff Lead Exposure Neglect Nutrition Obesity Occupational Medicine	Poverty Preventative Health/Wellness Sexually Transmitted Disease Suicide Teen Pregnancy Telehealth Tobacco Use Transportation Vaccinations
upcoming CHNA Town Hall m  Abuse/Violence  Access to Health Education  Alcohol  Alternative Medicine  Behavioral/Mental Health  Breastfeeding Friendly Workplace  Cancer  Care Coordination  Diabetes  Drugs/Substance Abuse	eeting? Please select all that ap Health Literacy Heart Disease Housing Lack of Providers/Qualified Staff Lead Exposure Neglect Nutrition Obesity Occupational Medicine Ozone (Air)	Poverty Preventative Health/Wellness Sexually Transmitted Disease Suicide Teen Pregnancy Telehealth Tobacco Use Transportation Vaccinations

15. For reporting purposes, a	re you involved in or are you	a? Please select <u>all that apply</u> .	
Business/Merchant	EMS/Emergency	Mental Health	
Community Board Member	Farmer/Rancher	Other Health Professional	
Case Manager/Discharge	Hospital	Parent/Caregiver	
Planner	Health Department	Pharmacy/Clinic	
Clergy  College/University	Housing/Builder	Media (Paper/TV/Radio)	
Consumer Advocate	Insurance	Senior Care	
Dentist/Eye	Labor	Teacher/School Admin	
Doctor/Chiropractor	Law Enforcement	Veteran	
Elected Official - City/County			
Other (Please specify).			
* 16. For reporting analysis, p	lease select the county whi	ch you reside in.	
Decatur County, IA	Ringge	old County, IA	
Marion County, IA	Wayne	County, IA	
Union County, IA	Appan	oose County, IA	
Clarke County, IA	Merce	r County, MO	
Lucas County, IA	Harris	on County, MO	
Monroe County, IA			
Other (please specify)			
		-	
* 17. For reporting analysis, please enter your 5-digit ZIP code.			

## e.) County Health Rankings & Roadmap Detail

[VVV Consultants LLC]

## **Decatur County**

Health Outcomes and Health Factors summaries replace the numerical ranking provided in previous years. Each lowa county with sufficient data is represented by a dot, placed on a continuum from least healthy to healthiest in the nation. The color of each dot represents data-informed groupings of counties nationwide with similar Health Outcomes and Health Factors on the continuum.



https://www.countyhealthrankings.org/healthdata/iowa/decatur?year=2024

## **Health Outcomes**

## **Health Factors**



Population: 7,683

Health Outcomes					
Length of Life		Decatur County	Iowa	United States	-
Premature Death	~	8,200	6,900	8,000	~
Quality of Life		Decatur County	Iowa	United States	-
Poor or Fair Health		15%	13%	14%	~
Poor Physical Health Days		3.4	2.9	3.3	~
Poor Mental Health Days		4.8	4.5	4.8	~
Low Birthweight		6%	7%	8%	~
Additional Health Outcomes (not included in summary)		Decatur County	Iowa	United States	-
Life Expectancy		77.7	78.1	77.6	~
Premature Age-Adjusted Mortality		410	360	390	~
Child Mortality			50	50	~
Infant Mortality			5	6	~
Frequent Physical Distress		11%	9%	10%	~
Frequent Mental Distress		16%	14%	15%	~
Diabetes Prevalence		9%	9%	10%	~
HIV Prevalence			114	382	~
Land Distriction of the Control of t				91	

The annual County Health Rankings & Roadmaps data release provides a snapshot of the health of each county in two summaries: Health Factors (which measure issues that can shape the health outcomes) and Health Outcomes (which measure length and quality of life). Each county is placed on a continuum from least healthy to healthiest in the nation and categorized into a group of counties with similar Health Outcomes or Health Factors. The following tables illustrate the "drivers" for health of this county.

What do these drivers mean? The drivers indicate the measures with the greatest impact on the health of the county. Drivers labeled with a green plus sign are measures on which the county performed particularly well compared to all counties nationwide. Those labeled with a red minus sign are measures which could be improved and may warrant additional attention.

#### Health Factors: Drivers with the greatest impact on health, Decatur County, IA - 2024

Health Behaviors		Decatur County	lowa	United States
Adult Smoking		19%	16%	15%
Adult Obesity		38%	37%	34%
Food Environment Index		8.5	8.8	7.7
Physical Inactivity		27%	24%	23%
Access to Exercise Opportunities		63%	79%	84%
Excessive Drinking		20%	23%	18%
Alcohol-Impaired Driving Deaths	-	15%	26%	26%
Sexually Transmitted Infections	~	235.0	489.2	495.5
Teen Bírths		12	14	17
Clinical Care		Decatur County	lowa	United States
Uninsured	~	8%	6%	10%
Primary Care Physicians	1~	3,830:1	1,390:1	1,330:1
Dentists	1~	1,540:1	1,410:1	1,360:1
Mental Health Providers		370:1	500:1	320:1
Preventable Hospital Stays	<u> </u>	1,869	2,330	2,681
Mammography Screening	1~	39%	53%	43%
Flu Vaccinations	~	41%	54%	46%
Social & Economic Factors		Decatur County	lowa	United States
High School Completion		89%	93%	89%
Some College		62%	70%	68%
Unemployment	·	2.5%	2.7%	3.7%
Children in Poverty	-	22%	12%	16%
ncome Inequality		4.5	4.2	4.9
Children in Single-Parent Households		9%	20%	25%
Social Associations		7.8	14.5	9.1
njury Deaths		89	71	80
Physical Environment		Decatur County	lowa	United States
Air Pollution - Particulate Matter	~	7.1	7.4	7.4
Drinking Water Violations		Yes		
Severe Housing Problems		13%	11%	17%
Driving Alone to Work		75%	78%	72%
Long Commute - Driving Alone		32%	21%	36% 92



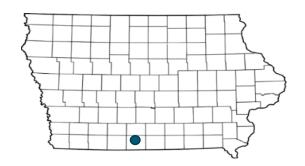
#### HHS SYSTEM SNAPSHOT

## **DECATUR COUNTY**

Population	7,665
Life Expectancy	<b>77.7</b> years
County Classification	Rural

#### **STATE OF IOWA**

Population	3,207,004
Life Expectancy	78.1 years



### **ACCESS TO CARE**



Decatur County is a shortage area for Primary Care Physicians



Decatur County is a shortage area for Dental Care Providers Access to care includes the ability to navigate the health care system, find care locally, and pay for services. When someone lacks one or more of these abilities, disparities may emerge.

#### **MENTAL HEALTH**

4.8

Poor mental health days per month

4.5 days/mo. lowa avg

Poor mental health is linked to smoking, physical inactivity, housing and food insecurity, and poor sleep. Disorders like depression and anxiety can affect people's ability to take part in healthy behaviors.

Decatur County is a shortage area for Mental Health Care Providers lowa has fewer mental health providers than the national average. Access to mental health providers varies widely across the state.

#### ADDICTIVE DISORDERS

22.3%

of adults report excessive drinking

23.3% Iowa avg Alcohol is the most commonly misused substance in lowa. lowa's alcohol use rates for almost every demographic are among the highest in the nation.

25

Decatur County residents received substance use treatment in SFY24

16,994 total patients admitted in Iowa

Substance use disorders involve misuse of one or more substances and may lead to social, physical, mental, and public health problems. Drug use rates in lowa are similar to the rest of the nation.



## Social, Economic and Environmental Factors

## **ECONOMIC STABILITY & INCOME**

Economic stability is the connection between the financial resources people have and their physical and mental health. People living in poverty are at greater risk for mental illness and chronic diseases.



14.5%

Live below the rate of poverty

11.1% lowa avq



1,985

are enrolled in **Medicaid** 

### **HOUSING & TRANSPORTATION**

Cost-burden, spending more than 30% of income on housing costs, is the most common housing probler in lowa. Unstable, unsafe, unhealthy or unaffordable housing can harm a person's health, while transportation problems can delay care, be costly, and worsen health outcomes.



23.6%

Households spend 30% or more on housing

23.0% Iowa avg



8.3%

Households do not have a vehicle

5.6% lowa avg

## **Healthy Behaviors and Outcomes**

### **ACTIVE LIVING & HEALTHY EATING**

Being overweight or obese can lead to serious health issues like heart disease, diabetes, stroke, depression, and some cancers. A lack of consistent access to healthy food can lead to chronic diseases, obesity, or developmental problems.



38.1%

of adults have an unhealthy body weight (BMI of 30.0 or higher)

37.3% Iowa avg



980

Individuals experiencing food insecurity

## **CANCER**

Many unhealthy behaviors linked to cancer can be prevented such as excessive drinking, using tobacco products, physical inactivity, poor nutrition, and ultraviolet light exposure. Cancer screening tests can detect cancer early, making treatment easier and improving survival.



533.4

County incidence rate for cancer (\*per 100,000 people)

491.8 lowa avg



166.9

County death rate from cancer (\*per 100,000 people)

149.2 lowa avg





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**VVV Consultants LLC** is an Olathe, KS-based "boutique" healthcare consulting firm specializing in Strategy; Research, and Business Development services. We partner with clients. Plan the Work; Work the Plan